



★ NEW SUPER ACTION CATALOG ★

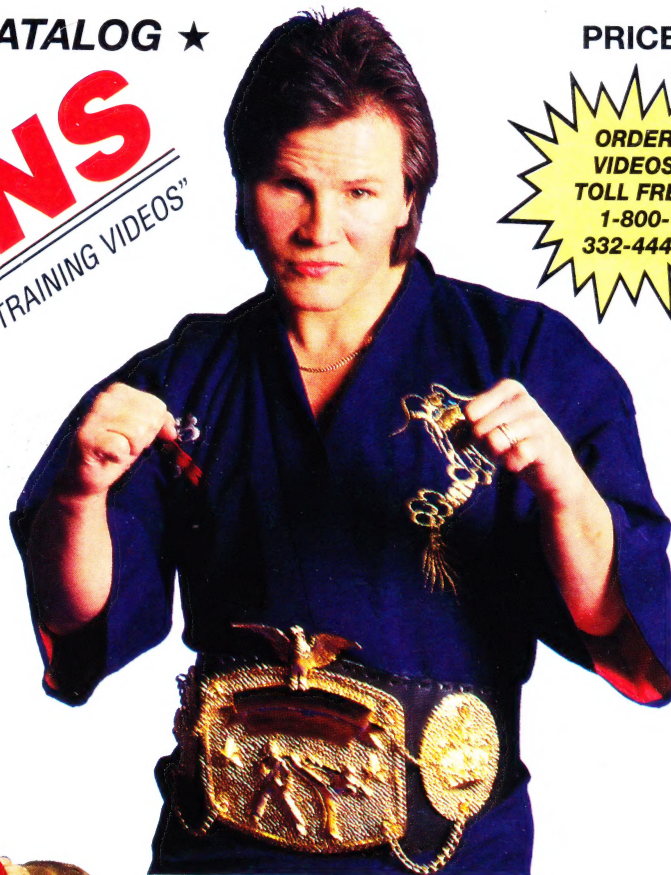
PRICE \$5.00

# 1992 PANTHER PRODUCTIONS

"SINCE 1982 THE WORLD'S LEADING PRODUCER OF MARTIAL ARTS TRAINING VIDEOS"

ORDER VIDEOS TOLL FREE 1-800-332-4442

LEARN AT HOME FROM THE WORLD'S GREATEST MASTERS



World Kickboxing Champion Benny "The Jet" Urquidez



World Karate Champion Bill "Superfoot" Wallace

A LIFELONG INVESTMENT IN IMPROVED SKILL AND KNOWLEDGE SATISFACTION GUARANTEED!



Okinawan Isshin Ryu Karate Master Angi Uezu 8th Dan

OVER 500 VIDEO TITLES FEATURING ALL THE MAJOR MARTIAL ARTS SYSTEMS:

- ★ KENPO
- ★ SHOTOKAN
- ★ HAPKIDO
- ★ TAE KWON DO
- ★ ISSHIN RYU
- ★ WING CHUN
- ★ CHOY LAY FUT
- ★ GOJU RYU
- ★ JEET KUNE DO
- ★ JUJUTSU
- ★ AIKIJUJUTSU
- ★ CAPOEIRA
- ★ TAI-CHI-CHUAN
- ★ TANG SOO DO
- ★ AND MUCH MORE



**NEW  
RELEASE**

**SENSATIONAL NEW RELEASE NOW ON VIDEO**

# **MASTER MAS OYAMA'S KYOKUSHIN-KAI KARATE**

**STARRING EUROPEAN HEAVYWEIGHT CHAMPIONS  
AND RENOWNED KYOKUSHIN-KAI INSTRUCTORS  
ANDY HUG AND MICHAEL WEDEL**

**SIX DYNAMIC INSTRUCTIONAL TAPES ON THE FEARED KYOKUSHIN-KAI  
KARATE SYSTEM AS DEVELOPED BY MASTER MAS OYAMA. INSTRUCTORS  
ANDY HUG AND MICHAEL WEDEL HAVE TRAINED EXTENSIVELY AT  
KYOKUSHIN-KAI WORLD HEADQUARTERS IN JAPAN. THEIR SUPERB  
SKILLS AND FIERCE FIGHTING ABILITIES WILL TRULY AMAZE YOU.  
LEARN THE TECHNIQUES OF MAS OYAMA BY ORDERING TODAY.**

**INCLUDES MOST REQUIREMENTS TO BLACK BELT.**

### **1. KYOKUSHIN-KAI KARATE VOLUME 1 FUNDAMENTAL TECHNIQUES AND CONDITIONING**

This motivating tape introduces you to the fundamental techniques of Mas Oyama's powerful Kyokushin-Kai Karate system and is expertly presented by European Kyokushin-Kai Champions Andy Hug and Michael Wedel. This important video includes warm-up and stretching routines, kicks, punching skills, blocking, equipment training, special drills designed to build ultimate speed and power, fighting combinations, foot sweeps, low kicks, takedowns, and more. There is also a valuable lesson on the rules and regulations of Kyokushin-Kai tournaments which have been proven to be karate's most brutal. Kyokushin-Kai instructors Andy Hug and Michael Wedel give great insight into the Kyokushin-Kai system during an exclusive interview at the end of the tape....This tape is a must for all serious martial artists.

ORDER #OYAMA-1.....58 MIN.....ONLY \$49.95

### **2. KYOKUSHIN-KAI KARATE VOLUME 2 SPARRING AND FIGHT STRATEGY**

This video shows a formal Kyokushin-Kai Karate sparring class attended by students of all belt ranks. As in Japan, the class begins with formal meditation followed by warm-ups, fighting drills, full-contact equipment training, and ends with hard-hitting sparring matches as students tear into each other with great spirit. The training is rough and totally realistic in its application. This tape will help instructors and students of all styles learn new sparring and training techniques.

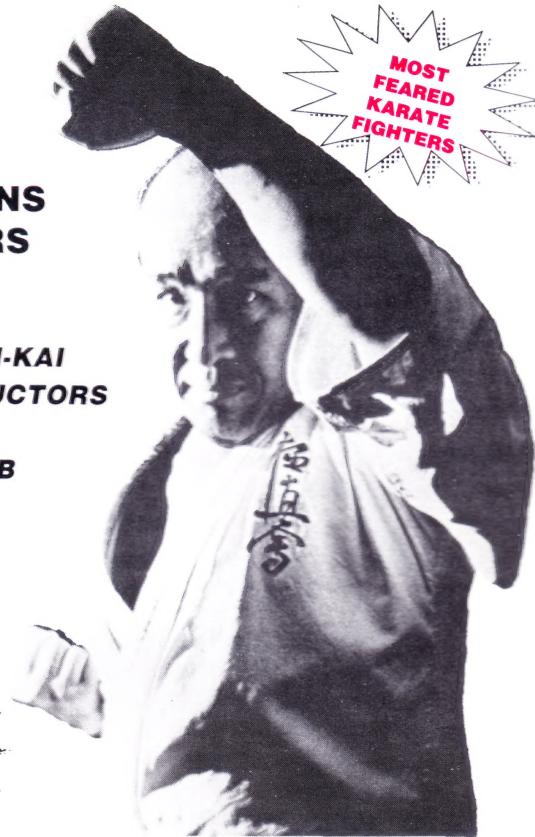
ORDER #OYAMA-2.....60 MIN.....ONLY \$49.95

### **3. KYOKUSHIN-KAI KARATE VOLUME 3 SPECIAL TRAINING CAMP**

Every year Kyokushin-Kai Karate students from all over Europe and Japan gather in Holland at the Papendal Sport Center for a week of strenuous training. Kyokushin-Kai Champions Michael Wedel and Akira Masuda led students to sheer exhaustion during marathon sessions of breaking and kick/punch combinations. See why Kyokushin-Kai Karate requires superb levels of fitness and stamina. The training is intensely demanding but very rewarding.

ORDER #OYAMA-3.....50 MIN.....ONLY \$49.95

**ORDER  
ALL 5 TAPES  
GET 3 FREE!**



**MOST  
FEARED  
KARATE  
FIGHTERS**

### **4. KYOKUSHIN-KAI KARATE VOLUME 4 SPECIAL TRAINING CAMP**

This impressive tape is a continuation of the special training camp featured on Vol. 3. In this video, you will see Kyokushin-Kai students of all levels train to exhaustion as they try to survive the excruciating test of endurance their instructors have put before them. Shows special "water training" for developing power and fighting skills.

ORDER #OYAMA-4.....45 MIN.....ONLY \$49.95

### **5. KYOKUSHIN-KAI KARATE VOLUME 5 1990 OPEN DUTCH FIGHTING CHAMPIONSHIPS**

Witness the strongest form of tournament karate sparring. Non-stop action as Oyama fighters fight to the knock-out.

ORDER #OYAMA-5.....55 MIN.....ONLY \$49.95

### **6. KYOKUSHIN-KAI KARATE VOLUME 6 1990 OPEN DUTCH FIGHTING CHAMPIONSHIPS**

More great knock-out action from Europe's toughest Kyokushin-Kai fighters as they fearlessly attack each other in this superb competition.

ORDER #OYAMA-6.....56 MIN.....ONLY \$49.95

### **7. KYOKUSHIN-KAI KARATE VOLUME 7 1991 OPEN DUTCH FIGHTING CHAMPIONSHIPS**

Non-stop entertainment as Kyokushin-Kai fighters use full power knees and kicks to the head in this action packed tape.

ORDER #OYAMA-7.....60 MIN.....ONLY \$49.95

### **8. KYOKUSHIN-KAI KARATE VOLUME 8 1991 OPEN DUTCH FIGHTING CHAMPIONSHIPS**

This explosive tape gives great insight into the strength, stamina, and skill required to become a champion fighter in Oyama's, Kyokushin-Kai Karate.

ORDER #OYAMA-8.....80 MIN.....ONLY \$49.95

**★ NOTE: 1991 OPEN DUTCH CHAMPIONSHIPS NARRATED IN DUTCH  
ALL OTHER VIDEOS IN ENGLISH**



**★ KYOKUSHIN-KAI SPECIAL! Order all 8 tapes, pay for only 5, get 3 FREE! You save \$150! Send only \$282.00. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER #OYAMA-SP 8**

**★ USE ENCLOSED ORDER FORM OR WITH CREDIT CARD ORDER CALL TOLL FREE 1-800-332-4442 ANYTIME 24 HOURS A DAY. ★**





# PANTHER PRODUCTIONS

"SINCE 1982 THE WORLD'S LEADING PRODUCER OF MARTIAL ARTS TRAINING VIDEOS"



## LETTER FROM THE PRESIDENT



Dear Friend,

Thank you for your interest in Panther Productions. As the world's leading producer of high-quality martial arts training videos, we are proud to present our videos which contain authentic techniques taught by the world's leading masters.

We have always been focused on our primary goal; to record all major martial arts systems on video to serve as a learning aid for generations to come. As we enter our tenth year of success, we now offer over 500 dynamic titles and continue to film new and exciting techniques.

Our tapes enable students and instructors to attain information that would otherwise be unobtainable. We receive hundreds of positive letters each year telling of success stories from students whose only access to qualified instructors is through our martial arts training videos.

The information provided in Panther's tapes has inspired numerous martial artists to continue their training and advancement to higher belt ranks. They also help to standardize styles and to eliminate controversy as to the correct way a technique or form should be performed.

Korean Master Sang H. Kim, 7th Dan and star of the W.T.F. Tae Kwon Do videos, reports many success stories attributed to his series produced by Panther Productions. Tae Kwon Do students throughout the world study along with Master Kim's tapes. The students then send Master Kim their home videos where they perform the W.T.F. requirements as shown on his tapes. When their techniques are of the highest level, they are officially promoted by Master Kim through W.T.F. World Headquarters in Korea. The students would never have attained these accomplishments without the information made available through Panther training videos. This helps illustrate the value of Panther training tapes.

I am proud to say we donated a number of our tapes to our troops in Operation Desert Storm. It's good knowing our tapes may one day contribute to the survival and well-being of our armed forces.

I would like to again thank you for your support. As always, we will continue to strive to bring you quality products along with the highest level of customer service. Your satisfaction is 100% guaranteed.

Your comments and suggestions on ways to improve are always seriously considered.

Sincerely Yours,

Joseph S. Jennings  
President, Panther Productions  
6th Degree Black Belt  
Isshin Ryu Karate-Do

**"Don't Settle for Less,  
Train with the Best"**





# PANTHER PRODUCTIONS TABLE OF CONTENTS

## TITLE

## ARTIST

## PAGE

### ACTION VIDEOS

VARIOUS

14

- Flying and Jump Kicks
- Breaking and Mind Over Matter
- Firewalk
- Isshin Ryu Karate Show

### AIKIDO

OTA, KEN

3

### AIKIJUJUTSU

IBARRA, MIGUEL

20

### AIRBORNE PARACHUTING

UNGERMAN, BILL

40

### ARNIS, ESCRIMA, KALI

ADVINCULA, ARSENIO

8

### BALISONG BUTTERFLY KNIFE

BRENNAN,S. & MILLER,D.

22

### BEYOND TECHNIQUE

STONE, MIKE

25

### BLACK DRAGON

VAN CLIEF, RON

40

### BODYBUILDING

PADILLA, DANNY

45

### BODYGUARD, PROFESSIONAL

UNGERMAN, BILL

43

### CAPOEIRA OF BRAZIL

REIS,N. & SANTOS,J.

20

### CHOY LAY FUT KUNG-FU

WONG, TAT MAU

37 & 38

### COMBAT SHOTOKAN

FARKAS, EMIL

22

### FLOOR FIGHTING

COHEN, ARTHUR

25

### WORLD CHAMPION JEAN FRENETTE

FRENETTE, JEAN

27

### FULL-CONTACT KARATE

THERIAULT, JEAN YVES

31

### GREEN BERET, SPECIAL FORCES

WEBB, JAMES

7

### HAPKIDO

AZHAKH, FARIBORZ

15

### HAPKIDO ADV. CANE

AZHAKH, FARIBORZ

16

### HSING-I

McNEIL, JAMES

35

### HUNG GAR KUNG-FU

LEE, DAVID

28

### IAIDO

YAMAGUCHI, K.

31

### ISSHIN RYU KARATE

UEZU, ANGI

21

### I.T.F. ADVANCED TAE KWON DO

CHAANINE, DAVID

36

### I.T.F. INTERNATIONAL TAE KWON DO

CHUNG, JOHN

36

### JAPANESE MASTERS SHOW

VARIOUS

31

### JEET KUNE DO

VUNAK, PAUL

5

### JEET KUNE DO ATTRIBUTES

VUNAK, PAUL

6

### JUJUTSU

SATO, SHIZUYA

31

### KAJUJENBO

FORBACH, GARY

22

### WUSHU

EARL BLIJD

INSIDE BACK COVER

### KARATE LEGENDS

LEWIS, WALLACE, SMITH

40

### KENDO

TAKANO, TOMOE

31

### KENPO

TATUM, LARRY

9 & 10

### KOBUJUTSU

SUGINO, YOSHIO

31

### KUNG-FU BY ERIC LEE

LEE, ERIC

16



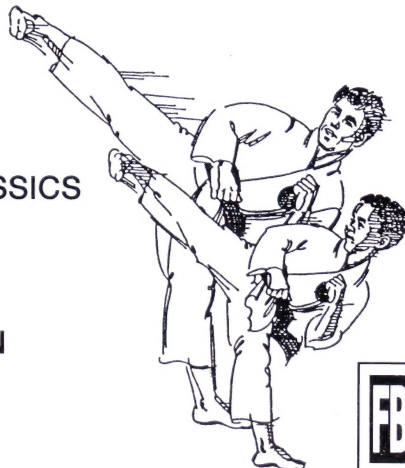
FBI Warning - ALL PANTHER VIDEOS COPYRIGHTED  
 Federal law provides severe civil and criminal penalties for the unauthorized reproduction,  
 distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17,  
 United States Code, Sections 501 and 506). The Federal Bureau of Investigation  
 Investigates allegations of criminal copyright infringement. (Title 17, United States  
 Code, Section 506).  
 TM & Copyright © by Panther Productions. All Rights Reserved.



# TABLE OF CONTENTS CONTINUED



<b><u>TITLE</u></b>	<b><u>ARTIST</u></b>	<b><u>PAGE</u></b>
KUNG-FU SAN SOO	SCANLON, RON	8
KYOKUSHIN-KAI	HUG, A. & WEDEN, M.	<b>INSIDE FRONT COVER</b>
LIMA LAMA	TABURA, TED	14
LION DANCES OF CHINA	WONG, TAT MAU	38
MONKEY KUNG-FU	ZINK, PAULIE	25
MUAY THAI RING WARS	VARIOUS	42
NINJUTSU	BUSSEY, ROBERT	29 & 30
OKINAWAN GOJU RYU	KAI, K.	31
OKINAWAN GOJU RYU, BY HIGAONNA	HIGAONNA, MORIO	33 & 34
PANIC ATTACK	BLAUER, TONY	12
PENCAK SILAT	SANDERS, WILLIAM	27
POLICE CONTROL & RESTRAINING TECHNIQUES	DYE, DAVID	41
POWER LIFTING	BRIDGES, MIKE	46
PRAYING MANTIS KUNG-FU	ORTIZ, RAUL	4
PRO-WRESTLING FINISHING HOLDS	LE BELL, GENE	16
SAVATE	ASSLI, SALEM	32
SHITO RYU	FLORENTINE, ISAAC	39
SHORIN RYU KARATE	GILLESPIE, TOSHIKI	13
SHOTOKAN	FUNAKOSHI, KENNETH	11
SUGAR RYU JIUJUTSU	CROSSON, ROBERT	26
S.W.A.T.	UNGERMAN, BILL	44
TAI-CHI CHUAN	LEE, DANIEL	12
TANG SOO DO	NOLAN, DANIEL	6
THAI KICKBOXING	WORAWOOT,P. & FINOT,G.	14
TUMBLING FOR MARTIAL ARTISTS	AZHAKH, FARIBORZ	16
UECHI RYU KARATE	MINDLIN, ROD	7
BENNY "THE JET" URQUIDEZ	URQUIDEZ, BENNY	1 & 2
BILL "SUPERFOOT" WALLACE	WALLACE, BILL	17 & 18
WEAPONS OF THE ORIENT	VARIOUS	35
- Sai, Vol. 1		
- Sai, Vol. 2		
- Nunchakus, Vol. 1		
- Nunchakus, Vol. 2		
- Tonfa		
- Kama		
- Bo		
WING CHUN KUNG-FU	FONG, AUGUSTINE	19
W.K.A. KICKBOXING CLASSICS	VARIOUS	4
W.T.F. TAE KWON DO	KIM, SANG H.	23 & 24
YAMASHITA SYSTEM	YAMASHITA, TADASHI	25
CUSTOMER COMMENTS		51
ORDERING INFORMATION		47 & 49
ORDER FORM		48
SAVINGS COUPONS		50
CUSTOMER SURVEY		52 & 53



***"Don't Settle for Less,  
Train with the Best"***

**FBI** Warning - ALL PANTHER VIDEOS COPYRIGHTED  
Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
TM & Copyright © by Panther Productions. All Rights Reserved.



# EIGHT DYNAMIC TRAINING VIDEOS BY

1



**Dear Fellow Martial Artists,**

**As you can imagine, over the years I have been approached by many video production companies interested in recording my martial arts training system. I selected Panther Productions for one reason only: Joseph Jennings.**

**I admired Joe's hands-on approach to running his operation. A 6th degree black belt, Joe is one of us. As a former martial arts school owner and tournament participant, he has a thorough understanding of the dedication and hard work needed to become a winner. This knowledge, coupled with years of video production experience, enables Joe to produce the highest quality martial arts training videos I have seen to date.**

**When my videos were produced, I never had to compromise what I wanted to show you, the student, for the sake of saving a buck. Joe has that unusual talent of being able to bring out the essence of the instruction with the student's perspective in mind.**

**Panther Productions' growing worldwide sales attest to their quality as valuable instructional tools and therefore, of true value to the student.**

**The fact that you, the martial artist, purchase videos, tells me that you are highly motivated and progressive in your efforts to expand your knowledge of the fighting arts. I truly commend you because I believe that knowledge is power.**

**All my best to you in the fighting arts.**

**Benny "The Jet" Urquidez**



FBI Warning ALL PANTHER VIDEOS COPYRIGHTED  
Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
TM & Copyright © by Panther Productions. All Rights Reserved.



# WORLD CHAMPION BENNY "THE JET" URQUIDEZ

\*A LIFELONG INVESTMENT IN IMPROVED SKILL AND KNOWLEDGE\* 2

**INCLUDES MANY OF THE TECHNIQUES REQUIRED FOR PROMOTION TO BLACK BELT IN BENNY "THE JET" URQUIDEZ' MARTIAL ARTS SYSTEM**

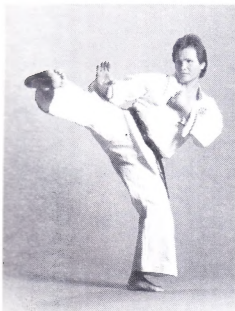
## 1. BENNY "THE JET" URQUIDEZ DYNAMIC TRAINING AND CONDITIONING



World Champion, Benny "The Jet" Urquidez, gets you into the best shape of your life with his personal training and conditioning routine. Numerous exercises are given, designed to build stamina, speed, power, reflexes, balance, flexibility, endurance, toughness, confidence, and much more. The Champ presents his complete workout routine at a pace you can easily follow along with at home. By doing this routine on a daily basis, it will greatly improve your martial arts skills and will give you the attractively fit body you have always dreamed of. Tape also includes Benny's special high-impact exercises which toughen the body to withstand strikes when in combat. You can't afford to be without this tape.

ORDER #JET-1.....57 MIN.....ONLY \$59.95

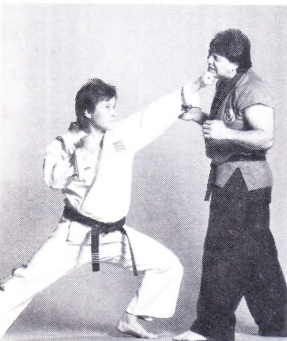
## 2. BENNY "THE JET" URQUIDEZ DYNAMIC FUNDAMENTAL FIGHTING TECHNIQUES



With this dynamic tape, World Karate Champion Benny "The Jet" Urquidez will open your eyes to a whole new world of martial arts fighting. With over 20 years as a leading karate fighter, he teaches you his scientific approach to executing blocks, punches, kicks, footwork, stances, bobbing, weaving, faking, rhythm, timing, distancing, balance, and much more. This tape will give you the strong foundation needed to perform the more advanced defensive and offensive combinations Benny teaches in his other videos. No matter what level martial artist you are (beginner, intermediate, or black belt), this tape is sure to improve the execution and performance of all of your techniques.

ORDER #JET-2.....61 MIN.....ONLY \$59.95

## 3. BENNY "THE JET" URQUIDEZ DYNAMIC DEFENSIVE FIGHTING TECHNIQUES



World Champion Benny "The Jet" Urquidez teaches you the defensive fighting techniques and fight strategies that have helped him win numerous world titles. You're taught how to avoid and counter any type of technique your opponent attacks with. You learn how to hit without getting hit as the Champ covers defensive posture and guards, counter kicks, counter punches, bobbing, weaving, dipping, side stepping, and much, much more. The Champ also shows you how to mentally psych out an opponent and confuse him with your footwork. The most valuable presentation on defensive fighting ever given.

ORDER #JET-3.....60 MIN.....ONLY \$59.95

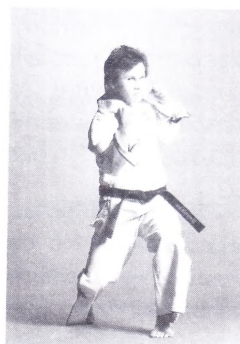
## 4. BENNY "THE JET" URQUIDEZ DYNAMIC OFFENSIVE FIGHTING TECHNIQUES



This is the training video martial artists throughout the world have been waiting for. It includes hundreds of World Karate Champion Benny "The Jet" Urquidez' most devastating offensive techniques. "The Jet" teaches you how to execute his special hand and foot combinations, designed to dominate and control your opponent in the ring. His fight strategy will definitely help put you in the winner's circle. Point and full-contact karate fighters cannot afford to be without this valuable training aid.

ORDER #JET-4.....55 MIN.....ONLY \$59.95

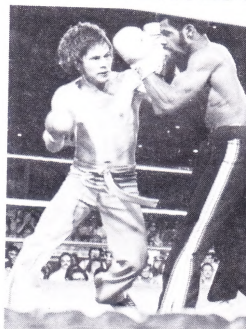
## 5. BENNY "THE JET" URQUIDEZ KNOWLEDGE IS POWER



In this highly informative video, World Karate Champion Benny "The Jet" Urquidez, answers your most commonly asked questions on how to improve your martial arts skills. The topics he explains and demonstrates include full-contact and point fighting, training and conditioning, diets, fight strategy, increasing speed and power in your techniques, ways of developing a winning mental attitude, and more. A complete encyclopedia of martial arts information.

ORDER #JET-5.....53 MIN.....ONLY \$59.95

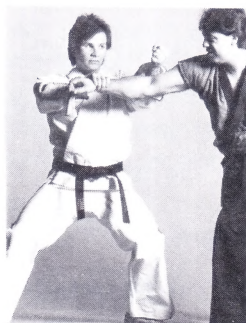
## 6. BENNY "THE JET" URQUIDEZ "UP CLOSE" AN EXCLUSIVE VIDEO INTERVIEW



Meet World Kickboxing Champion Benny "The Jet" Urquidez "Up Close" in this exclusive video interview conducted by Benny's good friend and manager, Stuart Sobel. Filmed on location at Benny's world famous Jet Center in Van Nuys, CA. This tape will give you great insight into the champion few people ever see. The Champ candidly talks about his life and how he rose from a young martial artist with great dreams, to a World Karate Champion. A true "Rocky" rags to riches success story. Tape also includes a complete tour of the Jet Center and clips of Benny's toughest fights. A true collector's item you won't want to be without.

ORDER #JET-6.....88 MIN.....ONLY \$59.95

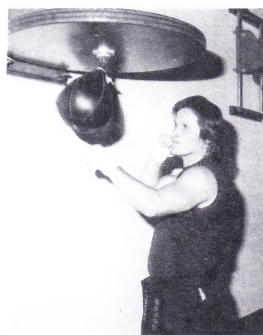
## 7. BENNY "THE JET" URQUIDEZ WINNING SELF-DEFENSE SYSTEM



Whether in the ring or on the street, Benny Urquidez is one tough dude. In this tape, "The Jet" teaches you self-defense techniques he has developed as part of his Ukidokan system. The techniques are explosive, powerful, and realistic. Regardless of your style, the over 100 techniques shown will enhance your ability to defend against any type of assault.

ORDER #JET-7.....60 MIN.....ONLY \$59.95

## 8. BENNY "THE JET" URQUIDEZ EQUIPMENT TRAINING WORKOUT



In this important tape, the Champ demonstrates how to properly use over 10 different pieces of training equipment. This is the same workout format he follows when preparing for a championship fight. By following Benny's equipment routine on a regular basis, you will greatly improve your speed, power, timing, rhythm, endurance, reflexes, accuracy, and confidence as a fighter. Benny's section on the heavy bag is outstanding.

ORDER #JET-8.....76 MIN.....ONLY \$59.95

**★ JET SPECIAL! Order all 8 Benny "The Jet" Urquidez training videos and pay for only 6, get 2 FREE! You save \$120! Send only \$392.00 for complete set. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER # JET-SP 8**



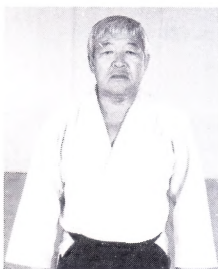
# MASTERING THE TRUE ART OF

# AIKIDO

**STARRING JAPANESE MASTER KEN OTA  
INCLUDES ALL REQUIREMENTS TO BLACK BELT RANK**



Aikido, "The Way of Love and Harmony," is a defensive martial art based on the principle of harmony and nonresistance to one's opponent. The circular motion of Aikido techniques allows you to neutralize your attacker by throwing him and applying pressure to vital joints. Japanese master Ken Ota presents clear and concise demonstrations of all fascinating aspects of Aikido including the development of Ki, or "vital life force." This vital 6 tape series should be studied in the order shown.



## **1. AIKIDO LEVEL ONE: FUNDAMENTAL SKILLS**

This dynamic tape immediately puts you on the road to mastering Aikido, the defensive Japanese martial art of "Love and Harmony." World renowned Master Ken Ota personally teaches you all the fundamentals needed to build a strong foundation, which is a must before advancing to higher levels of Aikido training. Techniques and topics presented include proper training etiquette and philosophy, required uniform, special Aikido warm-up and conditioning exercises, rolling and break falls, theory of "Center" and "Ki" (internal power), proper breathing, the unification of mind and body, and much more, including an in-depth history of Aikido and its founder, Grand Master Morihei Ueshiba. This tape is a prestigious addition to anyone's video library.  
ORDER #OTA-1.....58 MIN.....ONLY \$49.95



## **2. AIKIDO LEVEL TWO: BASIC DEFENSIVE SKILLS**

This tape teaches you the basic defensive theories and techniques of Aikido. Master Ken Ota begins by demonstrating a series of forms or preparatory exercises that develop Aikido footwork, posture, body movements, stances, reflexes, opponent control, and "Center" or "Ki" development. This is followed by many basic techniques that show how to direct an attacker into your sphere of control and strength.  
ORDER #OTA-2.....47 MIN.....ONLY \$49.95



## **3. AIKIDO LEVEL THREE: INTERMEDIATE DEFENSIVE SKILLS**

In Level Three, Master Ken Ota includes over 25 intermediate one-on-one defensive Aikido techniques designed to immediately neutralize and immobilize your attacker by redirecting his aggressive force against himself. Includes circular blocks, joint locks, pressure points, and throwing techniques. This tape is loaded with defensive techniques and combat theory that martial artists of all styles will find highly valuable.  
ORDER #OTA-3.....49 MIN.....ONLY \$49.95



## **4. AIKIDO LEVEL FOUR: ADVANCED DEFENSIVE SKILLS**

Before attempting the highly advanced Aikido one-on-one defensive techniques presented on this tape, Master Ken Ota requires all students to first view his Aikido Level One, Level Two, and Level Three instructional videos. These tapes teach all the skills needed before attempting these advanced skills. On this tape, the master shows how to neutralize and immobilize knife and gun wielding attackers by applying the Aikido theories of circularity (sphericity), control, and the extension of power. It also includes numerous techniques for fighting from the ground. This tape demonstrates the highly advanced level of Aikido techniques you should strive to achieve.  
ORDER #OTA-4.....32 MIN.....ONLY \$49.95

## **5. AIKIDO LEVEL FIVE: WOODEN STAFF SKILLS**

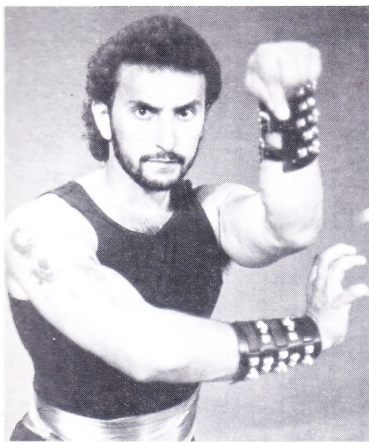
At this advanced level of Aikido training you are introduced to the techniques of the Bo or also referred to as Jo. The Bo (Jo), is a 4' wooden staff which is used in Aikido as a visible extension of your personality, as a neutralizing weapon, or as an instrument of coordination. Sensei Steve Ota, son of Grand Master Ken Ota, begins this advanced lesson by teaching you the traditional Katas, or forms, of the Bo. When memorized, these forms become excellent training aids for perfecting the Bo's hundreds of techniques. Sensei Ota then proceeds, in clear and concise demonstrations, to teach you numerous defensive techniques using the Bo against an attacker, and how to defend with your hands against the Bo if it is used against you. This video will greatly enhance your martial arts training.  
ORDER #OTA-5.....52 MIN.....ONLY \$49.95

## **6. AIKIDO LEVEL SIX: DEFENSE AGAINST MULTIPLE ATTACKERS**

What would you do if attacked by two or more assailants? In this explosive tape, Master Ken Ota shows the effectiveness of Aikido defensive techniques against two, three, and four attackers. He demonstrates how to control two or more attackers by turning your body into a tornado of centrifugal force that redirects and controls your opponents' movements. This highly advanced tape incisively demonstrates the Aikido theory of "Unification of Mind and Body". This tape is a must for all serious martial artists.  
ORDER #OTA-6.....41 MIN.....ONLY \$49.95

**\* AIKIDO SPECIAL! ORDER ALL 6 TAPES - GET 2 FREE! - YOU SAVE \$100.00! ENCLOSE ONLY \$224.00. Price includes shipping within Continental U.S. All other destinations ADD \$36.00. ORDER # OT -SP 6**



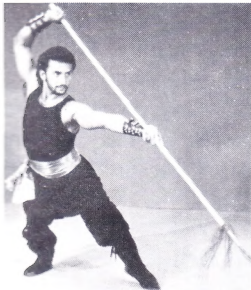


# MASTERING AUTHENTIC PRAYING MANTIS KUNG-FU

STARRING RENOWNED MASTER  
SIFU RAUL ORTIZ

Learn the deadly fighting skills of the Chinese Mantis Kung-Fu system. Features the traditional empty-hand and weapons forms.

*This dynamic tape series includes all requirements to black sash.*



## 1. MANTIS FUNDAMENTALS

Includes stances, blocks, hand and foot techniques, conditioning, training drills, and more.

ORDER #MAN-A.....103 MIN.....ONLY \$49.95

## 2. MANTIS FORMS VOL. 1

- \* Sau Bo Tong Long (Mantis Takes 1st Step)
- \* Bung Bo I

ORDER #MAN-B.....50 MIN.....ONLY \$49.95

## 3. MANTIS FORMS VOL. 2

- \* Lung Jau Sau (Dragon Hand)
- \* Bung Bo II

ORDER #MAN-C.....53 MIN.....ONLY \$49.95

## 4. MANTIS FORMS VOL. 3

- \* Ching Fu Kuen (Young Tiger)
- \* Mai Jun Lo Hon (Sword Form)

ORDER #MAN-D.....56 MIN.....ONLY \$49.95

## 5. MANTIS FORMS VOL. 4

- \* Tong Long Dai Yat Lo (Mantis 1)
- \* Tong Long Hei Gung (Breathing Form)
- \* Lau Gar Stick (Wooden Staff Form)

ORDER #MAN-E.....58 MIN.....ONLY \$49.95

## 6. MANTIS FORMS VOL. 5

- \* Tong Long Dai Yee Loo (Mantis 2)
- \* Tong Long Dai Sam Lo (Mantis 3)

ORDER #MAN-F.....55 MIN.....ONLY \$49.95

## 7. MANTIS FORMS VOL. 6

- \* Bot Bo Choi Da (Mantis Out of His Cave)
- \* Tong Long Ying Chun (Mantis With Spear)

ORDER #MAN-G.....54 MIN.....ONLY \$49.95

## 8. MANTIS STREET SELF-DEFENSE

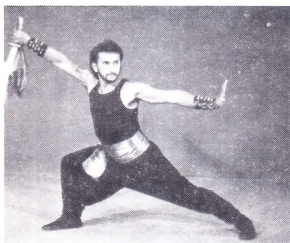
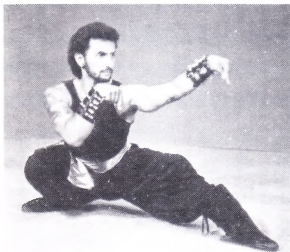
Protect yourself with the deadly striking and countering techniques of the feared Mantis. Tape teaches over 100 techniques from this popular Chinese style.

ORDER #MAN-H.....52 MIN.....ONLY \$49.95

## 9. MANTIS SPARRING TECHNIQUES

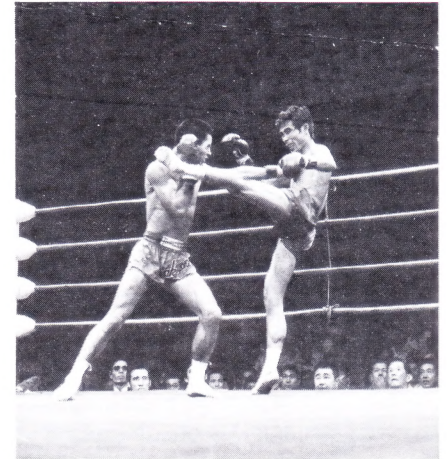
Top rated Kung-Fu tournament fighter Sifu Raul Ortiz teaches over 100 contemporary and traditional Mantis fighting skills. An extraordinary tape that teaches many sparring techniques never seen before. A must for all fighters!

ORDER #MAN-I.....60 MIN.....ONLY \$49.95



★ **MANTIS SPECIAL!** Order all 9 Mantis videos, pay for only 6 get 3 FREE! You save \$150.00. Send only \$336.00. Price includes shipping within Continental U.S. All other destinations ADD \$54.00. ORDER #MAN-SP 9.

# WORLD KARATE ASSOCIATION KICKBOXING CLASSICS



**THESE ACTION-PACKED VIDEOS WILL GIVE YOU A FRONT ROW SEAT TO THE WORLD'S MOST EXCITING NO-HOLDS-BARRED FULL-CONTACT KICKBOXING BOUTS. SEE AND LEARN THE TECHNIQUES USED BY THE WORLD'S TOUGHEST FIGHTERS!**

## 1. BENNY URQUIDEZ-VS-OKAU

The only fight where Urquidez is knocked down. The "Jet" comes back to destroy Okau.

DAVE JOHNSTON-VS-GEORGE ANGOT  
ORDER #WKA-1.....47 MIN.....ONLY \$49.95

## 2. BENNY URQUIDEZ-VS-SUZUKI

AL CHAVEZ-VS-BEN MARTINEZ  
ORDER #WKA-2.....55 MIN.....ONLY \$49.95

## 3. BENNY URQUIDEZ-VS-TAMASHIRO

KEN FLORES-VS-BRIAN ZIEROS  
ORDER #WKA-3.....57 MIN.....ONLY \$49.95

## 4. DON WILSON-VS-DENNIS ALEXIO

VERNON MASON-VS-REFUGIO FLORES  
ORDER #WKA-4.....52 MIN.....ONLY \$49.95

## 5. DON WILSON-VS-ANDY WHITE

DAVE JOHNSTON-VS-GERRY BLANCK  
ORDER #WKA-5.....58 MIN.....ONLY \$49.95

## 6. ALVIN PROUDER-VS-MARC CASTELLO

MIKE KING-VS-EVERETT  
ORDER #WKA-6.....52 MIN.....ONLY \$49.95

## 7. BOB RYAN-VS-BLINKY RODRIGUEZ

REFUGIO FLORES-VS-CRAIG FOSSETT  
ORDER #WKA-7.....46 MIN.....ONLY \$49.95

## 8. TED PRYOR-VS-RAY McCALLUM

MITCHELL LIPTON-VS-TONY MORELLI  
ORDER #WKA-8.....56 MIN.....ONLY \$49.95

## 9. DAVE JOHNSTON-VS-ROD KEI

GEORGES CAUVREAU-VS-MIRO MICHAEL  
ORDER #WKA-9.....51 MIN.....ONLY \$49.95

## 10. JOHN MONCAYO-VS-DANNY LOPEZ

DAN NIELSEN-VS-CRAIG KRINGLE  
ORDER #WKA-10.....48 MIN.....ONLY \$49.95

## 11. LARRY NICHOLS-VS-FRED ROYERS

JOHN MONCAYO-VS-ROB KAYMAN  
ORDER #WKA-11.....44 MIN.....ONLY \$49.95

## 12. BILL CHAU-VS-MILT BENNETT

RICKY MENDOLA-VS-DON BOYD  
ORDER #WKA-12.....48 MIN.....ONLY \$49.95

## 13. HOWARD JACKSON-VS-TAMASHIRO

ORDER #WKA-13.....44 MIN.....ONLY \$49.95

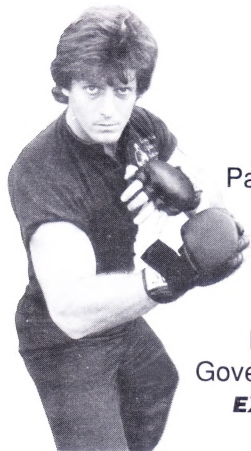
★ **WKA KICKBOXING SPECIAL!** Order all 13 Kickboxing Fight Classics and pay for only 7, get 6 free! You save \$300.00! Send only \$401.00. Price includes shipping within Continental U.S. All other destinations ADD \$52.00. ORDER #WKA-SP 13



# JEET KUNE DO

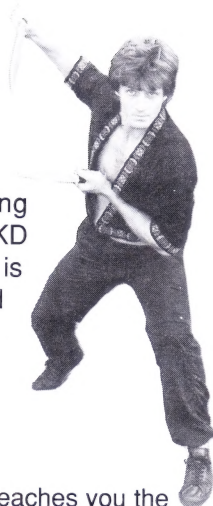
## CONCEPTS AND FILIPINO MARTIAL ARTS BY CERTIFIED JEET KUNE DO INSTRUCTOR

### ★ PAUL VUNAK ★



Paul Vunak has been certified by Dan Inosanto as an instructor of both Jeet Kune Do concepts and the Filipino Martial Arts. He heads Progressive Fighting Systems, Inc., an organization whose primary function is the perpetuation of JKD and the Filipino Martial Arts through seminars and video tapes. Mr. Vunak is also a certified Savate instructor and holds black belts in Tae Kwon Do and Kenpo Karate. His skills are so exceptional he has been hired by the U.S. Government to instruct Navy Seals in knife fighting and hand-to-hand combat.

**EXPAND YOUR MARTIAL ARTS SKILLS & KNOWLEDGE WITH THESE GREAT TAPES**



#### 1. JEET KUNE DO CONCEPTS: JUN FAN KICKBOXING VOLUME 1

Paul Vunak, an expert, certified instructor in world renowned Jeet Kune Do concepts and Filipino martial arts, teaches you the fundamental techniques of Jun Fan Kickboxing. The martial art of Jun Fan Kickboxing is the authentic offensive and defensive fighting system developed by Bruce Lee and his student, Dan Inosanto. Mr. Vunak, a student of Dan Inosanto for many years, shows you the fundamental footwork, stances, guards, blocks, punches, kicks, fight strategy, combinations, training drills, and equipment needed to learn the concepts and techniques of Bruce Lee's devastating fighting art. Many of these techniques are required in Jeet Kune Do concepts and Filipino martial arts. This tape will introduce you to a whole new world of martial arts techniques.

ORDER #PV-A.....56 MIN.....ONLY \$49.95

#### 2. JEET KUNE DO CONCEPTS: JUN FAN KICKBOXING VOLUME 2

In this dynamic tape, Paul Vunak teaches you the intermediate and highly advanced techniques of Jun Fan Kickboxing. Practice with Mr. Vunak as he demonstrates the advanced footwork, stances, guards, blocks, punches, kicks, fight strategy, combinations, training drills, conditioning, sparring, and equipment needed to learn the concepts and techniques of Bruce Lee's devastating fighting art. All serious students and instructors can greatly expand their martial arts skills and knowledge with the information presented in this video.

ORDER #PV-B.....49 MIN.....ONLY \$49.95

#### 3. JEET KUNE DO CONCEPTS: TRAPPING - BASIC & INTERMEDIATE LEVEL

In this exciting video, Paul Vunak teaches you the in-fight art of trapping. Mr. Vunak has often said, "The fight really begins when you are inside your opponent, in trapping range." In this lesson, Paul Vunak will personally demonstrate and show you the inside offensive and defensive trapping techniques of many martial arts including Jeet Kune Do, Wing Chung, Filipino martial arts, Thai Boxing, and others. He also includes many combative training drills designed to make you a highly effective in-fighter.

ORDER #PV-C.....49 MIN.....ONLY \$49.95

#### 4. JEET KUNE DO CONCEPTS: WING CHUN DUMMY TRAINING

Learn the training and conditioning techniques of the Wing Chun Dummy (Mook-Jong). The wooden dummy is one of the most effective pieces of martial arts training equipment you could own. Mr. Vunak will show you numerous fighting and training techniques on the dummy which will greatly improve your combat skills, including: reflexes, timing, rhythm, speed, power, ranges, fight strategy, confidence, endurance, stamina, and toughening of the hands, arms and legs. By combining this tape with Mr. Vunak's video on mastering the art of trapping, you are on your way to becoming a devastating in-fighter.

ORDER #PV-D.....39 MIN.....ONLY \$49.95

#### 5. JEET KUNE DO CONCEPTS: KNIFE FIGHTING

In this challenging video, instructor Paul Vunak teaches you the deadly art of Filipino knife fighting. Mr. Vunak will immediately open your eyes to what authentic and practical knife fighting is all about with his amazing demonstrations of knife fighting techniques, including: proper stances, footwork, guards, strikes, blocks, combinations, sparring, self defense against a knife fighter, choosing the proper weapon, training techniques, double knife techniques, disarms and more. Learn how to make the blade your most effective protector.

ORDER #PV-E.....38 MIN.....ONLY \$49.95

#### 6. JEET KUNE DO CONCEPTS: FILIPINO STICK FIGHTING

Mr. Vunak's skills with the Filipino sticks will truly amaze you. He personally shows all the authentic Filipino stick techniques needed to become proficient. The techniques demonstrated include: Choosing the proper weapon, gripping the stick, strikes, blocks, stances, footwork, disarms, takedowns, vital targets, reflexes, timing, rhythm, developing devastating speed and power, fighting combinations, full-contact sparring, training drills, stick against knife, double sticks, and much more.

ORDER #PV-F.....56 MIN.....ONLY \$49.95

**★ JEET KUNE DO CONCEPTS SPECIAL! Order all 6 Jeet Kune Do Concepts tapes on this page, pay for only 4, get 2 FREE! You save \$100! Send only \$224.00 for complete set. Price includes shipping within the Continental U.S. All other destinations ADD \$36.00. ORDER #PV-SP 6**



**DYNAMIC NEW RELEASE  
FROM PAUL VUNAK  
ATTRIBUTES TRAINING**

\*\*\*\*\*

**"JEET KUNE DO,** ultimately, is not a matter of petty technique, but a highly developed personal spirituality and physique. JKD is not a matter of technology, but of spiritual insight and training."  
**-BRUCE LEE**



Used properly, the martial arts are subtle forms of fitness, skillful body movement, coordination, balance, flexibility  
**-DAN INOSANTO**

**"It's a familiar and tragic-comic tale: a blackbelt with years of training is easily beaten in a fight by an unschooled streetfighter. It is my purpose in this tape to help you avoid becoming a martial artist who knows techniques, but cannot fight with them. Regardless of your style, techniques do not win a street fight. The victor is the fighter who possesses the superior mix of attributes, the qualities of killer instinct, sensitivity, timing, reflexes, speed, power, etc. This is what made Bruce Lee what he was, and this is why JKD is so difficult to convey to the public. My previous 6 tapes were to serve as an overview of techniques from a visual standpoint. This tape is designed entirely for one purpose; attribute development. In this tape I will share with you some highly specialized training methods that I feel have helped me grow the most. These methods will bring your speed, power, and timing to entirely new levels. As these training methods are some of the very highest concepts in JKD, this tape is not geared for beginners; the mechanics should be taught first."**

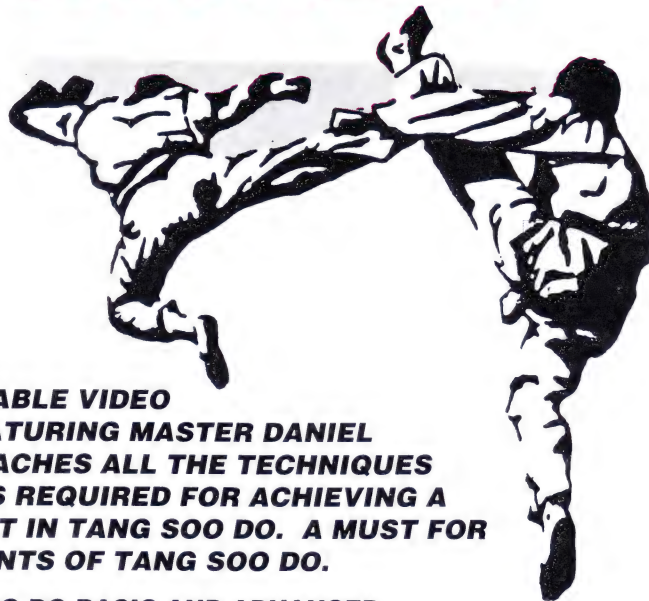
**- PAUL VUNAK**

**PAUL VUNAK ATTRIBUTES VIDEO**

ORDER #PV-G.....TIME 41 MIN  
REG. \$89.95.....LIMITED OFFER \$69.95

**MASTERING THE KOREAN MARTIAL ART OF  
TANG SOO DO**

**STARRING RENOWNED TANG SOO DO MASTER  
DANIEL NOLAN**



**THIS VALUABLE VIDEO SERIES FEATURING MASTER DANIEL NOLAN, TEACHES ALL THE TECHNIQUES AND FORMS REQUIRED FOR ACHIEVING A BLACK BELT IN TANG SOO DO. A MUST FOR ALL STUDENTS OF TANG SOO DO.**

**1. TANG SOO DO BASIC AND ADVANCED TECHNIQUES**

You can now learn the secrets of Tang Soo Do! This tape includes all the blocking, punching, and kicking techniques required for beginning and advanced students. Also shows numerous Tang Soo Do self-defense and sparring techniques along with a series of 18 prearranged hand and foot combinations designed to build speed, power, and stamina. These explosive drills are an excellent training aid for any stylist.

ORDER #TSD-1.....73 MIN.....ONLY \$59.95

**2. TANG SOO DO 23 REQUIRED HYUNGS**

This dynamic tape includes all the required Tang Soo Do Hyungs from white belt to 4th degree black belt. Hyungs presented include: 1) Ki-Cho-IL-Bu; 2) Ki-Cho-E-Bu; 3) Ki-Cho-Sam-Bu; 4) Ki-Cho-Sa-Bu; 5) Ki-Cho-O-Bu; 6) Pyong-Ahn-Cho-Dan; 7) Pyong-Ahn-E-Dan; 8) Pyong-Ahn-Sam-Dan; 9) Pyong-Ahn-Sa-Dan; 10) Pyong-Ahn-O-Dan; 11) Passai; 12) Naihanji-Cho-Dan; 13) Chul-San-IL-Ro; 14) Naihanji-E-Dan; 15) Naihanji-Sam-Dan; 16) Chul-Sam-E-Ro; 17) Chul-San-Sam-Ro; 18) Knife Hyung; 19) A-Sip-Su; 20) Jit Deh; 21) Lo-Hi; 22) Kong-San-Kun; 23) Bo Hyung.

ORDER #TSD-2.....85 MIN.....ONLY \$69.95

**3. TANG SOO DO KICKING TECHNIQUES**

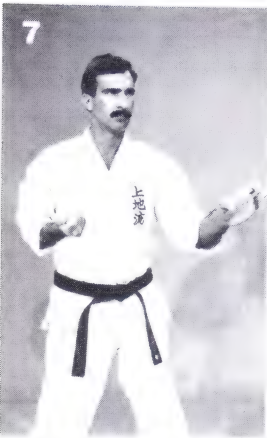
Tang Soo Do Master Daniel Nolan and his outstanding black belt students present one of the most dynamic demonstrations of Korean kicking ever witnessed. The tape takes you through over 100 different Tang Soo Do kicks from basic techniques to advanced flying kicks. Master Nolan includes a complete warm-up and stretching routine, shows how to add power and speed to your kicks, and includes numerous hand and kicking combinations for self-defense and tournament competition. Regardless of the martial art style you study, the valuable information presented here is sure to improve your kicking skills. A must!

ORDER #TSD-3.....46 MIN.....ONLY \$59.95

**\*TANG SOO DO SPECIAL!** Order all 3 Tang Soo Do tapes, and get any \$49.95 Panther video free! Send only \$206.00. Price includes shipping within the Continental U.S. All other destinations ADD \$32.00.  
ORDER #TSD-SP 3



## FROM OKINAWA: MASTERING AUTHENTIC



# UECHI RYU KARATE-DO

STARRING UECHI RYU MASTER  
**ROD MINDLIN**

**THIS INFORMATIVE 8-TAPE SERIES INCLUDES ALL OF THE TECHNIQUES AND TRADITIONAL FORMS OF THIS HIGHLY EFFECTIVE MARTIAL ART. A MUST FOR ALL SERIOUS INSTRUCTORS AND STUDENTS.**

### 1. UECHI RYU FUNDAMENTALS

This tape provides the viewer with the complete basics of Uechi Ryu Karate-Do. Included are Uechi Ryu warm-up exercises (Jun bi undo), stretching, advanced technique exercises (Hozo undo) with their applications, kicking drill, Kumites 1, 2, and 3, Kyu Kumite, Dan Kumite, Uechi arm rubbing and pounding, and introduction to the core form of Uechi Ryu, SanChin kata. You receive complete instruction on Uechi technique and application.

ORDER #UECHI-A.....56 MIN.....ONLY \$49.95

### 2. UECHI RYU KATAS VOLUME 1

This tape presents the powerful, dynamic core form of Uechi Ryu Karate-Do - SanChin kata. Complete explanation of the technique and performance of SanChin is provided in detail, and the method of checking and testing SanChin form are demonstrated.

The katas Kanshiwa and Kanshu are explained and

demonstrated clearly to allow the viewer to easily learn and understand these forms.

Applications and technical descriptions, along with drills, accompany all movements.

ORDER #UECHI-B.....58 MIN.....ONLY \$49.95

### 3. UECHI RYU KATAS VOLUME 2

The beautiful and intricate kata Seiching, and Uechi Ryu's most complex form, Seisan, are clearly presented to enable you to learn these forms accurately. Practical combat applications are presented for these movements.

Normal and slow motion are utilized along with various angles of presentation to provide a complete and detailed explanation of these two forms. Multiple repetitions allow the viewer to follow at home easily.

ORDER #UECHI-C.....59 MIN.....ONLY \$49.95

### 4. UECHI RYU KATAS VOLUME 3

The beauty and movement of Uechi Ryu's most advanced kata are presented. You will be able to learn the intricate and effective fighting movements of the Dragon-Tiger-Crane styles. Seirui, Konching, and 36 Hands Form SanSeiRui are detailed or kata performance and practical combat application.

ORDER #UECHI-D.....58 MIN.....ONLY \$49.95

### 5. UECHI RYU STREET SELF-DEFENSE

Uechi Ryu excels in practical self-defense. This videotape will teach you the practical and effective applications of Uechi movements versus attacks by punching, kicking, grabbing, and weapons.

ORDER #UECHI-E.....53 MIN.....ONLY \$49.95

### 6. UECHI RYU SPARRING AND FIGHT STRATEGY

Sparring requires understanding of strategy and tactics. This tape presents Uechi Ryu's movements for sparring applications. Learn to evade, maneuver, attack, and defend successfully with these proven techniques and combinations. Skillfully developing these applications will make you confident and effective against your sparring opponents.

ORDER #UECHI-F.....57 MIN.....ONLY \$49.95

### 7. UECHI RYU HISTORY AND TRADITIONS

Explore the history, philosophy of training, and methods of Uechi Karate. Details the passing of Pangainoon Kung-fu from Southern China to Okinawa, Japan, the United States, and worldwide, and describes the personalities that have made Uechi Ryu a major style today.

ORDER #UECHI-G.....42 MIN.....ONLY \$49.95

### 8. UECHI RYU ULTIMATE IN-FIGHTING

Never before have these techniques been taught so clearly and made available on video. The strategies and techniques presented here can easily and successfully be integrated into everyone's training.

The techniques originate from Dragon Form Uechi Ryu and Escrima. They are presented in a manner in which you are able to master the difficult range of fighting known as arm-bridging range - and its transition into in-fighting range....Extra value! Includes rare footage of Grand Master Kanei Uechi performing SanChin kata.

ORDER #UECHI-H.....50 MIN.....ONLY \$49.95



MASTER KANEI UECHI  
FOUNDER OF UECHI RYU

## BE COMBAT-READY WITH

# GREEN BERET SPECIAL FORCES COMBATIVES



**HIGH - RANKING ARMY GREEN BERET, BLACK BELT, AND VIETNAM VETERAN, JIM WEBB TEACHES YOU THE NO-NONSENSE FIGHTING TECHNIQUES OF AMERICA'S ELITE FIGHTING CORPS.**

### 1. GREEN BERET CLOSE-QUARTER FIGHTING VOL. 1

Jim Webb (the complete elite soldier) personally instructs you in some of the world's most devastating and effective close-quarter combat techniques ever developed. These techniques are designed for a special breed of warrior. This no-nonsense tape explains how to deal with an assailant in terms that anyone can understand and more importantly, can execute.

Chief instructor Jim Webb demonstrates deadly choke holds, neck breaks, throwing techniques, foot sweeps, and kicking-punching combinations. A total close-quarter tape for the deadly arena where second place is last. A must for martial artists of all styles. This tape will truly give you great insight into the mind set of the special forces soldier.

ORDER #SF-A.....48 MIN.....ONLY \$49.95

### 2. GREEN BERET CLOSE-QUARTER FIGHTING VOL. 2

Easily carried, silent, and hard to counter, the knife can be a formidable tool when placed in the hands of a properly trained individual. Whether one is in a steamy jungle or a back alley, a knife can be a great asset in the event of close combat. Oftentimes a special forces soldier must rely on his knife, either to assure a quiet kill while behind enemy lines, or as an effective alternative if his primary weapons have been rendered inoperative for the situation.

Chief instructor Jim Webb demonstrates practical, effective, and simple knife - fighting techniques, along with self-defense measures against gun situations. Also included are advanced close - quarter combat techniques.

ORDER #SF-B.....47 MIN.....ONLY \$49.95

### 3. GREEN BERET SENTRY NEUTRALIZATION

Sentry Neutralization is taught utilizing empty-hand, garrote, and knife techniques. Not only are the actual killing movements taught and demonstrated, but also the philosophy of close-quarter termination, stealth, stalking, visual domination, and spring power. Realism in all situations is stressed to its highest point. Two-man Sentry Neutralization techniques are presented for absolute control of an armed guard.

"Extremely Lethal" are the choice words used by military experts to describe today's battlefields, and they are also used to describe this tape. Truly a fascinating tape you will want for your martial arts video library.

ORDER #SF-C.....55 MIN.....ONLY \$49.95

### 4. GREEN BERET SPECIAL FORCES EXERCISES AND CONDITIONING WORKOUT

The physical fitness program for the special forces combatives course is geared toward achieving high fitness levels in the shortest time possible through strenuous physical exercises.

Chief instructor Jim Webb will get you in the best shape of your life with his tough conditioning/maintenance workout. The numerous exercises demonstrated are designed to build stamina, speed, power, endurance, balance, and more. Also includes a section on special exercises that teaches ranger push-ups, scuba sit-ups, isometric resistance, explosiveness, reflex training, and more.

This tape will enhance any martial arts workout/training program. A must video.

ORDER #SF-D.....52 MIN.....ONLY \$49.95

### 5. INSIDE THE GREEN BERETS AND SPECIAL FORCES

In this dynamic tape, meet combat veteran, ranger, and special forces operative Jim Webb. In this exclusive video interview, he candidly discusses his career in the military, what it takes to become a Green Beret, his experiences in combat, the military's philosophy, combat intelligence and interrogation, special forces combatives and concepts involving SERE (Survival, Evasion, Resistance, and Escape), and much more. A true collector's item.

ORDER #SF-E.....48 MIN.....ONLY \$49.95

★ **UECHI RYU SPECIAL!** Order all 8 Uechi Ryu tapes, pay for only 5, get 3 FREE! You save \$150! Send only \$282.00. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER #UECHI-SP 8

★ **GREEN BERET SPECIAL!** Order all 5 Green Beret tapes, pay for only 3, get 2 FREE! You save \$100! Send only \$170.00. Price includes shipping within the Continental U.S. All other destinations ADD \$40.00. ORDER #SF-SP 5



# MASTERING KUNG-FU SAN SOO 8

## STARRING WHEELCHAIR WARRIOR RON SCANLON 8TH DEGREE BLACK BELT

Although confined to a wheelchair, Master Scanlon's mastery of the Kung-Fu San Soo system will truly amaze and inspire you. Master Scanlon and his top black belts carefully teach you all the major techniques, forms, and weapons of this rarely seen Chinese system.... A great addition to your video library.

### 1. KUNG-FU SAN SOO FUNDAMENTALS

This tape includes basic blocks, punches, strikes, kicks and stances. Each technique is demonstrated and described in detail insuring quality and accuracy. Applications for each technique are presented and then combined with other techniques in order to learn the movements and mechanics of effective fighting.

ORDER #SOO-1.....83 MIN.....ONLY \$49.95

### 2. KUNG-FU SAN SOO SELF-DEFENSE VOLUME 1

This tape begins with the basic leverages for controlling your opponent and continues with multiple fighting combinations. Intermediate level techniques including sweeps, flips, throws, joint breaks, and ground fighting are presented.

ORDER #SOO-2.....55 MIN.....ONLY \$49.95

### 3. KUNG-FU SAN SOO SELF-DEFENSE VOLUME 2

This tape teaches multiple intermediate and advanced self-defense techniques for the street. Included are cane techniques, defenses against knife attacks, and much more. These effective techniques are aggressive and will arm you with decisive fighting skills.

ORDER #SOO-3.....60 MIN.....ONLY \$49.95

### 4. KUNG-FU SAN SOO TRADITIONAL FORMS

Forms are the exercise of mind and body. This tape contains one Free Form and one Broadsword weapons form. These forms will help to condition your body, improve your coordination, balance, posture, and develop power through controlled breathing.

ORDER #SOO-4.....42 MIN.....ONLY \$49.95

**★ SAN SOO SPECIAL!** Order all 4 tapes, pay for only 2, get 2 free! You save \$100.00! Send only \$116.00. Price includes shipping within the Continental United States. All other destinations ADD \$32.00. ORDER #SOO-SP 4

## FROM THE PHILIPPINES: MASTERING AUTHENTIC **ARNIS \* ESCRIMA \* KALI** STARRING FILIPINO MASTER ARSENIO ADVINCULA

### 1. ARNIS SINGLE STICK TECHNIQUES

Over 2 hours of the most comprehensive instruction on Arnis ever presented. Begins with an in-depth history of Filipino weapons. With over 25 years of Arnis training, Master Advincula personally teaches you over 1,000 techniques on single stick fighting, including warm-ups, targets, stances, blocks, strikes, parrying, sparring, trapping, fanning, and fencing. Shows how to disarm, lock, and hold an attacker. Includes a single stick kata.

ORDER #A-1.....135 MIN.....ONLY \$59.95

### 2. ARNIS DOUBLE STICK TECHNIQUES

In an easy-to-follow presentation, Master Advincula demonstrates how to perfect the advanced double stick techniques of Arnis. Requiring a high degree of conditioning, coordination, and concentration, this tape includes a series of high-speed combinations showing how to defend with one stick as the other stick attacks. The constant circular motion of twin sticks produces a defense that is virtually impossible to penetrate as seen in the many self-defense techniques. Includes full-contact sparring with protective equipment, and a double stick kata.

ORDER #A-2.....93 MIN.....ONLY \$59.95

### 3. ARNIS SWORD AND DAGGER TECHNIQUES

Complete your Arnis training by learning the fighting blades of the Philippines, including the double sword, single sword, and dagger. These feared weapons have been used by Filipino warriors for over 600 years to protect their homeland. Master Advincula carefully shows how to execute each lethal movement with great speed, power, accuracy, and grace. Shows warrior combat drills, sparring, and a beautiful award-winning double sword kata.

ORDER #A-3.....73 MIN.....ONLY \$59.95

**★ ARNIS SPECIAL!** Order all 3 Arnis tapes, get any other tape valued at \$49.95 FREE! Send only \$196.00. Price includes shipping within the Continental U.S. All other destinations ADD \$32.00. ORDER #A-SP 3.







# WHEN KENPO STRIKES

STARRING WORLD RENOWNED KENPO MASTER

**LARRY TATUM**  
8TH DEGREE BLACK BELT

*One of the most awesome displays of Kenpo speed and power ever witnessed on video. This dynamic 23 tape series includes all the requirements for each Kenpo belt rank from white belt to 4th degree black belt. See the art of Kenpo at its highest level as you personally learn from one of its leading masters. All tapes are guaranteed to be of the highest quality.*



## 1 KENPO STANCES & FOOTWORK

This dynamic tape shows how stances and footwork assist punches and strikes while stances themselves become weapons. Video ends with a mass attack utilizing only stances and footwork! A unique concept that can be mastered by all martial artists regardless of style.

ORDER #KENPO-1.....42 MIN.....ONLY \$49.95



## 2. KENPO FOOT MANEUVERS

Foot maneuvers takes you out of your stances and into sophisticated leg maneuvering. Learn how you can control your opponent whether in the ring or on the street, in a life or death situation. Master Tatum personally takes you through each maneuver, showing how to move with cat-like speed, power and accuracy.

ORDER #KENPO-2.....37 MIN.....ONLY \$49.95



## 3. KENPO DYNAMIC BLOCKING

This vital tape demonstrates how blocking is much more than just shielding against strikes. Its use as an offensive weapon staggers the imagination as Master Tatum teaches the "double-factor" concept along with the "forward and reverse motion" concept. The viewer also learns the "upper and lower case" potential of each block.

ORDER #KENPO-3.....44 MIN.....ONLY \$49.95



## 4. KENPO HAND STRIKES

Master the realm of your own natural weapons! Not just the edge of the hand or the knuckles, but every natural weapon is taught so that the viewer is taken on a journey of targets that fit the individual weapon. Here, speed becomes apparent as Master Tatum teaches "economy of motion" while using the "rearrangement concept."

ORDER #KENPO-4.....45 MIN.....ONLY \$49.95



## 5. KENPO KICKING

Join Master Tatum and learn the more practical kicks of Kenpo. His uncanny demonstration of speed, accuracy, economy of motion, and point of origin gives new and old practitioners a new insight into kicking.

ORDER #KENPO-5.....57 MIN.....ONLY \$49.95



## 6. KENPO SELF-DEFENSE THEORY, CONCEPTS, PRINCIPLES & TECHNIQUES VOLUME 1

In this dynamic tape, Master Tatum teaches how to defend against grabs and pushes. The viewer learns how quickly a grab or push can be turned against the attacker or attackers with a simultaneous offense built into the defense. Master Tatum also demonstrates how to recognize the intentions of the attackers.

ORDER #KENPO-6.....50 MIN.....ONLY \$49.95



## 7. KENPO SELF-DEFENSE THEORY, CONCEPTS, PRINCIPLES & TECHNIQUES VOLUME 2

Understanding upper body target zones and how accessible they are to the hands is a valuable and necessary lesson. All of this is brought about by understanding the "quadrant concept." By using economy of motion, Master Tatum teaches you how to close in on targets as quickly as possible.

ORDER #KENPO-7.....44 MIN.....ONLY \$49.95



## 8. KENPO ADVANCED SELF-DEFENSE VOLUME 1

Master Tatum exposes the viewer to a more advanced study of delivering natural weapons to countless targets on the opponent by explaining the "Line of Travel" principle. Master Tatum discusses in depth the "Line of Motion" principle while demonstrating defensive moves designed to stop any type of attack.

ORDER #KENPO-8.....44 MIN.....ONLY \$49.95





### 9. KENPO ADVANCED SELF-DEFENSE VOLUME 2

In this essential video, Master Tatum elaborates on techniques against attackers with weapons such as clubs, knives and guns. The viewer is shown how these weapons can be turned back on the attacker with lightning speed.

ORDER #KENPO-9.....50 MIN.....ONLY \$49.95



### 10. KENPO SELF-DEFENSE AGAINST MASS ATTACKS

Finally, a video that takes the viewer into the action of multiple attackers. With detailed explanation, Master Tatum shows how attackers can be used as shields against other attackers. Every strike must be on target and focused with maximum power and speed. All concepts and principles in Kenpo must be employed if you are to be the victor. Master Tatum's speed alone will stun the viewer.

ORDER #KENPO-10.....38 MIN.....ONLY \$49.95



### 11. KENPO STREET SPARRING

In this dynamic video, Master Tatum bridges the gap between tournament sparring and street sparring. The viewer learns to find targets on any part of the attacker's anatomy by understanding the four control zones: Out-of-range control, within-range-control, penetration control, and control manipulation. A "must video" for transferring what is learned in the studio to the street.

ORDER #KENPO-11.....40 MIN.....ONLY \$49.95



### 12. KENPO TOURNAMENT SPARRING

Master Tatum teaches numerous Kenpo sparring techniques designed to score points quickly and effectively against your opponent. Topics covered include: offensive and defensive hand and foot combinations, developing speed and power, improving accuracy, controlling your opponent, and much more. A must for all serious point fighters.

ORDER #KENPO-12.....47 MIN.....ONLY \$49.95



### 13. KENPO HISTORY AND TRADITIONS

Join Master Tatum as he explains the concepts of Kenpo and how Kenpo was developed to meet modern needs. In this interview, the viewer will learn much about Kenpo and Master Tatum's approach to teaching it. Traditions are also discussed. Ideal for new students or those who just want a greater understanding of their art. A valuable history lesson.

ORDER #KENPO-13.....49 MIN.....ONLY \$49.95



### 14. KENPO INSIGHTS

An exciting demonstration tape featuring various Kenpo techniques taught in Master Tatum's video series. This tape includes the video that helped make Master Tatum famous - "WALLS OF DEFENSE" - an exciting video filmed in a medieval castle situated on an island in the English Channel. This video is as entertaining as it is educational. A must for everyone.

#KENPO 14..... 46 MIN.....ONLY \$49.95



### 15. KENPO SHORT FORM 1

#### Required for Yellow and Orange Belt

The beginner is taken step-by-step through this first Kenpo kata. The viewer gains insight into how katas are designed as well as how they can be used to develop basic form, fighting principles, and strategy.

#KENPO 15.....44 MIN.....ONLY \$49.95



### 16. KENPO LONG FORM 1

#### Required for Blue Belt

Using the format of Short Form No. 1, while combining blocks and strikes, Master Tatum breaks down the Long Form 1 to its most basic components, allowing the viewer to witness Kenpo concepts hidden within the forward and reverse motion of this form. As with all of the forms, this one abounds with intricate techniques.

ORDER #KENPO-16.....40 MIN.....ONLY \$49.95



### 17. KENPO SHORT FORM 2

#### Required for Purple Belt

The viewer is taken into the realm of two-handed Kenpo as both sides of the body are simultaneously brought into motion. The concept of "With" is highlighted in each technique. A must video to prepare the student for kata competition.

ORDER #KENPO-17.....44 MIN.....ONLY \$49.95



### 18. KENPO LONG FORM 2

#### Required for Green Belt

The realm of short - and long - range weapons are simultaneously used while employing the "Two-Handed" Kenpo concept. This kata is more lengthy than the first, as many more concepts and principles are explored and hidden techniques within the form are finally revealed!

ORDER #KENPO-18.....40 MIN.....ONLY \$49.95



### 19. KENPO SHORT FORM 3

#### Required for Green Belt

Intricate simultaneous footwork and hand combinations offer the fighter a tremendous advantage over the attacker. Circular motion abounds throughout, helping the student develop continuity. Techniques hidden within the kata are revealed.

ORDER #KENPO-19.....38 MIN.....ONLY \$49.95



### 20. KENPO LONG FORM 3

#### Required for Brown Belt

Expand upon the knowledge learned in Short Form 3. As in Short Form 3 - most of the techniques are designed against grabs, chokes, and holds. A more lengthy form than Short Form 3 that expands upon simultaneous foot and hand techniques.

ORDER #KENPO-20.....54 MIN.....ONLY \$49.95



### 21. KENPO FORM 4

#### Required for Brown Belt

This form is considered the work horse of the katas in the Kenpo system. It employs all the concepts and principles used in Kenpo, and being the longest natural weapons kata, it is ideal for competition. Master Tatum takes you into the realm of utilizing four strikes per technique, guiding the viewer with further insight into Kenpo concepts and principles.

ORDER #KENPO-21.....52 MIN.....ONLY \$49.95



### 22. KENPO FORM 5

#### Required for Brown Belt

This kata displays the most intricate footwork in Kenpo while simultaneously using the hands. This kata is primarily built around take-downs, and shows how to deal with the opponent while on the ground. A beautiful kata. Recommended for competition.

ORDER #KENPO-22.....53 MIN.....ONLY \$49.95



### 23. KENPO FORM 6

#### Required for Black Belt

This kata presents the most intricate hand techniques in the natural weapons katas. Master Tatum teaches the student to keep his hands in continual motion throughout the form. This kata places great value on defense against opponents with weapons (guns, knives, and clubs), while at the same time teaching the student to steal the weapons from the opponent and reversing them back against his attackers. A tremendous kata for competition.

ORDER # KENPO-23.....57 MIN.....ONLY \$49.95



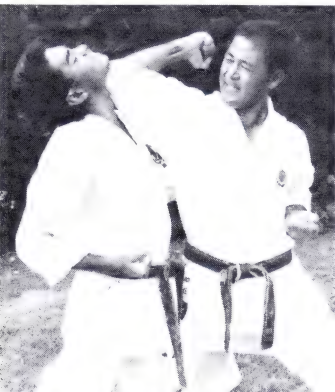
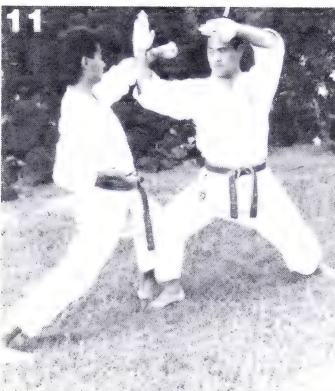
**★ KENPO SPECIAL!** Order all 23 Kenpo tapes by Master Larry Tatum, pay for only 16, get 7 FREE! You save \$350.00! Send only \$891.00 for complete set. Price includes shipping within the Continental U.S. All other destinations ADD \$92.00. ORDER # KENPO-SP 23



# SHOTOKAN KARATE

STARRING WORLD RENOWNED SHOTOKAN MASTER  
KENNETH FUNAKOSHI 8<sup>TH</sup> DAN

THIS VALUABLE VIDEO SERIES HAS BEEN HIGHLY PRAISED BY MARTIAL ARTISTS THROUGHOUT THE WORLD. THE MOST COMPREHENSIVE INSTRUCTIONAL MATERIAL ON JKA SHOTOKAN EVER PRESENTED. THESE HIGH-QUALITY LESSONS INCLUDE ALL SHOTOKAN BELT REQUIREMENTS UP TO 3RD DEGREE BLACK BELT IN MASTER FUNAKOSHI'S ASSOCIATION.



## 1. SHOTOKAN FUNDAMENTALS

In this video, world renowned Shotokan Karate Master Kenneth Funakoshi teaches you all the basic techniques of the popular and effective Shotokan style. Tape includes fundamental stances, footwork, blocks, punches, kicks, protocol, terminology, stretching, conditioning exercises, warm-ups, special training drills, and much more. This tape includes all requirements for promotion to your first belt rank and gives you the foundation for progressing to the more advanced kata, sparring, and self-defense tapes in Master Funakoshi's video series.

ORDER #KAN-A.....57 MIN.....ONLY \$49.95

## 2. SHOTOKAN KATAS VOLUME 1

This tape presents Master Funakoshi teaching you the following Shotokan katas: Taikyoku Shodan, Heian Shodan, Heian Nidan, Heian Sandan, Heian Yondan. Each kata is presented numerous times so you can follow along and master each important movement. Tape also includes each kata's history and realistic application of kata movements against various attackers.

ORDER #KAN-B.....50 MIN.....ONLY \$49.95

## 3. SHOTOKAN KATAS VOLUME 2

In this incredible video, Master Funakoshi teaches you the following Shotokan katas which are required for belt promotions. They include: Heian Godan, Tekki Shodan, Bassai Dai, Jion, Kanku Dai. Each kata is presented numerous times so you can follow along and master each important movement. Tape also includes each kata's history and realistic application of kata movements against various attackers.

ORDER #KAN-C.....60 MIN.....ONLY \$49.95

## 4. SHOTOKAN KATAS VOLUME 3

Shotokan Karate Master, Kenneth Funakoshi, teaches you the following Shotokan katas which are required for belt promotions. They include: Hangetsu, Empi, Tekki Nidan, Giin, and Meikyo. Each kata is presented numerous times so you can follow along and master each important movement. Tape also includes each kata's history and realistic application of kata movements against various attackers.

ORDER #KAN-D.....60 MIN.....ONLY \$49.95

## 5. SHOTOKAN KATAS VOLUME 4

In this dynamic video, Master Funakoshi teaches you the following Shotokan katas which are required for promotion to belt ranks. They include: Kanku-Sho, Bassai Sho, Jitte, Chinte, Tekki-San-Dan. Numerous presentations of each kata allows you to master each movement. Tape also includes each kata's history and realistic application of kata movements against various attackers.

ORDER #KAN-E.....60 MIN.....ONLY \$49.95

## 6. SHOTOKAN KATAS VOLUME 5

This valuable video continues Master Funakoshi's demonstrations of Shotokan katas required for your belt ranks. They include: Gankaku, Sochin, Nijushiho, and Wankan. Each kata is performed numerous times so you can master each important movement. Tape also includes each kata's history and realistic application of kata movements against various attackers.

ORDER #KAN-F.....53 MIN.....ONLY \$49.95

## 7. SHOTOKAN KATAS VOLUME 6

In this tape, Master Kenneth Funakoshi teaches you the following Shotokan katas which are required for belt promotions. They include: Gojushiho, Gojushiho-Dai, and Unsu. Each kata is presented numerous times so you can master each important movement. Tape also includes each kata's history and application of kata movements against various attackers.

ORDER #KAN-G.....60 MIN.....ONLY \$49.95

## 8. SHOTOKAN SPARRING TECHNIQUES AND FIGHT STRATEGY

Learn the devastating sparring techniques of Shotokan Karate. Master Funakoshi presents warm-ups, fight strategies, training drills, hand and foot combinations, an explanation of Shotokan tournament rules, sparring matches, and more. This tape is a must for all tournament point fighters regardless of style.

ORDER #KAN-H.....40 MIN.....ONLY \$49.95

## 9. SHOTOKAN STREET SELF-DEFENSE TECHNIQUES

This valuable video teaches over 100 devastating self-defense techniques. In an easy-to-follow presentation, Master Funakoshi shows how to stop attacks from the front, side, rear, defenses against multiple opponents, and how to disarm gun and knife wielding attackers. A martial artist cannot afford to be without the lifesaving techniques of this type.

ORDER #KAN-I.....45 MIN.....ONLY \$49.95

## 10. SHOTOKAN HISTORY, CONCEPTS, AND PHILOSOPHY

In this exciting tape, Shotokan Karate Master Funakoshi gives great insight into the history and traditions of the Shotokan style. In a 1986 interview with Joe Jennings, the Master candidly talks about his life, the true meaning of the martial arts, what it takes to become a black belt, and training. He also talks about his great relative Gichin Funakoshi, the founder of Shotokan, and much, much more. This tape is a true collector's item for any martial artist.

ORDER #KAN-J.....34 MIN.....ONLY \$49.95

★ **SHOTOKAN SPECIAL!** Order all 10 Shotokan videos, pay for only 7, get 3 FREE! You save \$150! Send only \$389.00. Price includes shipping within the Continental U.S. All other destinations ADD \$60.00. ORDER # KAN-SP 10



**HOTTEST NEW VIDEOS! SEE WHY...  
TONY BLAUER'S  
PANIC ATTACK**



**Short of a real street fight, the "Panic Attack" is the ultimate test a martial artist can engage in. Survival in a street fight requires much more than just flawless technique. The reality of combat lies in your ability to react spontaneously and effectively to a "surprise attack." Anyone can react effectively in a rehearsed situation, and that's all the majority of martial artists do. But would you survive a "Panic Attack"? If you have any doubts, then the Tony Blauer CHU FEN DO techniques presented here are sure to help you survive any type of assault. DON'T DELAY, GET STARTED TODAY!**

**1. PANIC ATTACK PSYCHOLOGY**

In this dynamic tape, Tony Blauer, founder of the "Panic Attack," teaches you how to develop the mental toughness needed to survive a street assault. Lecture covers controlling fear, when to strike, natural stances, neck control, body language, diffusing your vision, diffusing the fight, plus numerous other invaluable concepts and tactics designed to give you greater understanding of a street situation. A must for everyone!

ORDER #PANIC-1.....53 MIN.....ONLY \$49.95

**2. PANIC ATTACK CONDITIONING**

Tony Blauer personally teaches you the unique conditioning exercises and training routines needed to master this sensational new fighting art. Special exercises will develop your flexibility, aerobic and anaerobic efficiency, muscular strength and endurance, and coordination. Get in the best shape of your life as you develop the mental and physical toughness needed to survive a street assault.

ORDER #PANIC-2.....55 MIN.....ONLY \$49.95

**3. PANIC ATTACK ARSENAL**

In this video, Tony Blauer teaches you an arsenal of body weapon techniques needed to survive any type of street assault. Just some of the techniques shown include: Beginning and advanced punching skills, explosive kicks, stances, footwork, blocking, how to develop speed, power, timing, endurance, cat-like reflexes, and much more.

ORDER #PANIC-3.....61 MIN.....ONLY \$49.95

**4. PANIC ATTACK DRILLS AND CONFRONTATIONS**

In this valuable video Tony Blauer teaches you important training drills designed to develop speed, power, timing, reflexes, coordination, stamina, strength, accuracy, and more. Names of some of these "Live Drills" are: JAB/THAI KICK DRILL, RANGE ENTRY DRILL, FULL-CONTACT SENSITIVITY, 3RD BASE COACH DRILL, 3-MAN SURPRISE ATTACK, and more. A must for all martial artists.

ORDER #PANIC 4.....46 MIN.....ONLY \$49.95

**5. PANIC ATTACK FULL-CONTACT STREET FIGHTING**

The harsh realities of street survival can now be learned with the help of this dynamic training tape. Video #5 takes all of the psychological techniques taught on Mr. Blauer's prior tapes and puts them to the ultimate test by showing how to survive the most realistic full-contact street assaults ever witnessed. What you learn from this tape could one day save your life!

ORDER #PANIC-5.....47 MIN.....ONLY \$49.95

**★ PANIC ATTACK SPECIAL! Order all 5 tapes, pay for only 3, get 2 FREE! You save \$100! Send only \$170.00. Price includes shipping within the Continental U.S. All other destinations ADD \$40.00. ORDER # PANIC-SP 5.**

**FROM CHINA: MASTERING  
TAI-CHI-CHUAN  
YANG STYLE**

**BY RENOWNED CHINESE MASTER PROFESSOR DANIEL LEE**



**1. TAI-CHI YANG LONG FORM VOLUME 1**

In this dynamic tape, Master Daniel Lee personally teaches you the authentic Tai-Chi-Chuan Yang Style Long Form Volume 1 which includes special warm-ups and first 17 postures of Yang Long Form with applications.

ORDER #CHI-A.....84 MIN.....ONLY \$49.95

**2. TAI-CHI YANG LONG FORM VOLUME 2**

Master Lee personally teaches you the authentic Tai-Chi-Chuan Yang Style Long Form Volume 2. This includes postures 18 to 32 which make up the second section of Yang Long Form.

ORDER #CHI-B.....55 MIN.....ONLY \$49.95

**3. TAI-CHI YANG LONG FORM VOLUME 3**

Through this video, taught by Master Lee, you will learn the authentic Tai-Chi-Chuan Yang Style Long Form Volume 3. This includes postures 33 to 55 which make up the third section of Yang Long Form.

ORDER #CHI-C.....46 MIN.....ONLY \$49.95

**4. TAI-CHI YANG LONG FORM VOLUME 4**

In this lesson, you will learn the authentic Tai-Chi-Chuan Yang Style Long Form Volume 4. This includes postures 56 to 108 which make up the fourth and final section of Yang Long Form.

ORDER #CHI-D.....59 MIN.....ONLY \$49.95

**5. TAI-CHI FAST SET**

In this video, Master Lee personally teaches you the authentic Tai-Chi-Chuan Yang Style Fast Set and its applications.

ORDER #CHI-E.....57 MIN.....ONLY \$49.95

**6. TAI-CHI PUSH HANDS**

In this dynamic video, Master Lee personally teaches you the authentic Tai-Chi-Chuan Yang Style Push Hands techniques and their applications.

ORDER #CHI-F.....59 MIN.....ONLY \$49.95

**7. TAI-CHI STREET SELF-DEFENSE**

Master Lee teaches you the authentic Tai-Chi-Chuan Yang Style Self-Defense techniques.

ORDER #CHI-G.....42 MIN.....ONLY \$49.95

**8. TAI-CHI BROADSWORD**

Through this tape, Master Lee teaches you the authentic Tai-Chi-Chuan Yang Style Broadsword Form and its applications.

ORDER #CHI-H.....28 MIN.....ONLY \$49.95

**9. TAI-CHI HISTORY AND PHILOSOPHY**

In this exclusive video interview, Master Lee reveals the true history, philosophy, concepts, and traditions of Tai-Chi-Chuan. The valuable information on this tape makes it a true collector's item.

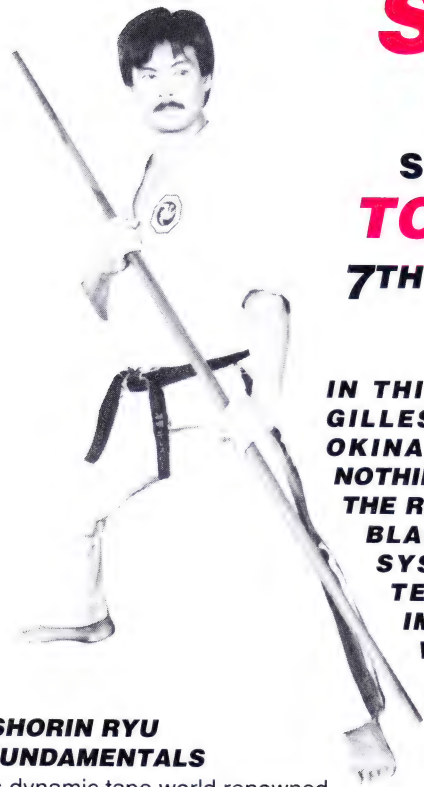
ORDER #CHI-I.....58 MIN.....ONLY \$49.95

**★ TAI-CHI-CHUAN SPECIAL! Order all 9 tapes, pay for only 6, get 3 FREE! You save \$150! Send only \$336.00. Price includes shipping within the Continental U.S. All other destinations ADD \$54.00. ORDER #CHI-SP 9**



# MASTERING OKINAWAN **SHORIN RYU** **KARATE-DO**

**STARRING JAPANESE MASTER  
TOSHIKI GILLESPIE  
7TH DEGREE BLACK BELT**



**IN THIS DYNAMIC 6-TAPE SERIES, MASTER GILLESPIE TEACHES YOU THE COMPLETE OKINAWAN MATSUMURA KARATE SYSTEM. NOTHING IS HELD BACK AS HE INCLUDES ALL OF THE REQUIREMENTS NEEDED FOR ACHIEVING A BLACK BELT IN THIS PURE, TRADITIONAL SYSTEM. MASTER GILLESPIE'S FLAWLESS TECHNIQUE AND VAST KNOWLEDGE WILL IMMEDIATELY SHOW WHY HE IS ONE OF THE WORLD'S LEADING SHORIN RYU MASTERS.**

## **1. SHORIN RYU FUNDAMENTALS**

In this dynamic tape world renowned Shorin Ryu Karate Master, Toshiaki Gillespie, teaches you all of the fundamental techniques of the popular Okinawan Shorin Ryu system. In an easy-to-follow presentation, Master Gillespie personally demonstrates all of the required basics of Shorin Ryu, including stances, punches, kicks, warm-ups, conditioning exercises, meditation, breathing, school protocol, training drills, self-defense techniques, and more. This tape includes all requirements for promotion to your first belt in Shorin Ryu. Master Gillespie highly recommends mastering the techniques on this tape before progressing to his more advanced kata, sparring, self-defense, and weapons tapes.

ORDER #RIN-A.....57 MIN.....ONLY \$49.95

## **2. SHORIN RYU TRADITIONAL KATAS VOLUME 1**

World renowned Shorin Ryu Karate Master Toshiaki Gillespie teaches you the following Shorin Ryu katas which are required for promotion to belt ranks. They include: Pinan Shodan, Pinan Nidan, Pinan Sandan, Naihanchi Shodan, Pinan Yondan, Paisai-Sho, Bojutsu Shodan. Each kata is done numerous times so you can easily learn every important movement. Video also includes each kata's history and the realistic application of kata movements against various attackers. A must for learning the true Shorin Ryu system.

ORDER #RIN-B.....60 MIN.....ONLY \$49.95

## **3. SHORIN RYU TRADITIONAL KATAS VOLUME 2**

In this exciting video Master Gillespie teaches you various Shorin Ryu katas which are required for your promotion to belt ranks. The katas include: Pinan Godan, Naihanchi Nidan, Naihanchi Sanda, Pai-Sai-Dai, Bojutsu Nidan. Each kata is repeated numerous times so you can master each important movement. Tape also includes each kata's history and realistic application of movement against various attackers. A must for learning the true Shorin Ryu system.

ORDER #RIN-C.....57 MIN.....ONLY \$49.95

## **4. SHORIN RYU TRADITIONAL KATAS VOLUME 3**

Volume 3 of Master Toshiaki Gillespie's series teaches you the Shorin Ryu katas required for promotion to higher belt ranks. These katas include: Chinto, Gojushiho, Bojutsu Sandan, Kusanku, and Rohai. Numerous repetitions of the katas help you to learn each important movement. Tape also includes each kata's history and realistic application of movements against various attackers. This tape is a valuable component to learning the complete Okinawan Shorin Ryu system.

ORDER #RIN-D.....60 MIN.....ONLY \$49.95

## **5. SHORIN RYU SPARRING TECHNIQUES AND FIGHT STRATEGY**

In this dynamic tape, Master Toshiaki Gillespie teaches you over 100 outstanding offensive and defensive Shorin Ryu sparring techniques. Many of these techniques are required for promotion to higher Shorin Ryu belt ranks. In an easy-to-follow presentation, Master Gillespie demonstrates footwork, faking, evasive movements, hand and foot combinations, perfecting and scoring defensively, aggressive offensive techniques, training drills, sparring matches, and much more. If you want to greatly improve your sparring abilities, then this valuable tape is for you. It will give you the winning edge when you're in the ring.

ORDER #RIN-E.....45 MIN.....ONLY \$49.95

## **6. SHORIN RYU STREET SELF-DEFENSE TECHNIQUES**

In the final tape of the Shorin Ryu series, Master Toshiaki Gillespie teaches you over 125 lifesaving Shorin Ryu self-defense techniques. Many of these techniques are required for promotion to Shorin Ryu belt ranks. In an easy-to-follow presentation, Master Gillespie shows you how to stop any type of assault, including defense against one or two attackers, defending from the ground and from a seated position, how to disarm knife, club, and gun-wielding attackers, important pointers on fight strategy, joint locking techniques, executing your blocks, punches, and kicks with devastating speed and power, and much more.

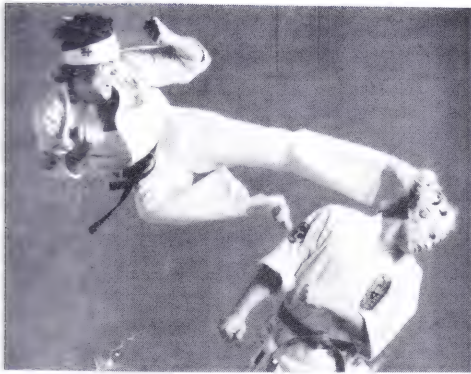
ORDER #RIN-F.....41 MIN.....ONLY \$49.95

**\* SHORIN RYU SPECIAL! Order all 6 tapes, pay for only 4, get 2 FREE! You save \$100! Send only \$224.00. Price includes shipping within the Continental U.S. All other destinations ADD \$36.00 ORDER # RIN-SP 6.**



# ACTION VIDEOS

FOR EVERY MARTIAL ARTIST



## 1. EXPLOSIVE FLYING AND JUMP KICKS

This outstanding video teaches you how to easily master over 25 different flying and jump kicks for self-defense, sparring, and demonstrations. Some kicks featured include the famous flying double-split side kick, flying front kick, roundhouse kick combination, flying scissors take down kick, and much more. Masters show important training routines for achieving great height and leg strength.

ORDER #JK.....57 MIN.....ONLY \$49.95

## 2. BREAKING AND FEATS OF MIND OVER MATTER

Safely shows how to condition hands and feet for basic, advanced, and multiple board and brick breaking techniques. How to choose proper materials. Explains the power of the mind for increasing breaking power and concentration while eliminating fear. Masters show how to achieve the ability to perform feats of mind over matter through special conditioning and ancient breathing techniques. Feats include bed of nails, 2" X 2" break over forearm, and more.

ORDER #BR.....57 MIN.....ONLY \$49.95

## 3. FIREWALK BY TOM MUZILA

In this extraordinary tape, Black Belt Tom Muzila presents an unusual approach to achieving mind over matter. In the martial arts, achieving a strong mental state is essential for blocking out pain when training or in combat. To the extreme, Master Muzila shows how to create a powerful mental state and then prove its effect on the body by walking across a bed of burning coals without injury to his bare feet. Over 500°F and not even a blister; an amazing example of psychic power. Under no circumstances should the viewer attempt any demonstrations shown on this tape.

ORDER #FIRE.....54 MIN.....ONLY \$49.95

## 4. ISSHIN RYU KARATE SHOW

On May 17, during his 1990 American tour, Okinawan Isshin Ryu Karate Master Angi Uezu, 8th Dan, was honored by his top U.S. Black Belts when they presented a demonstration in his name. Before Master Uezu and more than 300 spectators, Black Belts Joseph Jennings, Kim Murray, Tim Fox, Matt Dorsey, Kevin Murray, Curt Sawyer, Steve Torres, and Jackie Dorsey presented an exciting 90-minute show on all aspects of the powerful Isshin Ryu system. Master Uezu also graced the audience by performing a weapons kata....See Isshin Ryu at its best. Great entertainment for all stylists.

ORDER #SHOW.....125 MIN.....ONLY \$49.95

# FROM THAILAND: MASTERING THAI KICKBOXING

STARRING 5-TIME THAILAND KICKBOXING CHAMPION PUDPAD NOY WORAWOOT



## 1. THAI KICKBOXING FIGHTING AND TRAINING TECHNIQUES

At last! Authentic Thai kickboxing techniques from one of Thailand's greatest fighters and champions. Master Worawoot teaches everything needed to master this devastating fighting art. This tape includes conditioning exercises, stances, footwork, blocks, punches, kicks, elbows, fighting combinations, special drills, equipment training, and more.

ORDER #THAI-A.....90 MIN.....ONLY \$59.95

## 2. THAI KICKBOXING HISTORY, PHILOSOPHY, AND TRADITIONS

This informative and valuable tape gives great insight into the history, philosophy, and traditions of Thai kickboxing, the world's most feared fighting art. Filmed at Panther Productions' studios in San Clemente, California, with 5-time Thai Kickboxing Champion "Golden Leg" Pudpap Noy Worawoot, this exclusive video interview will dispel many misconceptions about the origin of Thai kickboxing. A true collector's item.

ORDER #THAI-B.....50 MIN.....ONLY \$59.95

### ★ PUDPAD NOY WORAWOOT THAI SPECIAL!

Order both Thai videos, get any other video in Panther's catalog FREE! Send only \$133.00. Price includes shipping within Continental U.S. All other destinations ADD \$32.00. ORDER #THAI-SP 2.

## NEW THAI KICKBOXING RELEASES



## STARRING GERARD FINOT

### 1. THAI KICKBOXING STREET SELF-DEFENSE TECHNIQUES

Teaches how to effectively use Muay Thai ring techniques as self-defense against deadly street attacks.

ORDER #FINOT-A.....60 MIN.....ONLY \$49.95

### 2. THAI KICKBOXING TECHNIQUES FOR LAW ENFORCEMENT PERSONNEL

Shows how law enforcement and security personnel can disable and control an opponent with Muay Thai techniques, including defenses against gun and knife attacks.

ORDER #FINOT-B.....90 MIN.....ONLY \$49.95

★ FINOT THAI KICKBOXING SPECIAL! Order both Thai videos by Gerard Finot, and receive a FREE Panther Productions T-Shirt. An \$11.95 value FREE! Send only \$112.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #FINOT-SP 2.

# POWER KARATE 14

## MASTERING

# LIMA LAMA

POLYNESIAN MARTIAL ART STARRING MASTER TED TABURA



INCLUDES MAJOR REQUIREMENTS TO BLACK BELT

## 1. LIMA LAMA FUNDAMENTALS

In this dynamic tape, world renowned karate master Ted Tabura teaches you the rarely seen Polynesian martial art of Lima Lama. A hybrid art which is a combination of the fighting arts of the Polynesian Islands, Kenpo, and Okinawa-Te. Master Tabura personally demonstrates all of the fundamental techniques needed to master this devastating art, including warm-ups, conditioning exercises, stances, blocks, punches, kicks, self-defense techniques, combinations, and much more. This tape includes all requirements for promotion to your first belt rank in Lima Lama. The techniques on this tape will truly expand your martial arts skills and knowledge, regardless of the style you study.

ORDER #LAMA-1.....53 MIN.....ONLY \$49.95

## 2. LIMA LAMA INTERMEDIATE LEVEL TECHNIQUES

Advance to intermediate level as Master Tabura demonstrates all of the intermediate techniques of Lima Lama that are required for promotion to higher belt ranks. The techniques demonstrated include breakfalls, circular blocking techniques, punches, kicking, combinations, throwing techniques, joint locks, training drills, and much more. The techniques presented will greatly expand your martial arts skills and knowledge, regardless of the style you study. A must for everyone.

ORDER #LAMA-2.....46 MIN.....ONLY \$49.95

## 3. LIMA LAMA ADVANCED LEVEL TECHNIQUES

In this challenging video, Master Ted Tabura demonstrates all of the advanced techniques of Lima Lama that are required for promotion to higher belt ranks. Included are over 100 devastating self-defense techniques against one opponent, two opponents, defenses against a knife and a gun, baton techniques, the five katas (forms) of Lima Lama, and much more. This tape will truly expand your martial arts skills and knowledge, regardless of the style you study. A must for all students and instructors.

ORDER #LAMA-3.....60 MIN.....ONLY \$49.95

★ LIMA LAMA SPECIAL! Order all 3 tapes, pay for only 2, get 1 FREE! You save \$50.00! Send only \$112.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #LAMA-SP 3.



# HAPKIDO EXPLOSION

**STARRING MASTER  
FARIBORZ AZHAKH  
5TH DEGREE BLACK BELT**

THESE EXCEPTIONAL VIDEOS HAVE BEEN CONSISTENT BEST SELLERS FOR OVER 5 YEARS. MASTER FARIBORZ AZHAKH, ONE OF HAPKIDO'S MOST RESPECTED INSTRUCTORS, TEACHES YOU ALL OF THE DYNAMIC TECHNIQUES REQUIRED FOR PROMOTION TO BLACK BELT...BEGIN LEARNING THE COMPLETE HAPKIDO SYSTEM BY ORDERING TODAY!



**1. HAPKIDO FUNDAMENTAL TECHNIQUES**  
In this dynamic tape, black belt Hapkido expert Fariborz Azhakh teaches you all of the important fundamental techniques of Hapkido, Korean martial art of self-defense. These techniques are required for promotion to your first belt rank. In an easy-to-follow presentation, Mr. Azhakh demonstrates Hapkido stances, footwork, blocks, punches, kicks, warm-ups, conditioning exercises, breakfalls, training drills, meditation, breathing technique, and much more. This tape is a must before progressing to the more advanced kicking, self-defense, and weapons tapes in Mr. Azhakh's seven tape video series.  
ORDER #HAP-A.....58 MIN.....ONLY \$49.95

**2. HAPKIDO KICKING TECHNIQUES**  
In an easy-to-follow presentation, Mr. Azhakh will dazzle you with his incredible kicking ability as he demonstrates numerous leg kicks, from novice to highly advanced flying and jump kicks. These kicks are required for promotion to higher belt ranks. Some of the kicks shown include: Front power kick, front flying and jump kick, side thrust kick, jump side kick, flying side kick, jump spinning back kick, hook kick, jump hook kick, flying spinning hook kick, roundhouse kick, jump and flying roundhouse kick, jump split scissors kick, combination kicks with the same leg, and much more. Mr. Azhakh also includes a very effective series of stretching exercises.  
ORDER #HAP-B.....57 MIN.....ONLY \$49.95

**3. HAPKIDO SPECIALIZED FORMS**

In this important tape, Mr. Azhakh teaches you the special forms he has developed as part of Hapkido training. These six forms are sets of prearranged blocking, punching, and kicking movements designed as training drills to improve your stances, form, speed, power, rhythm, stamina, endurance, breathing, timing, concentration, footwork, reflexes, and more. They are beautiful movements which are excellent to perform in tournament forms competition. Each form is demonstrated numerous times so you can easily learn each important movement. Also includes realistic applications of each movement against various attackers.  
ORDER #HAP-C.....60 MIN.....ONLY \$49.95

**4. HAPKIDO SELF-DEFENSE TECHNIQUES VOLUME 1**

Learn the fundamental self-defense techniques of Hapkido, Korean martial art. Many of these techniques are required for promotion to higher Hapkido belt ranks. Black Belt Fariborz Azhakh presents numerous easy-to-follow defensive and offensive techniques against wrist grabs, lapel holds, choking, punches, and kicks which are directed to your front, side, and rear. You are introduced to many wrist and elbow joint locks and how to execute them properly. These lifesaving techniques are a must for all martial artists.  
ORDER #HAP-D.....58 MIN.....ONLY \$49.95

**5. HAPKIDO SELF-DEFENSE TECHNIQUES VOLUME 2**

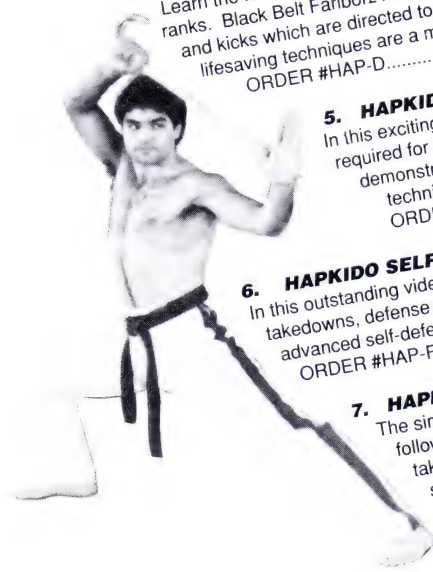
In this exciting tape, Fariborz Azhakh teaches you over 100 devastating intermediate Hapkido self-defense techniques. Many of these are required for promotion to higher belt ranks in the self-defense art of Korean Hapkido. In an easy-to-follow presentation, black belt Azhakh demonstrates numerous techniques against every type of assault. Tape includes many never-before-seen joint blocks and take down techniques. An outstanding addition to your martial arts video library.  
ORDER #HAP-E.....52 MIN.....ONLY \$49.95

**6. HAPKIDO SELF-DEFENSE TECHNIQUES VOLUME 3**

In this outstanding video, Mr. Azhakh demonstrates how to execute numerous advanced flipping, joint locking, choking, kicking, blocking, punching, takedowns, defense against multiple attackers, and defense against weapons, including knives, guns, clubs, and much more. Many of these highly advanced self-defense techniques are required for promotion to higher belt ranks in Hapkido.  
ORDER #HAP-F.....49 MIN.....ONLY \$49.95

**7. HAPKIDO FIGHTING CANE VOLUME 1**

The simple walking cane becomes a highly effective weapon of self-defense as black belt Azhakh demonstrates. Presented in an easy-to-follow format, the cane techniques include: Proper holding of the weapon, cane guards, blocks, strikes, joint-locking techniques, takedowns, choking, hooking, defense against a knife, training drills, and much more. Many of the techniques shown are required for promotion to higher belt ranks in Hapkido. With this tape, you can now add the cane to your martial arts weapon training.  
ORDER #HAP-G.....60 MIN.....ONLY \$49.95



**★ HAPKIDO SPECIAL!** Order all 7 tapes, pay for only 5, get 2 FREE! You save \$100! Send only \$278.00. Price includes shipping within the Continental U.S. All other destinations ADD \$42.00. ORDER # HAP-SP 7



**NEW VIDEO RELEASES  
BY HAPKIDO MASTER  
FARIBORZ AZHAKH**



**1. HAPKIDO CANE  
VOLUME 2**

Due to numerous requests and the popularity of our fundamental cane video by Hapkido Master Fariborz Azhakh, we have produced some of the most advanced cane techniques, including throws, joint locks, takedowns, sweeps, chokes, strikes, and fighting combinations. A great addition to your weapons library.

ORDER #HAP-H.....58 MIN.....ONLY \$49.95

**2. TUMBLING TECHNIQUES  
FOR MARTIAL ARTISTS**

A unique tape that shows how to apply tumbling skills to your martial arts training. Includes excellent gymnastic stretching and conditioning exercises, forward, back, and side rolls, numerous mid-air flipping techniques, and more. Tape will truly challenge your martial arts and athletic abilities. Add excitement to your regular training with this great tape!

ORDER #TUM-A.....43 MIN.....ONLY \$49.95

**RARE MARTIAL ARTS  
FILMS WANTED**

**Panther Productions is interested in acquiring rare film or video footage pertaining to the martial arts. If you are in possession of old Super 8 film or other formats featuring interesting martial arts personalities or events, please write to:**

**Joseph Jennings,  
c/o Panther Productions,  
1010 Calle Negocio,  
San Clemente, CA 92672.  
714 - 498 - 7765  
We look forward to hearing from you.**

**WORLD WRESTLING CHAMPION  
"JUDO" GENE LE BELL'S  
PRO-WRESTLING FINISHING HOLDS**



**SEE WHY BRUCE LEE CONSIDERED  
"JUDO" GENE LE BELL THE BEST IN  
GRAPPLING TECHNIQUES AND WHY  
CHUCK NORRIS RECOGNIZES LE BELL AS  
ONE OF THE TOUGHEST MEN ALIVE.**

**1. PRO-WRESTLING FINISHING  
HOLDS VOLUME 1**

This tape introduces you to the brutal and effective fighting techniques of legend "Judo" Gene Le Bell. Includes numerous ground fighting techniques, chokes, neck strangles, joint locks, and groin stretches. Also features Le Bell fighting 10 men in an attempt to break the current record in the "Guinness Book of Records."

ORDER #PRO-1.....57 MIN.....ONLY \$59.95

**2. PRO-WRESTLING FINISHING  
HOLDS VOLUME 2**

This video features over 40 more brutal techniques from Le Bell which are designed to quickly render your opponent senseless. Some techniques featured include: cobra grip, foot-on-hand wrist bend, thumb crush, party flex, switching elbow lock, outside wrist lock, and foot-on-neck.

ORDER #PRO-2.....55 MIN.....ONLY \$59.95

**3. PRO-WRESTLING FINISHING  
HOLDS VOLUME 3**

Be a deadly in-fighter and grappler with 40 more finishing holds from the Champ. These techniques are not taught in any school, and tape includes many illegal holds. Some featured are the knee and hip crank figure "4" leg lock, standing Indian death lock, inside leg grapevine, biting, and more.

ORDER #PRO-3.....57 MIN.....ONLY \$59.95

**★ PRO-WRESTLING SPECIAL! Order all 3 videos, pay for only 2, get 1 FREE! You save \$59.95! Send only \$131.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #PRO-SP 3.**

**KUNG-FU TRAINING VIDEOS 16  
BY WORLD RENOWNED  
CHINESE**

**KUNG-FU MASTER  
★ ERIC LEE ★**



**1. MASTERING THE KUNG-FU  
BROADSWORD**

In this outstanding tape, Master Lee teaches you full mastery of this beautiful and deadly weapon. Includes correct stances, strikes, blocks, combat techniques against a staff, and a broadsword kata for training and competition.

ORDER #LEE-1.....55 MIN.....ONLY \$49.95

**2. MASTERING A KUNG-FU  
SHAOLIN FORM**

World Forms Champion Eric Lee teaches you an intermediate Shaolin Kung-Fu form. This form will truly challenge your martial arts abilities regardless of your style. Master Lee also includes numerous tips on how to improve your current forms.

ORDER #LEE-2.....59 MIN.....ONLY \$49.95

**3. DYNAMIC TENSION TOTAL  
BODY WORKOUT**

Build speed, power, flexibility, endurance, and muscle with Kung-Fu Master Eric Lee's dynamic daily tension workout routine. This simple and effective workout gets results fast and requires no weights or expensive equipment. Get in the best shape of your life and improve your martial arts techniques by ordering today!

ORDER #LEE-3.....53 MIN.....ONLY \$49.95

**★ ERIC LEE SPECIAL! Order all 3 tapes, pay for only 2, get 1 FREE! Send only \$112.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #LEE-SP 3.**

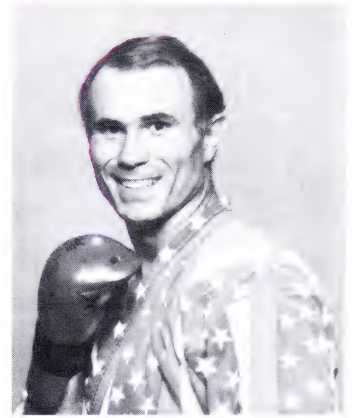


# PANTHER TRAINING VIDEOS BY WORLD

**Dear Friends,**

**"With my exciting new training videos, I can now become your personal instructor 24-hours a day. Follow along as I help you to reach your full martial arts potential by teaching you all the exercise routines, techniques, and philosophy that has made me World Champion. I am very proud to have you as my student."**

*Bill Wallace*



## 1. BILL "SUPERFOOT" WALLACE SUPER STRETCHING & CONDITIONING

Features "Superfoot's" personal stretching and conditioning routines. Followed on a daily basis, they are sure to improve your flexibility by 100%. Each exercise is designed to increase strength, agility, and stamina. At a pace you can easily follow, he starts with basic stretches and gradually advances to splitting routines. If you cannot full split now, you should be able to do so within 3 to 6 months with this super tape. Greater flexibility will improve your sparring, kicks, self-defense, and kata techniques. For beginners, Tape 1 is a recommended prerequisite to tapes 2 and 3. Also shows how to properly use stretching machines.

ORDER #W1 .....57 MIN.....ONLY \$59.95.



## 2. BILL "SUPERFOOT" WALLACE SUPER KICKING TECHNIQUES

"Superfoot's" kicks have been clocked at speeds close to 70 miles per hour. His kicking ability is legendary as opponent after opponent has fallen victim to his deadly left leg. Now martial artists throughout the world have the opportunity to master the Wallace style of kicking with this spectacular tape. Mr. Wallace teaches how to use your legs like hands to reach under, over, and around your opponents' blocks with amazing precision. These dazzling kicks are presented in slow motion so you can perform each movement with precision. BONUS! Also features two great P.K.A. Full-Contact Title Fights: Wallace vs. Echollas and Wallace vs. Navarez.

ORDER #W2 ..... 73 MIN ..... ONLY \$59.95.



## 3. BILL "SUPERFOOT" WALLACE SUPER SPARRING TECHNIQUES & STRATEGY

Mr. Wallace teaches you over 400 offensive and defensive techniques that have brought him over 250 first place wins in tournament point fighting. These techniques are all you will ever need to score points at will on your opponent. Covers proper stances, footwork, speed, power, timing, distance, combinations, faking, and how to set up your opponent. Includes drills designed to build a fighter's endurance and confidence. BONUS! Features Wallace's 1980 P.K.A. Full-Contact Middleweight retirement bout against Robert Biggs.

ORDER #W3.....87 MIN.....ONLY \$59.95



## 4. BILL "SUPERFOOT" WALLACE SELF-DEFENSE SYSTEM

For the first time, you now have the opportunity to learn the Champ's unique self-defense system. These explosive techniques were designed for men, women, and children as a practical means of self-protection against any type of street attack. Mr. Wallace's special teaching method will enable anyone to master each movement in just a matter of hours. Order today and enjoy the self-confidence that comes from being able to defend yourself.

ORDER #W4.....57 MIN.....ONLY \$59.95

**FBI** FBI Warning ALL PANTHER VIDEOS COPYRIGHTED  
Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation Investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
TM & Copyright © by Panther Productions. All Rights Reserved.



# CHAMPION, BILL "SUPERFOOT" WALLACE

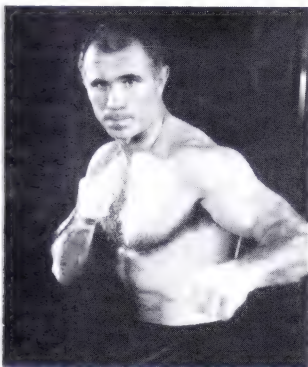


## 5. BILL "SUPERFOOT" WALLACE LIFE STORY OF A KARATE SUPERSTAR

18

Meet karate's greatest champion up close as he candidly talks about his life and career. In this exclusive video interview, Mr. Wallace gives insight into the martial arts world few people see. He talks about his introduction into the martial arts, development of the Wallace kicking style, his greatest fights, training, and what it takes to become a World Champion. An entertaining and motivating experience. A true collector's item.

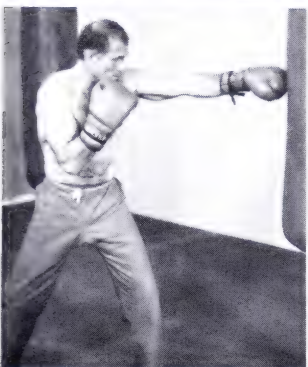
ORDER #W5.....50 MIN.....ONLY \$59.95



## 6. BILL "SUPERFOOT" WALLACE POWER FIGHTING VOLUME 1

"Superfoot" teaches you the fundamental skills needed to become a successful full-contact karate fighter. He carefully demonstrates how to properly execute full-contact stances, footwork, punches, blocks, kicks, training drills, and more. Karate point fighters wishing to graduate to the full-contact ranks are sure to find this tape a valuable training aid.

ORDER #W6.....57 MIN.....ONLY \$59.95



## 7. BILL "SUPERFOOT" WALLACE POWER FIGHTING VOLUME 2

The Champ teaches the intermediate and advanced full-contact karate fighting combinations and ring strategy that have made him undefeated World Middleweight Champion. Taught entirely in a roped ring, you are shown how to set up and control your opponent while delivering offensive or defensive attacks. "Superfoot" also shows the importance of using the ropes to your advantage and the methods of escaping dangerous situations such as being caught in a corner or in a clinch. A highly advanced tape for the serious martial arts fighter.

ORDER #W7.....57 MIN.....ONLY \$59.95



## 8. BILL "SUPERFOOT" WALLACE CHALLENGE MATCH

How would you do against Bill "Superfoot" Wallace in a point sparring match? With this special training video, you will immediately find out! This unique training tape is presented in a way that allows you to square off and spar against "Superfoot" for 60 consecutive minutes. With the Champ as your opponent and coach, the effect is highly realistic and offers an entertaining approach to improve your sparring techniques and fight strategy. Mr. Wallace is eagerly waiting to meet you in the ring.

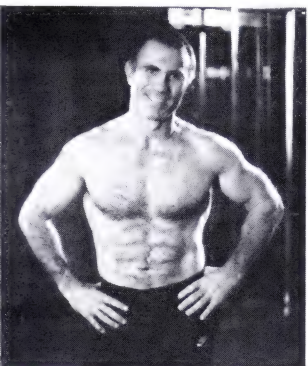
ORDER #W8.....60 MIN.....ONLY \$59.95

## 9. BILL "SUPERFOOT" WALLACE TOTAL BODY WORKOUT

In this valuable tape, the Champ personally teaches you the total body workout routine that has kept him in phenomenal physical condition throughout his prestigious career. Mr. Wallace has carefully designed each exercise to add maximum strength to all major muscle groups, including the back, chest, arms, stomach, legs, and shoulders. The routine requires only three one-hour sessions per week, using a minimum amount of equipment, and can be performed anywhere. With Mr. Wallace as your personal coach, you will immediately notice improved speed, power, stamina, endurance, and flexibility when followed on a regular basis.

Don't hesitate, get in the best shape of your life by ordering today!

ORDER #W9 ..... 48 MIN ..... ONLY \$59.95.



**★ SUPERFOOT SPECIAL!** Order all 9 Bill Wallace videos, pay for only 6, get 3 FREE! You save \$180.00! Send only \$396.00 for complete set. Price includes shipping within the Continental U.S. All other







PANTHER PRODUCTIONS MASTER SERIES  
**WING CHUN KUNG-FU**  
 STARRING CHINESE MASTER AUGUSTINE FONG

**MASTER AUGUSTINE FONG IS ONE OF THE WORLD'S LEADING EXPERTS ON THE WING CHUN SYSTEM. HE BEGAN HIS TRAINING AT AGE 11 UNDER RENOWNED MASTER HO KAM MING, A TOP STUDENT OF GRAND MASTER YIP MAN. IN 1969 HE RELOCATED TO THE UNITED STATES, WHERE HE HAS DEDICATED HIS LIFE TO TEACHING AMERICANS THE TRUE ART OF WING CHUN. MASTER FONG'S KWON IS LOCATED IN TUCSON, ARIZONA, WHERE HE HEADS THE INTERNATIONAL FONG'S WING CHUN KUNG-FU FEDERATION.**



**1. WING CHUN FUNDAMENTALS**

In this tape, Master Augustine Fong presents the fundamental Wing Chun techniques and exercises needed to build a strong foundation. Master Fong personally demonstrates the correct method of executing the techniques, then he demonstrates with a partner to illustrate how the techniques are applied. The basic Wing Chun punches, blocks, kicks, and stances are demonstrated with commentary designed to explain the major points of Wing Chun theory to you.

For the first time on video, Master Fong presents the way to strike the Wing Chun iron palm bag to condition your hands and elbows for fighting. He also demonstrates rarely seen leg blocks, kicks from the ground, and sticky legs exercises. In the final segment of this tape, Master Fong gives a demonstration of the power of Wing Chun's famous 1-inch punch and discloses the more spiritual aspect of Wing Chun by demonstrating chi meditation.

ORDER #WC-A.....60 MIN.....ONLY \$59.95

**2. WING CHUN SIU LIM TAO FORM**

The Siu Lim Tao form is the basis for all other Wing Chun forms. In this tape, Master Augustine Fong demonstrates this all-important first form of the Wing Chun system as well as many of the basic, essential exercises that develop your foundation. He shows you how to use trapping and attacking combinations, the five elbows, the five blocks, and how to apply various techniques of the Siu Lim Tao. First, he performs the form at normal speed using the correct power, then he demonstrates slowly, motion by motion, so that you can follow along. The major ideas of the form are explained so that you will understand the underlying principles of the movements.

ORDER #WC-B.....56 MIN.....ONLY \$59.95

**3. WING CHUN CHUM KIU FORM**

The Wing Chun second form called Chum Kiu, is extremely important because it develops your body unity and knowledge of how to use your forearms (bridge) to control your opponent. In this tape, Master Augustine Fong performs Chum Kiu and demonstrates a number of the Wing Chun partner exercises you should learn at this level. He shows you various ways to execute lop sau, slow attacks, single sticky hands, and applications of Chum Kiu techniques. All of these partner exercises teach you how to trap and control the opponent's attack so that you can counterattack freely. The Chum Kiu level is a stepping stone to the higher levels of Wing Chun.

ORDER #WC-C.....56 MIN.....ONLY \$59.95

**4. WING CHUN BIU GEE FORM**

The Biu Gee form is Wing Chun's most advanced form concealing many hidden and deadly emergency techniques. In this tape, Master Augustine Fong demonstrates the complete Biu Gee form as well as a number of important Wing Chun partner exercises that develop the skills needed for these Biu Gee techniques. Master Fong demonstrates asking hands, single sticky hands, double sticky hands, and the rarely seen blindfolded sticky hands exercises. For the first time on video, Master Fong presents the Wing Chun 3-man exercises which develop your skills of fighting more than one person. Mastering the Biu Gee form is a crucial step in the art of Wing Chun.

ORDER #WC-D.....58 MIN.....ONLY \$59.95

**5. WING CHUN 108 MOK YAN JONG FORM**

Now on video, the complete 108 motions of the Wing Chun wooden dummy form are performed in this informative tape by Master Augustine Fong. The Mok Jong, or wooden dummy, has always been a valuable tool for any serious Wing Chun student. To help you learn how to use the wooden dummy, Master Fong not only presents the form in its entirety, but also shows how various techniques are applied against an opponent. He demonstrates the form in slow motion so that you can learn the movements, then shows how to execute it with full power. To ensure that you develop the correct technique and power, the major principles of using the dummy are explained.

ORDER #WC-E.....58 MIN.....ONLY \$59.95

**6. WING CHUN WEAPONS FORMS**

Wing Chun weapons are not only practical to use, but training with them will further develop your body unity and power. In this tape, Master Augustine Fong demonstrates both the butterfly knives and the six and one-half point pole to show you how to train correctly to increase your power and body unity. He shows applications of blocks and attacks to use against an armed opponent for each of these weapons. Throughout the tape Master Fong points out the major principles you need to understand to use these weapons efficiently.

ORDER #WC-F.....58 MIN.....ONLY \$59.95

**7. WING CHUN SPARRING TECHNIQUES**

Sticking and feeling exercises, such as chi sau, are the heart of Wing Chun training. In this tape, Master Augustine Fong presents a dynamic exhibition of the fundamental sticking exercises in the Wing Chun system. He demonstrates asking hands, regaining the line, sparring in single sticky hands, double sticky legs, and sticky hands. He also shows attacks in sticky hands and legs, flowing techniques in the air, and closing the gap.

In the final segment of this tape, Master Fong demonstrates free sparring to show how his techniques flow out naturally in response to his opponent's actions. Because sticking and feeling exercises are such a major part of Wing Chun training, this tape is essential for any student interested in Wing Chun.

ORDER #WC-G.....60 MIN.....ONLY \$59.95

**8. WING CHUN HISTORY AND TRADITIONS**

In this tape, Master Augustine Fong answers commonly asked questions that students have about Wing Chun history, theories, and application of Wing Chun techniques to real-life situations. He describes how the Wing Chun system originated, explains the different systems of Wing Chun, and outlines his family tree from Ng Mui down. Master Fong discusses Wing Chun's three hand forms and the famous wooden dummy. He explains the levels of Wing Chun and how internal and external development fit together.

ORDER #WC-H.....52 MIN.....ONLY \$59.95



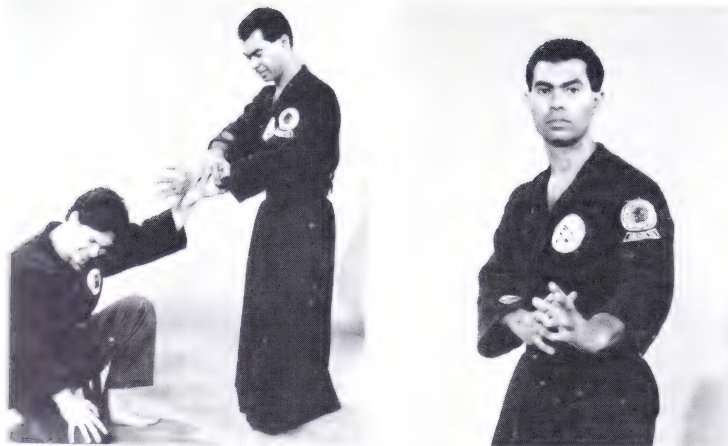
**★WING CHUN SPECIAL! Order all 8 tapes, pay for only 6, get 2 FREE! You save \$120! Send only \$392.00. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER #WC-SP 8.**



FROM JAPAN: MASTERING AUTHENTIC

# AIKIJUJUTSU

STARRING RENOWNED MASTER MIGUEL IBARRA



**LEARN THE ANCIENT JOINT LOCKING AND THROWING TECHNIQUES OF JAPAN'S WARRIOR MARTIAL ART. ★ INCLUDES ALL REQUIREMENTS TO BLACK BELT★**

**1. AIKIJUJUTSU WARM-UP AND CONDITIONING EXERCISES**

In this dynamic tape, renowned Aikijujutsu Master Miguel Ibarra personally teaches you the proper stretching, warm-up, and conditioning exercises needed to master this explosive martial art. These exercises are a must to avoid injuries and master the more advanced techniques of Aikijujutsu. All martial artists will benefit from the exercises presented.  
ORDER #AIKI-1.....40 MIN.....ONLY \$49.95

**2. AIKIJUJUTSU FUNDAMENTAL TECHNIQUES (FOR WHITE TO GREEN BELT)**

This video teaches you the fundamental wrist and joint locks of this ancient Japanese martial art. This valuable tape is the basis for all future techniques and combinations of Aikijujutsu self-defense movements. Learn the fighting techniques of the samurai warriors by starting today! All techniques shown are required for white to green belt levels in Aikijujutsu.  
ORDER #AIKI-2.....45 MIN.....ONLY \$49.95

**3. AIKIJUJUTSU INTERMEDIATE TECHNIQUES (FOR BROWN BELT)**

In this exceptional tape, renowned Aikijujutsu Master Miguel Ibarra personally teaches you the techniques required to obtain the brown belt level in Aikijujutsu. Included are: Kote Gaeshi, Hansetsu Waza, Shio Nage, Projections, and Irimi Nage. These powerful fighting and self-defense skills bring you to the intermediate level of Aikijujutsu techniques. The numerous joint and wrist locks will add greatly to your self-defense abilities.  
ORDER #AIKI-3.....55 MIN.....ONLY \$49.95

**4. AIKIJUJUTSU ADVANCED TECHNIQUES (FOR BLACK BELT)**

Learn the highly advanced joint locks and throwing techniques required for promotion to black belt in this deadly Japanese martial art. You will marvel at the dynamic techniques presented as Master Ibarra sends his opponent flying through the air with explosive precision.  
ORDER #AIKI-4.....50 MIN.....ONLY \$49.95

**5. AIKIJUJUTSU STREET SELF-DEFENSE VOLUME 1**

This lesson teaches you how to use the ancient Japanese art of Aikijujutsu against virtually every type of street attack known. You will learn how to quickly throw, strike, and apply joint locks to the nerves and joints of your attacker, inflicting excruciating pain. The techniques show how to lock up an assailant so you can totally control his aggression and render him unconscious if needed. A must for everyone's self-defense arsenal.  
ORDER #AIKI-5.....40 MIN.....ONLY \$49.95

**6. AIKIJUJUTSU STREET SELF-DEFENSE VOLUME 2**

In this dynamic tape, Master Miguel Ibarra shows how to disarm and defeat a knife-, gun-, or club-wielding assailant. The valuable techniques show how to control your opponent and ways of using an opponent's weapon against himself. The techniques are demonstrated just as they would happen on the street. Techniques on this tape could easily give you the advantage if ever confronted by a weapon wielding attacker.  
ORDER #AIKI-6.....32 MIN.....ONLY \$49.95

**7. AIKIJUJUTSU HISTORY AND TRADITIONS**

Master Miguel Ibarra provides you with great insight into the historic origins of this ancient Japanese martial art. This interview is a must for all martial artists.  
ORDER #AIKI-7.....60 MIN.....ONLY \$49.95

**★ AIKIJUJUTSU SPECIAL!** Order all 7 tapes, pay for only 5, get 2 FREE! You save \$100! Send only \$278.00. Price includes shipping within the Continental U.S. All other destinations ADD \$42.00. ORDER #AIKI-SP 7

FROM BRAZIL: MASTERING AUTHENTIC

# CAPOEIRA

20

LEARN THE EXOTIC AND DEADLY MARTIAL ART OF BRAZIL STARRING RENOWNED BRAZILIAN MASTERS NILSON REIS AND JOSELITO SANTOS



**CAPOEIRA VIDEOS INCLUDE ALL REQUIREMENTS TO MASTER LEVEL**

**1. CAPOEIRA TRAINING AND CONDITIONING EXERCISES**

Brazilian Masters Nilson Reis and Joselito Santos personally teach you the unique warm-up, stretching, and conditioning exercises of this exotic Brazilian martial art. By following these workout routines, you will get into the best shape of your life. Improve your strength, flexibility, and endurance. Start today!  
ORDER #CAP-1.....40 MIN.....ONLY \$49.95

**2. CAPOEIRA FUNDAMENTAL TECHNIQUES**

Learn the fundamental techniques needed to master the exotic and deadly art of Capoeira. Techniques shown include proper stances, footwork, kicks, blocks, punches, and more. This tape will give you a strong foundation for going on to the more advanced techniques of Capoeira.  
ORDER #CAP-2.....40 MIN.....ONLY \$49.95

**3. CAPOEIRA INTERMEDIATE TECHNIQUES**

This tape includes Capoeira's effective foot sweeps, deceptive kicking tactics, ways of controlling your opponent, and much more. All techniques shown are required for black belt level in Capoeira.  
ORDER #CAP-3.....55 MIN.....ONLY \$49.95

**4. CAPOEIRA ADVANCED TECHNIQUES**

With this video you will learn the highly advanced and intricate fighting and kicking skills of the ancient Capoeira warriors. The techniques shown are required for black belt level in Capoeira.  
ORDER #CAP-4.....60 MIN.....ONLY \$49.95

**5. CAPOEIRA UNGALA GROUND FIGHTING**

These deadly and secret techniques were developed on the slave ships which traveled from Africa to Brazil. When applied as self-defense techniques in today's society, they are quite effective in taking your opponent down and OUT.  
ORDER #CAP-5.....60 MIN.....ONLY \$49.95

**6. CAPOEIRA STREET SELF-DEFENSE**

The Capoeira techniques shown on this tape will enable you to evade, control, and take out your opponent before he knows what hit him. A must for your self-defense training.  
ORDER #CAP-6.....55 MIN.....ONLY \$49.95

**7. CAPOEIRA TRADITIONAL FORMS**

These movements are required for achieving black belt level in this exotic Brazilian martial art. By performing them on a regular basis, you are sure to greatly improve your strength, flexibility, coordination, endurance, reflexes, and agility. A must for all martial artists, regardless of their style.  
ORDER #CAP-7.....45 MIN.....ONLY \$49.95

**8. CAPOEIRA HISTORY AND TRADITIONS**

Masters Nilson Reis and Joselito Santos explain how Capoeira was first developed as a fighting art by slaves being transported on ships from Africa to Brazil. They also explain how Capoeira is taught throughout the world today. A must for all martial arts collectors.  
ORDER #CAP-8.....55 MIN.....ONLY \$49.95

**★ CAPOEIRA SPECIAL!** Order all 8 Capoeira videos, pay for only 5, get 3 FREE! You save \$150! Send only \$282.00. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER #CAP-SP 8





# FROM THE ISLAND OF OKINAWA MASTERING TRADITIONAL **ISSHIN RYU KARATE-DO**

STARRING WORLD RENOWNED OKINAWAN MASTER

## **ANGI UEZU 8TH DAN**

**THIS DYNAMIC 10-TAPE SERIES INCLUDES ALL BELT REQUIREMENTS FROM WHITE BELT TO 3RD DEGREE BLACK BELT. YOU NOW HAVE THE OPPORTUNITY TO STUDY WITH ONE OF THE WORLD'S GREATEST LIVING KARATE MASTERS! MASTER UEZU'S SKILLS WILL TRULY AMAZE YOU.**

### **1. ISSHIN RYU KARATE FUNDAMENTAL TECHNIQUES**

In this dynamic tape world renowned Isshin Ryu Karate Master Angi Uezu teaches you all of the fundamental Isshin Ryu blocks, punches, kicks, stances, protocol, stretching, conditioning exercises, training drills, and more. This tape includes many of the requirements for your first belt and gives you the foundation for progressing to the more advanced kata, sparring, self-defense, and weapons tapes in Master Uezu's video series.  
ORDER #ISHIN-A.....60 MIN.....ONLY \$49.95

### **2. ISSHIN RYU KARATE KATAS VOLUME 1**

In this lesson, Master Angi Uezu teaches you the following Isshin Ryu katas, which are required for promotion to higher belt ranks. They include: Seisan, Seiunchin, and Naihanchi. Each kata is done numerous times so that you can master each important movement. Tape also includes each kata's history and realistic application of movements against various attackers.  
ORDER #ISHIN-B.....56 MIN.....ONLY \$49.95

### **3. ISSHIN RYU KARATE KATAS VOLUME 2**

In Volume 2, Master Angi Uezu teaches you the following Isshin Ryu katas which are required for promotion to higher belt ranks. They include: Wansu, Chinto, and Sanchin. Each kata is done numerous times so you can master each important movement. This tape also includes each kata's history and realistic application of movements against various attackers.  
ORDER #ISHIN-C.....58 MIN.....ONLY \$49.95

### **4. ISSHIN RYU KARATE KATAS VOLUME 3**

Master Angi Uezu teaches you the following Isshin Ryu Katas in Volume 3, which are required for higher belt promotions. Included are: Kusanku and Sunsu. Each kata is performed numerous times so that you can master each important movement. You will also learn each kata's history and realistic application of movements against various attackers.  
ORDER #ISHIN-D.....60 MIN.....ONLY \$49.95

### **5. ISSHIN RYU KARATE TRADITIONAL BO (STAFF) KATAS**

Learn the Isshin Ryu Bo katas and Bo techniques which are required for promotion to higher belt ranks. Master Uezu expertly demonstrates these katas: Tokumine-Bo, Urashi-Bo, Shishi-No-Kun-No-Dai, and Bo-Bo Kumite. Each kata is performed numerous times, allowing you to carefully observe and master each important movement. This tape also includes the history of each kata and realistic application of movements against various attackers.  
ORDER #ISHIN-E.....48 MIN.....ONLY \$49.95



### **6. ISSHIN RYU KARATE TRADITIONAL SAI KATAS**

In this exciting tape, Master Angi Uezu teaches you all of the Sai katas and fundamental Sai techniques which are required for promotion to higher belt ranks. The following katas are demonstrated numerous times from various angles: Kusanku-Sai, Chatanyara-Sai, and Bo-Sai Kumite. With regular practice you will be able to master each important movement. Also presented are realistic application of movements against various attackers and the history of each kata.  
ORDER #ISHIN-F.....59 MIN.....ONLY \$49.95

### **7. ISSHIN RYU KARATE SPARRING TECHNIQUES**

Learn over 100 Isshin Ryu sparring techniques that are used in Okinawan tournaments. Master Uezu covers footwork, timing, rhythm, distancing, speed, power, faking, winning hand and foot combinations, sparring matches, and much more. Many of the techniques shown have not been seen by American fighters. This tape is a must for all tournament fighters no matter what style you study.  
ORDER #ISHIN-G.....52 MIN.....ONLY \$49.95

### **8. ISSHIN RYU KARATE SELF-DEFENSE VOLUME 1**

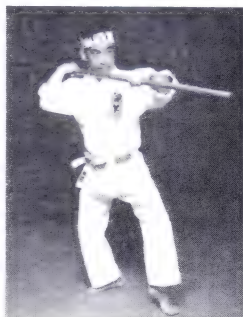
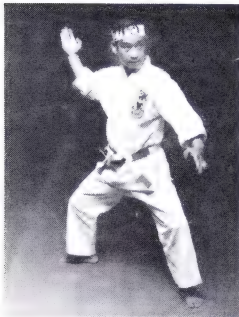
Join Master Uezu in this video as he teaches you over 100 lifesaving self-defense techniques. Master Uezu demonstrates how to defend and counter against wrist-holds, chokes, lapel grabs, headlocks, punches, kicks, and much more. This tape is a must for all martial artists.  
ORDER #ISHIN-H.....48 MIN.....ONLY \$49.95

### **9. ISSHIN RYU KARATE SELF-DEFENSE VOLUME 2**

A dynamic continuation of the self-defense techniques learned in Volume 1, Master Uezu moves on to numerous advanced self-defense techniques that have been developed over hundreds of years in Okinawa. They include takedowns, ground fighting, defending against weapons such as knife, gun, and club, how to take care of multiple attackers, and much more. Master Uezu's devastating speed and power will truly amaze you. A must for all martial artists.  
ORDER #ISHIN-I.....53 MIN.....ONLY \$49.95

### **10. ISSHIN RYU KARATE HISTORY, CONCEPTS, AND PHILOSOPHY**

In this motivating tape, Isshin Ryu Okinawan Karate Master, Angi Uezu gives great insight into the history and traditions of the Isshin Ryu style. In an exclusive 1987 interview with Joseph Jennings, Master Uezu candidly talks about his life, the true meaning of the martial arts, what it takes to become a black belt, the symbolic meaning of the Isshin Ryu patch, training, differences between American and Okinawan martial artists, the history of Master Tatsuo Shimabuku, Isshin Ryu's founder, and much more. This tape is a true collector's item for every martial artist.  
ORDER #ISHIN-J.....58 MIN.....ONLY \$49.95



**★ ISSHIN RYU SPECIAL!** Order all 10 Isshin Ryu tapes, pay for only 7, get 3 FREE! You save \$150! Send only \$389.00. Price includes shipping within the Continental U.S. All other destinations add \$60.00. ORDER #ISHIN-SP 10.



MASTERING THE DEADLY FILIPINO

# BALISONG

BUTTERFLY KNIFE  
OF SELF-DEFENSE

STARRING BALISONG EXPERTS  
SCOTT BRENNAN  
AND DAVE MILLER



### 1. BALISONG FUNDAMENTALS

In this dynamic tape, Filipino Balisong experts Scott Brennan and David Miller teach you the fundamental techniques of the deadly Filipino butterfly knife (Balisong). In an easy-to-follow presentation, they carefully demonstrate all of the basic techniques needed to master this unique weapon, including history, choosing the proper weapon, holding the knife correctly, stances, footwork, guards, slashes, stabs, strikes, blocks, disarms, flipping, self-defense techniques, combinations, wrist training exercises, knife fighting drills, and much more. This valuable tape immediately puts you on the road to mastering the fighting knife of the Philippines.

ORDER #SONG-1.....61 MIN.....ONLY \$29.95

### 2. BALISONG INTERMEDIATE TECHNIQUES AND FIGHTING SKILLS

Filipino Balisong experts Scott Brennan and David Miller highly recommend that you first master their Volume 1 Balisong Fundamentals tape before progressing to this lesson. The second video in this series moves you to intermediate level flipping, striking, blocking, disarming, combinations, training drills, self-defense techniques, and much more. All techniques are presented in easy-to-follow demonstrations.

ORDER #SONG-2.....53 MIN.....ONLY \$29.95

### 3. BALISONG ADVANCED TECHNIQUES AND FIGHTING SKILLS

In the final video of this explosive series, Scott Brennan and David Miller teach you the highly advanced techniques of the impressive and deadly butterfly knife. In an easy-to-follow presentation, Brennan and Miller demonstrate hundreds of advanced techniques, including flipping, strikes, blocks, how to work two Balisongs at the same time, realistic knife fighting against another Balisong opponent, disarms, takedowns, training techniques, and much more. The artists recommend mastering their prior two videos, Volume 1 Fundamentals, and Volume 2 Intermediate Techniques, before attempting the techniques on this advanced tape.

ORDER #SONG-3.....44 MIN.....ONLY \$29.95

**★ BALISONG SPECIAL!** Order all 3 tapes, pay for only 2, get one FREE! You save \$29.95! Send only \$72.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER # SONG-SP 3

# MASTERING AUTHENTIC KAJUKENBO

KARATE SYSTEM  
STARRING RENOWNED BLACK BELT  
GARY FORBACH



MASTER  
ADRIANO EMPERADO

*Recognized as one of the world's most effective and powerful self-defense arts, this dynamic series includes all requirements for achieving a black belt in Kajukenbo. All videos are personally endorsed by Master Adriano Emperado, founder of Kajukenbo. Presented by one of Master Emperado's top black belts, Sifu Gary Forbach. Learn why Kajukenbo is one of the most feared systems.*

### 1. KAJUKENBO FUNDAMENTALS

This tape teaches you all of the techniques needed to build a strong foundation in the Kajukenbo system, including stances, footwork, blocks, punches, kicks, break-falls, and more.

ORDER #KAJU-A.....57 MIN.....ONLY \$49.95

### 2. KAJUKENBO KATAS VOLUME 1

Learn Pinians numbers one through seven. This video clearly demonstrates the important applications of kata movements against an attacker.

ORDER #KAJU-B.....55 MIN.....ONLY \$49.95

### 3. KAJUKENBO KATAS VOLUME 2

Volume 2 includes Pinians numbers eight through fourteen. Presented from numerous angles, in full speed and slow motion, so that you can master each important movement.

ORDER #KAJU-C.....60 MIN.....ONLY \$49.95

### 4. KAJUKENBO SELF-DEFENSE VOLUME 1

No one will ever be able to put their hands on you once you learn the techniques taught in this tape. Shows how to break any type of hold someone may try to apply. Includes great joint breaks and locks.

ORDER #KAJU-D.....51 MIN.....ONLY \$49.95

### 5. KAJUKENBO SELF-DEFENSE VOLUME 2

Hundreds of techniques are presented which show how to defend against any type of head or body punch. This is a must for all students and instructors wishing to add effective techniques to their martial arts library.

ORDER #KAJU-E.....56 MIN.....ONLY \$49.95

### 6. KAJUKENBO SELF-DEFENSE VOLUME 3

Teaches numerous bond-breaking techniques to apply against any type of club-wielding attacker. Gives great insight into the strategy needed to disarm and subdue a weapon-carrying attacker.

ORDER #KAJU-F.....55 MIN.....ONLY \$49.95

### 7. KAJUKENBO SELF-DEFENSE VOLUME 4

Probably the most effective instruction on knife disarms ever presented. You cannot afford to be without this excellent reference in your video library. The techniques of Master Emperado are now yours.

ORDER #KAJU-G.....55 MIN.....ONLY \$49.95

### 8. KAJUKENBO SPARRING TECHNIQUES

These fierce techniques are designed to dominate your opponent in point fighting competition. Here are practical and effective offensive and defensive combinations you can quickly master.

ORDER #KAJU-H.....55 MIN.....ONLY \$49.95

### 9. KAJUKENBO HISTORY AND TRADITIONS

Exclusive video interview with Kajukenbo founder Master Adriano Emperado. The master fully explains the development of his system, Kajukenbo philosophy, and much more. A true collector's item.

ORDER #KAJU-I.....52 MIN.....ONLY \$49.95

**★ KAJUKENBO SPECIAL!** Order all 9 Kajukenbo tapes, pay for only 6, get 3 FREE! You save \$150! Send only \$336.00. Price includes shipping within the Continental U.S. All other destinations ADD \$54.00. ORDER #KAJU-SP 9

# DYNAMIC NEW RELEASE COMBAT 22 SHOTOKAN

E  
M  
I  
L  
F  
A  
R  
K  
A  
S



*Master Emil Farkas presents the techniques of Shotokan as never seen before. His special approach to teaching shows how to add greater speed, accuracy, and versatility to the traditional Shotokan striking and blocking techniques. Developed over years of research and application, Master Farkas' techniques cut through all wasted movement, giving you practical and explosive combat ability in sparring, self-defense, kata, and basics. These videos will open your eyes to a whole new way of training designed to get results in half the time. A must for all martial artists.*

### 1. COMBAT SHOTOKAN STANCES AND FOOTWORK

ORDER #CBS-1.....54 MIN.....ONLY \$49.95

### 2. COMBAT SHOTOKAN HAND STRIKING TECHNIQUES

ORDER #CBS-2.....50 MIN.....ONLY \$49.95

### 3. COMBAT SHOTOKAN KICKING TECHNIQUES

ORDER #CBS-3.....58 MIN.....ONLY \$49.95

### 4. COMBAT SHOTOKAN BLOCKING TECHNIQUES

ORDER #CBS-4.....55 MIN.....ONLY \$49.95

### 5. COMBAT SHOTOKAN STREET SELF-DEFENSE

ORDER #CBS-5.....56 MIN.....ONLY \$49.95

**★ COMBAT SHOTOKAN SPECIAL!** Order all 5 tapes, pay for only 3, get 2 FREE! You save \$100! Send only \$170.00. Price includes shipping within the Continental U.S. All other destinations ADD \$40.00. ORDER # CBS-SP 5



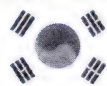


# FROM KOREA, THE WORLD T

## AUTHENTIC W.T.F. TAE KW

### STARRING RENOWNED W.T.F. TAE K

#### W.T.F. OFFICIAL MASTER SANG H



The World Tae Kwon Do Federation is the only Tae Kwon Do organization recognized by the Korean government. This comprehensive presentation of W.T.F. training techniques and forms. Each lesson is personally taught by W.T.F. Master Sang H. Kim, who includes all belt requirements up to 7th degree black belt. Learn the correct way to perform W.T.F. Tae Kwon Do by

#### 1. W.T.F. BASIC STRETCHING AND CONDITIONING

In the first tape of the WTF Tae Kwon Do series, Master Sang H. Kim teaches you his personal basic stretching and conditioning program. Follow along as Master Kim demonstrates over 20 exercises that will completely prepare your mind and body for the increasingly complex movements of Tae Kwon Do. Special emphasis is placed on improving your flexibility, strength, coordination, and endurance. Many of these unique exercises have been brought directly from Korea, the birthplace of Tae Kwon Do, by Master Kim. A great tape for warming up before your workout, or just staying in shape.

ORDER #TKD-1.....40 MIN.....ONLY \$49.95

#### 2. W.T.F. ADVANCED STRETCHING AND CONDITIONING

In this vital tape, Master Sang H. Kim teaches you his advanced stretching and conditioning exercises that will help you realize your full stretching and conditioning potential. Volume 2 builds on exercises introduced in Volume 1 to improve your balance, stamina, speed, reflexes, and your mind and body endurance. This tape is especially recommended as preparation for sparring, and includes exercises and drills used by the world champion Korean Tae Kwon Do fighters.

ORDER #TKD-2.....43 MIN.....ONLY \$49.95

#### 3. W.T.F. STANCES, BLOCKS, PUNCHES

In this dynamic tape, Master Sang H. Kim teaches the complete system of required stances, blocks, and strikes needed for you to progress from white belt to black belt. All blocking and striking techniques are demonstrated at full speed and in slow motion so you can easily follow along. This tape will help you build an important foundation of techniques that will be used for sparring, self-defense, and poomse performance.

ORDER #TKD-3.....50 MIN.....ONLY \$49.95

#### 4. W.T.F. DYNAMIC BASIC KICKS

The kicks of Tae Kwon Do are easy to learn, yet powerful and effective. In this powerful lesson, Master Sang H. Kim teaches you all of the basic kicks of Tae Kwon Do. Beginning with the most fundamental kicks, and advancing to the challenge of spinning and jumping kicks. Master Kim provides detailed explanation and demonstrations of each kick, as well as pointers on target areas and the best kicks to use in self-defense and sparring situations.

ORDER #TKD-4.....41 MIN.....ONLY \$49.95

#### 5. W.T.F. DYNAMIC ADVANCED KICKS

With this exciting tape by Master Sang H. Kim, you will learn all of the advanced kicks of Tae Kwon Do. Master Kim teaches you some of the most powerful, effective, and deadly kicks of the Tae Kwon Do system. Included are double and triple kicks, flying kicks, and multi-directional kicks. Follow along as Master Kim explains and demonstrates each kick with great detail. Each kick is presented with multiple applications for use in sparring or self-defense. This tape presents all required kicks up to 3rd Degree Black Belt, and is most effective when used together with Volume 4: WTF Dynamic Basic Kicks.

ORDER #TKD-5.....48 MIN.....ONLY \$49.95

#### 6. W.T.F. BASIC SELF-DEFENSE

All of the self-defense methods you will learn with this tape are effective, proven techniques that even a beginner can master quickly. Master Sang H. Kim teaches you everything you need to know to defend yourself on the streets. You will learn to defend yourself against armed and unarmed attackers in every imaginable situation. Master Kim also explains his practical self-defense psychology and discusses how to recognize and avoid potentially life-threatening situations.

ORDER #TKD-6.....45 MIN.....ONLY \$49.95

#### 7. W.T.F. ADVANCED SELF-DEFENSE

In this important tape, Master Sang H. Kim teaches you how to defend yourself in the most difficult and seemingly hopeless situations. Follow along as Master Kim teaches you how to defend against armed attackers (including gun and knife attacks), and multiple attackers. You'll also learn how to escape from common attack situations, such as sitting in a restaurant or riding on a bus. Learn over 50 techniques that can save your life. This tape will be most effective when used together with Volume 6: WTF Basic Self-Defense.

ORDER #TKD-7.....47 MIN.....ONLY \$49.95

#### 8. W.T.F. BASIC SPARRING

Learn the basic principles of full-contact Olympic style sparring. WTF Tae Kwon Do Master Sang H. Kim presents over 100 effective attacking and counter-attacking techniques that carried him to more than 200 victories in his 17 years of competing in Korea and abroad. All techniques are demonstrated at full speed and in slow motion, with a variety of sparring applications. This tape will prepare you mentally and physically for full-contact Tae Kwon Do sparring.

ORDER #TKD-8.....40 MIN.....ONLY \$49.95

#### 9. W.T.F. INTERMEDIATE SPARRING

In this dynamic tape, Master Sang H. Kim teaches you intermediate principles of full-contact Tae Kwon Do sparring. Follow along as Master Kim demonstrates how to use intermediate kicks and combinations to score at will against any opponent. Special emphasis is placed on faking, timing, speed, and footwork. All techniques are demonstrated at full speed and in slow motion, with a variety of applications. Learn how to master double and triple kicks and spinning techniques to easily defeat your opponent. Combined with Volume 8, you will learn everything you need to know to win a full-contact Tae Kwon Do sparring event.

ORDER #TKD-9.....42 MIN.....ONLY \$49.95

#### 10. W.T.F. BREAKING TECHNIQUES

This tape is sure to challenge even the most advanced student. In this motivating tape, Master Sang H. Kim teaches you the breaking techniques required to progress from white belt to black belt and beyond. You will begin with the most basic kicks and strikes and progress to spinning and jumping breaks. For the advanced students, Master Kim demonstrates flying, multi-directional, and 360 degree spinning kicks. All techniques are demonstrated in slow motion and at full speed and power, allowing you to easily follow along. Master Kim also tells you his personal method for preparing mentally and physically for breaking.

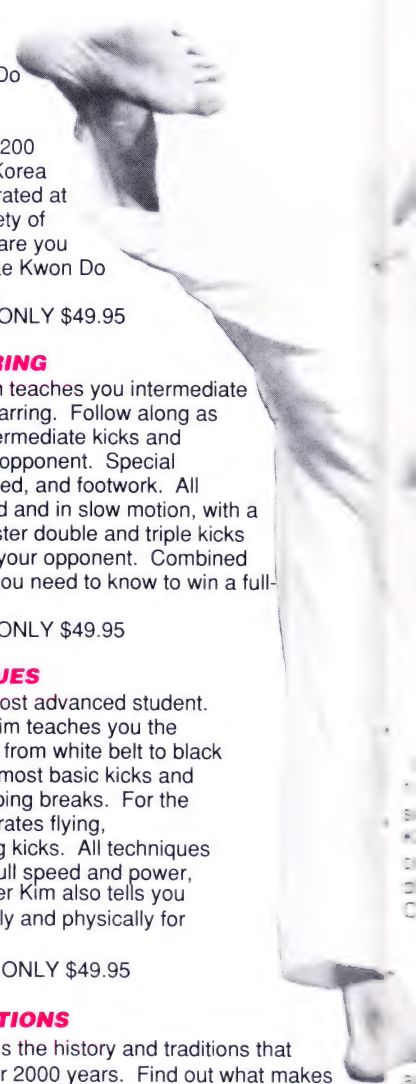
ORDER #TKD-10.....39 MIN.....ONLY \$49.95

#### 11. W.T.F. HISTORY AND TRADITIONS

In this lesson, Master Sang H. Kim reveals the history and traditions that have been a part of Tae Kwon Do for over 2000 years. Find out what makes a great master, and how you can make the most of your Tae Kwon Do training. Learn what it was like to compete and train in Korea before the use of modern protective gear and rules. Master Kim presents the theories behind the movements that make Tae Kwon Do the most effective and practical martial art you can learn. With twenty-seven years of experience in Tae Kwon Do, Master Kim is an expert leader in this system.

On this tape he'll tell you how he came this far, and how you can can follow in this proud tradition.

ORDER #TKD-11.....47 MIN.....ONLY \$49.95



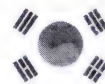


# TAE KWON DO FEDERATION

## WON DO TRAINING VIDEOS

### WON DO MASTER AND OLYMPIC

#### H. KIM 7TH DEGREE BLACK BELT



and Olympic Games Committee. These extraordinary W.T.F. videos have been praised the world over for their Master Sang H. Kim, and is designed to immediately improve your training and teaching skills. The complete series is being today! Master Kim's outstanding abilities will truly inspire and amaze you.

#### 12. W.T.F. POOMSE VOLUME 1 (FORMS)

Join Master Sang H. Kim as he teaches you the first three Tae Geuk forms. Learn Poomse Tae Geuk Il Chang, Poomse Tae Geuk Yi Chang, and Poomse Tae Geuk Sam Chang, required for all belts up to and including green belt. Each form is demonstrated several times from different angles so that you can perfect each movement. This tape also includes the meaning of Tae Geuk and the individual forms and realistic applications against multiple attackers. Master Kim also gives you advice on how to improve your competition poomse performance.

ORDER #TKD-12  
46 MIN.....ONLY \$49.95

#### 13. W.T.F. POOMSE VOLUME 2 (FORMS)

Master Kim continues his advice on ways to improve your competition performance, and instructs you in three Tae Geuk forms. Learn Poomse Tae Geuk Sa Chang, Poomse Tae Geuk Oh Chang, and Poomse Tae Geuk Yuk Chang, required to attain blue belt. Each form is demonstrated several times from various angles, so you can perfect each movement. This tape also includes the meaning of Tae Geuk and the individual forms and realistic applications against multiple attackers.

ORDER #TKD-13  
50 MIN.....ONLY \$49.95

#### 14. W.T.F. POOMSE VOLUME 3 (FORMS)

In this dynamic tape, Master Sang H. Kim teaches you Tae Geuk numbers seven and eight. Learn Poomse Tae Geuk Chil Chang and Poomse Tae Geuk Pal Chang required for red belt. Each form is demonstrated several times from different angles so that you can perfect each movement with precision. This tape also includes the meaning of Tae Geuk and the individual forms and realistic applications against multiple attackers. With Master

Kim's direction, you will continue to improve your competition poomse performance. Poomse Tae Geuk Pal Chang is the highest form that you need to master to apply for 1st Dan Black Belt.

ORDER #TKD-14.....41 MIN.....ONLY \$49.95

#### 15. W.T.F. KORYO POOMSE (BLACK BELT FORM)

In this video, Master Sang H. Kim teaches you Poomse Koryo, as required for 1st Dan Black Belt. The form is demonstrated several times from different angles so that you can perfect each movement. You will also learn the meaning of Koryo, and witness realistic applications against multiple attackers. Your competition poomse performance continues to improve with Master Kim's expert direction.

ORDER #TKD-15.....46 MIN.....ONLY \$49.95

#### 16. W.T.F. KEUM GANG POOMSE (BLACK BELT FORM)

Your competition poomse performance continues to advance as Master Kim teaches you Poomse Keum Gang. Poomse Keum Gang is required for 2nd Dan Black Belt. This form is demonstrated several times from various angles so that you can follow along and perfect each movement. This tape also includes the meaning of Keum Gang and realistic applications against multiple attackers.

ORDER #TKD-16.....38 MIN.....ONLY \$49.95

#### 17. W.T.F. TAE BAEK POOMSE (BLACK BELT FORM)

Learn the true meaning of Tae Baek and witness realistic applications against multiple attackers. With great precision, Master Sang H. Kim demonstrates Poomse Tae Baek. Poomse Tae Baek is required for 3rd Dan Black Belt. Practice with Master Kim by executing each movement from different angles. You will quickly become proficient in Tae Baek Poomse and your competition poomse performance will improve.

ORDER #TKD-17.....44 MIN.....ONLY \$49.95

#### 18. W.T.F. PYONG WON POOMSE (BLACK BELT FORM)

In this dynamic tape, Master Sang H. Kim teaches you Poomse Pyong Won. Poomse Pyong Won is required for 4th Dan Black Belt. Learn the meaning of Pyong Won while viewing realistic applications against multiple attackers. As with all techniques, this form is demonstrated several times from different angles allowing you to perfect each movement. As you progress through the various poomse videos, your competition poomse performance continues to improve.

ORDER #TKD-18.....38 MIN.....ONLY \$49.95

#### 19. W.T.F. SIP JIN POOMSE (BLACK BELT FORM)

Poomse Sip Jin is required for 5th Dan Black Belt. Join WTF Tae Kwon Do Master Sang H. Kim as he teaches you Poomse Sip Jin. Presented several times from numerous angles, you will quickly understand and perfect each movement. Learn the essential meaning of Sip Jin as you view realistic applications against multiple attackers. Mastering Sip Jin Poomse is another vital step to improving your competition poomse performance.

ORDER #TKD-19.....48 MIN.....ONLY \$49.95

#### 20. W.T.F. JI TAE POOMSE (BLACK BELT FORM)

Presented several times from different angles, Master Sang H. Kim teaches you Poomse Ji Tae. Poomse Ji Tae is required for 5th Dan Black Belt. This tape also includes the meaning of Ji Tae and realistic applications against multiple attackers. Master Kim continues his advice on how to improve your competition poomse performance.

ORDER #TKD-20.....43 MIN.....ONLY \$49.95

#### 21. W.T.F. CHEON KWON POOMSE (BLACK BELT FORM)

In this challenging tape, Master Sang H. Kim teaches you Poomse Cheon Kwon. Poomse Cheon Kwon is required for 6th Dan Black Belt. The form is demonstrated several times from different angles so that you can perfect each movement. This tape also includes the meaning of Cheon Kwon and realistic applications against multiple attackers. Master Kim gives you advice on how to improve your competition poomse performance.

ORDER #TKD-21.....48 MIN.....ONLY \$49.95

#### 22. W.T.F. HAN SOO POOMSE (BLACK BELT FORM)

In this dynamic tape, WTF Tae Kwon Do Master Sang H. Kim teaches you Poomse Han Soo. Poomse Han Soo is demonstrated several times from different angles, so you can perfect each movement. Poomse Han Soo is required for reaching 6th Dan Black Belt. Learn the true meaning of Han Soo and view realistic applications against multiple attackers. By now you should have attained a high degree of excellence in your competition poomse performance.

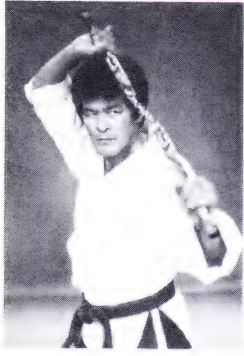
ORDER #TKD-22.....43 MIN.....ONLY \$49.95

★ **W.T.F. TAE KWON DO SPECIAL!** Order all 22 tapes, pay for only 15, get 7 FREE! You save \$350.00! Send only \$837.00 for complete set. Price includes shipping within the Continental U.S. All other destinations ADD \$88.00 Order #TKD-SP 22.

★ USE ENCLOSED ORDER FORM OR WITH CREDIT CARD ORDER CALL TOLL FREE 1-800-332-4442 ANYTIME 24 HOURS A DAY. ★



**25 DYNAMIC FIGHTING SYSTEM AND WEAPONS OF MASTER TADASHI YAMASHITA**



**1. MASTER YAMASHITA FIGHTING TECHNIQUES VOL. 1**

World renowned Shorin Ryu master Tadashi Yamashita teaches you the fundamental techniques and theories of his devastating karate fighting style. Includes his seven secret points for achieving ultimate karate speed, power, and accuracy.

ORDER #YA.....56 MIN.....ONLY \$59.95

**2. MASTER YAMASHITA FIGHTING TECHNIQUES VOL. 2**

Master Yamashita teaches his complex fighting combinations that emphasize the hard and soft philosophy of Shorin Ryu. His complex combinations are a series of blocks and strikes designed to hit your attacker with blinding speed from various angles. Also includes a death-defying demonstration of the samurai sword.

ORDER #YB.....58 MIN.....ONLY \$59.95

**3. MASTER YAMASHITA NUNCHAKU TECHNIQUES VOL. 1**

Master Yamashita teaches you all of the fundamental techniques needed to master the Okinawan Nunchakus. He takes you through basic stances, blocks, strikes, flipping, catching, warm-ups, training drills, self-defense, and more. A must for all serious weapons students.

ORDER #YC.....60 MIN.....ONLY \$59.95

**4. MASTER YAMASHITA NUNCHAKU TECHNIQUES VOL. 2**

Master Yamashita will dazzle you as he teaches over 100 Nunchaku fighting techniques. They include wrist rolling, flipping, double Nunchakus, rapid-fire combinations, special training drills, Nunchaku against Nunchaku Kumite, joint locks, takedowns, choke holds, and more.

ORDER #YD.....60 MIN.....ONLY \$59.95

**5. MASTER YAMASHITA BO TECHNIQUES**

Master Yamashita teaches you the basic, intermediate, and advanced blocks, strikes, and fighting combinations of the traditional Okinawan Bo (6' staff). He includes classical Okinawan Bo katas which will enhance your weapons skills and mastery of this ancient fighting weapon.

ORDER #YE.....59 MIN.....ONLY \$59.95

**6. MASTER YAMASHITA KAMA TECHNIQUES**

Recognized as the world's leading Kama expert, Master Yamashita holds back nothing as he teaches you all of his secret techniques needed to master this deadly and versatile weapon, from basic to highly advanced combinations.

ORDER #YF.....57 MIN.....ONLY \$59.95

**\*YAMASHITA SPECIAL!** Order all 6 tapes, pay for only 4, get 2 FREE! You save \$120! Send only \$264.00. Price includes shipping within the Continental U.S. All other destinations ADD \$36.00. ORDER #YA-SP 6.

**AMAZING PRESENTATION MASTERING AUTHENTIC MONKEY KUNG-FU STARRING RENOWNED MASTER PAULIE ZINK**



**1. MONKEY KUNG-FU FUNDAMENTALS**

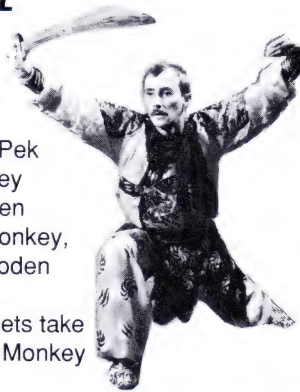
America's "Monkey King," Paulie Zink, presents one of the most unusual and advanced martial arts systems ever developed. Master Zink teaches you this exotic and ancient Chinese art whose unorthodox and deceptive techniques are as unstoppable as they are strange to behold. Includes history, Master Zink's incredible flexibility exercises, conditioning, self-defense, weaponry, and more. You will truly be amazed at what you see.

ORDER #Z-A.....104 MIN.....ONLY \$89.95

**2. MONKEY KUNG-FU CLASSICAL MONKEY FORMS**

Teaches you five distinct Monkey sets of Tai Shing Pek Swar system. They include the Drunken Monkey, Stone Monkey, Lost Monkey, Wooden Monkey, and Tall Monkey. These sets take you deep into the Monkey system.

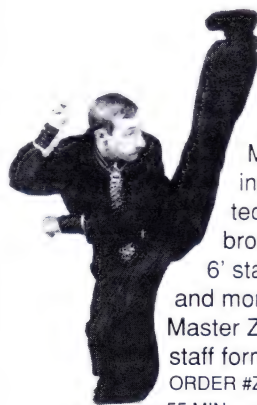
ORDER #Z-B 55 MIN.....ONLY \$59.95



**3. MONKEY KUNG-FU WEAPONRY**

Master Zink teaches you the numerous Monkey weapons, including the fighting techniques of the broadsword, palm spears, 6' staff, exotic iron circle, and more. Also includes Master Zink's award winning staff form.

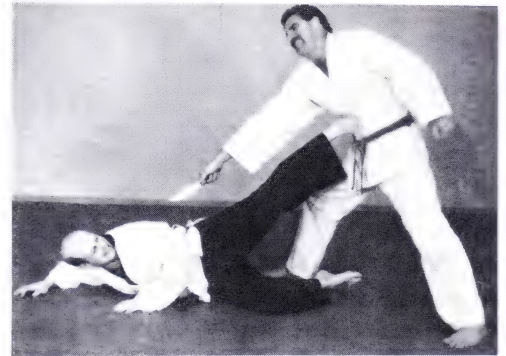
ORDER #Z-C 55 MIN.....ONLY \$59.95



**\* MONKEY KUNG-FU SPECIAL!** Order all 3 tapes, get any other tape in Panther's catalog FREE! Send only \$226.00. Price includes shipping in the Continental U.S. All other destinations ADD \$32.00. ORDER # Z-SP 3

**MASTERING FLOOR FIGHTING**

STARRING ARTHUR COHEN 6TH DAN



**1. FLOOR FIGHTING VOLUME 1**

In this dynamic tape, world Floor Fighting expert Arthur Cohen, 6th Dan, opens your eyes to effective ways of defending yourself if knocked to the ground. In expert detail, he shows the proper execution of blocks, punches, kicks, and body maneuvering while on the ground. You will soon discover that being on the ground is not a disadvantage with the aid of this valuable tape. Great for instructors who want to add effective Floor Fighting techniques to their self-defense classes.

ORDER #FF-1.....43 MIN.....ONLY \$49.95

**2. FLOOR FIGHTING VOLUME 2**

World Floor Fighting expert Arthur Cohen, 6th Dan, teaches you numerous advanced ground fighting techniques and strategies against a variety of assaults, including one, two, or three attackers, and defense against weapons such as guns or clubs. He also includes takedowns, and Floor Fighting techniques that can be used in tournament point fighting. A must for everyone wishing to expand their knowledge of martial arts fighting.

ORDER #FF-2.....50 MIN.....ONLY \$49.95

**\*FLOOR FIGHTING SPECIAL!** Order both Floor Fighting videos, get any other tape valued at \$49.95 FREE! You save \$49.95! Send only \$112.00. Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #FF-SP 2.

**KARATE LEGEND MIKE STONE'S "BEYOND TECHNIQUE"**

Go beyond the physical aspects of the martial arts with this exclusive video interview as Mike Stone talks candidly about his life, his rise to international superstardom, his friendship with the late, great Bruce Lee, how fighters can develop a champion's confidence and determination in the ring, the true meaning of tournament point fighting, how to set goals in your training, what it was like doing battle in the rough and tumble days of the 1960's, and achieving the unification of mind and body in your training.



This video is truly a valuable learning experience for all serious martial artists interested in improving the mental aspects of their training. What Mr. Stone has to say will stand for years to come. ORDER #STONE 40 MIN.....ONLY \$29.95





★ **DYNAMIC NEW RELEASE** ★  
**SUGAR RYU JIUJITSU**  
**STARRING RENOWNED MASTER**  
**ROBERT "SUGAR" CROSSON**



**Master Robert "Sugar" Crosson, 8th degree black belt, and founder of Sugar Ryu Jiujiitsu, brings to you over 27 years of martial arts experience teaching his secret concepts and principles that have made him champion and outstanding martial arts technician of self-defense around the world. You will learn and witness Master Crosson's unique ability to put you in great condition with fundamentals, basic to advanced techniques, along with boxing Jiujiitsu self-defense applications. These videos will enhance your ability to take total control of your opponent within seconds on the international streets of the world.**

**1. SUGAR RYU JIUJITSU CONDITIONING EXERCISES**

This video will teach you the same conditioning and training exercises that have helped Master Crosson get into great shape. Various exercises that will help you build stamina, speed, coordination, power, reflexes, balance, and confidence to enhance your martial arts ability.  
 ORDER #SUGAR-1.....50 MIN.....ONLY \$49.95



**2. SUGAR RYU JIUJITSU FUNDAMENTAL TECHNIQUES**

Master Crosson teaches you the basic stances, strikes, and blocks, along with breakfalls and rolls, which are the foundation of Sugar Ryu Jiujiitsu.  
 ORDER #SUGAR-2.....50 MIN.....ONLY \$49.95

**3. SUGAR RYU JIUJITSU SELF-DEFENSE VOLUME 1 BASIC**

This video introduces you to the basic self-defense pressure point target areas, various joint-locking techniques, as applied to the wrist, finger, and elbow, along with takedown techniques against single wrist grabs, two-hand choke, rear choke hold, the laws of survival, bear hugs, lapel grabs, hook punches, and much more.  
 ORDER #SUGAR-3.....47 MIN.....ONLY \$49.95



**4. SUGAR RYU SELF-DEFENSE VOLUME 2 INTERMEDIATE**

This video features numerous techniques at the intermediate level against wrist/lapel grabs, chokes, bear hugs, and while sitting in a chair, etc.  
 ORDER #SUGAR-4.....40 MIN.....ONLY \$49.95

**5. SUGAR RYU JIUJITSU SELF-DEFENSE VOLUME 3 ADVANCED**

Master Crosson teaches you the advanced level of self-defense against knives, clubs, guns, two-man attacks (armed and unarmed), Nunchaku vs. knife, and Kama vs. knife. Techniques that will enable you to take control of your opponent within seconds.  
 ORDER #SUGAR-5.....46 MIN.....ONLY \$49.95



**6. SUGAR RYU JIUJITSU BOXING JIUJITSU TECHNIQUES**

This video highlights boxing drills along with Jiujiitsu self-defense application.  
 ORDER #SUGAR-6.....45 MIN.....ONLY \$49.95

**★SUGAR RYU JIUJITSU SPECIAL! Order all 6 tapes, pay for only 4, get 2 FREE! You save \$100! Send only \$224.00. Price includes shipping within Continental U.S. All other destinations ADD \$36.00. ORDER #SUGAR-SP 6**





# PENCAK SILAT

STARRING  
RENOWNED MASTER  
**WILLIAM SANDERS**

THESE SENSATIONAL VIDEOS  
GIVE YOU GREAT INSIGHT INTO  
THIS RARELY SEEN SELF-  
DEFENSE ART OF INDONESIA.  
AS DEADLY AS IT IS  
BEAUTIFUL TO WATCH.



**INCLUDES ALL REQUIREMENTS TO BLACK BELT**

**1. SILAT FUNDAMENTALS**

In this dynamic tape, world renowned Pencak Silat Pendekar Master William Sanders teaches you the necessary building blocks that all authentic Indonesian martial arts must contain, the Jurus. These upper body precision movements are the master key to the system, and educate the student's body and mind to develop all of the proper applications of hand and elbow strikes, as well as developing the proper mental attitude within the students to enhance his or her complete fighting skills. Also included are the essential stance and body positions.

ORDER #SILAT-1.....50 MIN.....ONLY \$49.95

**2. SILAT SELF-DEFENSE VOLUME 1**

Master Sanders teaches you how to apply the deadly Silat punches, joint kicks, and elbow techniques against various common street attacks including chokes, armlocks, etc. This tape shows practical applications of the Silat fundamentals and is necessary for all students and instructors who wish to progress in the system.

ORDER #SILAT-2.....35 MIN.....ONLY \$49.95

**3. SILAT SELF-DEFENSE VOLUME 2**

This lesson demonstrates how to apply the deadly Silat punches, joint kicks, and elbow techniques against various street attacks. You will learn several defenses against weapons, including knives and gun defenses against both handguns and shotguns.

ORDER #SILAT-3.....35 MIN.....ONLY \$49.95

**4. SILAT SELF-DEFENSE VOLUME 3**

Master Sanders teaches you Pukulan Cimande Pusaka; Pencak Silat's devastating counters to kicks and punches, hand moves and the principle of the flow with continuous hitting. Elbows, knees, foot trapping, and arm and leg breaking are covered. These techniques, which have been developed over hundreds of years of actual combative situations and have proven themselves to be effective, are now available to you for the first time on video. Also covered are the essential concepts of inside and outside sweeps which are a cornerstone of the system.

ORDER #SILAT-4.....47 MIN.....ONLY \$49.95

**5. SILAT GROUND FIGHTING**

This important lesson features the unusual and deadly techniques of Raja Harimau or King Ground Tiger fighting applications. This is a must for all martial artists who want to see how the fighting begins just after you hit the ground. Methods of kicking, moving, striking, and decoying are covered. Complete understanding of the ground techniques are required of all advanced students in Pukulan Cimande Pusaka Pencak Silat.

ORDER #SILAT-5.....46 MIN.....ONLY \$49.95

**6. SILAT SPARRING TECHNIQUES**

Master Sanders teaches the principles that will make you a dynamic fighter. Methods of movement, psychology, evasion, and multiple hitting techniques are shown. Sweeping and follow-ups in sparring situations are covered.

ORDER #SILAT-6.....49 MIN.....ONLY \$49.95

**7. SILAT WEAPON SKILLS**

Join Master Sanders as he teaches the deadly principles of Indonesian knife fighting. Both offensive and defensive techniques are covered in detail. Slashes, thrusts, counters and re-counters are all here. This tape integrates the weapon aspect of the system and could save your life...a MUST.

ORDER #SILAT-7.....35 MIN.....ONLY \$49.95

**8. SILAT FORMS VOLUME 1**

Master William Sanders teaches you the required first three fighting forms of the system. Unlike some systems, these forms are fully utilized in the fighting applications of the system and teach how to use the upper body movements (Jurus) while moving and fighting. Covered in detail are the Monkey, Tiger, and Dragon forms.

ORDER #SILAT-8.....58 MIN.....ONLY \$49.95

**9. SILAT FORMS VOLUME 2**

In this dynamic tape, Master Sanders teaches you the required forms of the Crane and Snake. Unlike some systems, these forms are fully utilized in the fighting applications of the art. Solo form and practical uses against single and multiple attackers are also covered in detail.

ORDER #SILAT-9.....39 MIN.....ONLY \$49.95

**10. SILAT HISTORY AND TRADITIONS**

Renowned Pencak Silat Pendekar Master William Sanders answers your questions on this emerging, deadly martial art. Where did it come from? What are its philosophies? A must for all interested in this premier fighting art.

ORDER #SILAT-10.....40 MIN.....ONLY \$49.95

**★ PENCAK SILAT SPECIAL!** Order all 10 tapes, pay for only 7, get 3 FREE! You save \$150! Send only \$389.00. Price includes shipping within the Continental U.S. All other destinations ADD \$60.00. ORDER # SILAT-SP 10

# JEAN FRENETTE



**THE MOST COMPREHENSIVE VIDEOS ON STRETCHING AND KICKING EVER PRESENTED. BEGIN FULL SPLITTING BY ORDERING TODAY. TRAIN WITH A WORLD CHAMPION!**

**1. ULTIMATE SPLITS AND FLEXIBILITY VOLUME 1**

World Champion Jean Frenette will teach you his revolutionary stretching methods. Improve your flexibility by 100% as you follow Mr. Frenette in the pre-stretching and basic stretching routine. This tape is good for everyone and all sports.

ORDER #FREN-1.....60 MIN.....ONLY \$49.95

**2. ULTIMATE SPLITS AND FLEXIBILITY VOLUME 2**

Each technique is designed to greatly improve your flexibility while increasing your speed and kicking power. A must for all martial artists.

ORDER #FREN-2.....46 MIN.....ONLY \$49.95

**3. ULTIMATE SPLITS AND FLEXIBILITY VOLUME 3**

This is the ultimate stretching tape. The champ teaches you his unbelievable stretching exercises. In this training tape, you should reach your maximum limits of flexibility. Includes numerous splitting exercises.

ORDER #FREN-3.....35 MIN.....ONLY \$49.95

**4. DYNAMIC BASIC KICKS**

Learn proper basic kicking techniques with Jean Frenette's dynamic program. You will improve your balance, focus, power, speed and endurance. With the basics, everything else is easier.

ORDER #FREN-4.....54 MIN.....ONLY \$49.95

**5. DYNAMIC KICKING COMBINATIONS AND JUMP KICKS**

Experience the ultimate kicking combination drills and jump kick workout that made Jean Frenette World Champion.

ORDER #FREN-5.....42 MIN.....ONLY \$49.95

**6. DYNAMIC TOURNAMENT SPARRING TECHNIQUES AND FIGHT STRATEGY**

From this exciting sparring perspective, Jean Frenette will teach you the world's most winning combination of open semi-contact sparring techniques.

ORDER #FREN-6.....41 MIN.....ONLY \$49.95

**7. DYNAMIC TOURNAMENT OPEN AND MUSICAL FORMS**

World Champion Jean Frenette will reveal all of the secrets about open and musical forms. Learn all you need to know about choosing the right music, creative combination, choreography, basics, and much, much more. Also learn Jean Frenette's championship form that made him famous the world over.

ORDER #FREN-7.....40 MIN.....ONLY \$49.95

**8. DYNAMIC TOURNAMENT BO TECHNIQUES AND BO KATA**

World Champion Jean Frenette teaches the basic, intermediate, and advanced blocks, strikes, and fighting combinations of the Bo. Learn the winning creative combinations for Bo forms in the open tournament circuit.

ORDER #FREN-8.....59 MIN.....ONLY \$49.95

**9. WORLD CHAMPION JEAN FRENETTE INTERVIEW**

Meet Jean Frenette up close in this exclusive video interview. Jean Frenette tells about his life and career and how he became World Champion.

ORDER #FREN-9.....45 MIN.....ONLY \$49.95

**★ FRENETTE SPECIAL!** Order all 9 tapes, pay for only 6, get 3 FREE! You save \$150! Send only \$336.00. Price includes shipping within the Continental U.S. All other destinations ADD \$54.00. ORDER #FREN-SP 9.



# FROM CHINA: MASTERING AUTHENTIC HUNG GAR KUNG-FU

## STARRING CHINESE MASTER DAVID LEE

THIS DYNAMIC 18-TAPE  
INSTRUCTIONAL SERIES  
INCLUDES ALL REQUIREMENTS  
TO BLACK SASH.



**SERIES INCLUDES 7  
TRADITIONAL EMPTY HAND  
FORMS AND THE 7 WEAPONS  
FORMS OF HUNG GAR. ALSO  
INCLUDES THE HISTORY BEHIND  
EACH FORM'S DEVELOPMENT.**

**1. HUNG GAR FUNDAMENTALS**  
ORDER #GAR-1  
59 MIN.....ONLY \$49.95

**2. LAU GAR FIST**  
ORDER #GAR-2  
53 MIN.....ONLY \$49.95

**3. HEART PENETRATING PALM**  
ORDER #GAR-3  
55 MIN.....ONLY \$49.95

**4. GUNG GEE FOOK FU KUEN**  
ORDER #GAR-4  
56 MIN.....ONLY \$49.95

**5. BUTTERFLY PALM**  
ORDER #GAR-5  
53 MIN.....ONLY \$49.95

**6. TIGER AND CRANE FORM**  
ORDER #GAR-6  
54 MIN.....ONLY \$49.95

**7. FIVE ANIMALS FORM**  
ORDER #GAR-7  
55 MIN.....ONLY \$49.95

**8. FIVE ANIMALS AND FIVE  
ELEMENTS FORM**  
ORDER #GAR-8  
56 MIN.....ONLY \$49.95

**9. LAU GAR STICK**  
ORDER #GAR-9  
55 MIN.....ONLY \$49.95

**10. EIGHT DIAGRAM STICK**  
ORDER #GAR-10  
56 MIN.....ONLY \$49.95

**11. SINGLE BROADSWORD**  
ORDER #GAR-11  
55 MIN.....ONLY \$49.95

**12. BUTTERFLY KNIVES**  
ORDER #GAR-12  
55 MIN.....ONLY \$49.95

**13. PLUM FLOWER SPEAR**  
ORDER #GAR-13  
52 MIN.....ONLY \$49.95

**14. KWAN-DO 1**  
ORDER #GAR-14  
54 MIN.....ONLY \$49.95

**15. KWAN-DO 2**  
ORDER #GAR-15  
55 MIN.....ONLY \$49.95

**16. HUNG GAR SELF-DEFENSE**  
Over 100 deadly techniques.  
ORDER #GAR-16  
47 MIN.....ONLY \$49.95

**17. HUNG GAR SPARRING**  
Traditional techniques that can be  
used in today's tournaments.  
ORDER #GAR-17  
55 MIN.....ONLY \$49.95

**18. HUNG GAR HISTORY AND  
TRADITIONS**  
ORDER #GAR-18  
49 MIN.....ONLY \$49.95

### **IMPORTANT:**

*IT IS RECOMMENDED  
THAT YOU CONSULT A  
PHYSICIAN BEFORE  
BEGINNING ANY  
EXERCISE PROGRAM*

**★ HUNG GAR SPECIAL!** Order all 18 Hung Gar training videos, pay for only 12, get 6 FREE! You save \$300! Send only \$671.00. Price includes shipping within the Continental U.S. All other destinations ADD \$72.00. ORDER #GAR-SP 18.





### 1. **NINJA COMBAT TACTICS VOLUME 1 FUNDAMENTAL TECHNIQUES**

In this dynamic tape, world renowned Ninjutsu Master Robert Bussey teaches you all of the fundamental techniques needed to learn the mysterious and highly effective martial art of Ninjutsu. These techniques are required for belt promotion to black belt by Master Bussey at his International Ninjutsu Training Center in Omaha, Nebraska. The techniques taught include Ninjutsu stances, warm-ups, stretching, conditioning, body toughening exercises, kicks, punches, various hand weapons, rolling, falling, breakfalls, pressure points, and more. This tape also takes you through a tough obstacle course designed to build speed, power, endurance, stamina, and guts. This course is required for all students who attend Master Bussey's yearly Ninja training camp. It's truly something to see.

Master Bussey highly recommends that you perfect the techniques on this tape before attempting the techniques on his more advanced weapons and hand-to-hand combat videos.

ORDER #NJA-1.....57 MIN.....ONLY \$49.95



### 2. **NINJA COMBAT TACTICS VOLUME 2 STEALTH - UNDERWATER EVASION - TRAPS**

Master Robert Bussey teaches you the ancient Ninjutsu techniques of stealth (art of invisibility), underwater evasion, and survival trap construction. Many of the techniques shown are required for promotion to black belt at Master Bussey's training center.

Master Bussey begins this tape by demonstrating stealth techniques that include how to approach an opponent or enemy without detection, proper camouflage techniques, and how to use the environment to your advantage. These stealth techniques will greatly improve your survival and hunting skills. Stealth is followed by underwater evasion, including how to move in the water undetected, and underwater breathing techniques with the Ninja air tube. The last section teaches how to build traps in the woods designed for game or enemy opponents. This tape is a must for all martial arts warriors.

ORDER #NJA-2.....57 MIN.....ONLY \$49.95



### 3. **NINJA COMBAT TACTICS VOLUME 3 HAND-TO-HAND FIGHTING**

Join Master Robert Bussey as he personally teaches you over 200 of the most devastating and effective Ninjutsu hand-to-hand combat techniques ever witnessed. Many of these techniques are required for promotion to black belt at Master Bussey's training center. Master Bussey demonstrates how to render your attacker senseless with deadly foot sweeps, takedowns, joint locks, throwing and flipping techniques, choke holds, kicking and punching combinations, knife defenses, how to defend against multiple attackers, and more. You will see Ninjutsu survival fighting at its best. A must for all martial artists regardless of the style you study.

ORDER #NJA-7.....55 MIN.....ONLY \$49.95



### 4. **NINJA WEAPONS TACTICS VOLUME 1 HANBO - BO - YAWARA**

The Hanbo is a prime weapon used by Japanese police to subdue attackers. In this dynamic tape, Master Bussey teaches you the ancient and devastating Ninjutsu techniques of the Hanbo (4' wooden staff), Bo (6' staff), and Yawara (palm stick). Many of these techniques are required for promotion to black belt in Ninjutsu at Master Bussey's training center. Master Bussey begins by personally demonstrating all the fighting techniques of these three highly effective weapons, including blocks, strikes, joint locks, disarms, fighting techniques against the sword, and more. Mastery of these three stick weapons is a must for all serious martial artists who wish to expand their weapons fighting skills.

ORDER #NJA-3.....56 MIN.....ONLY \$49.95



FBI Warning ALL PANTHER VIDEOS COPYRIGHTED  
Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
TM & Copyright © by Panther Productions. All Rights Reserved.

★ **PANTHER VIDEOS HELP GIVE YOU THE SKILLS AND MOTIVATION  
NEEDED TO REACH YOUR FULL MARTIAL ARTS POTENTIAL** ★





**5. NINJA WEAPONS TACTICS VOLUME 2  
TEKAGI - SHURIKEN - KUSARIFUNDO - BLOW GUN**

You will be challenged with Master Robert Bussey's performance of the devastating fighting techniques of the Tekagi (tiger claws), Shuriken (throwing stars), and Kusarifundo (chain). Many of the weapon techniques shown are required for promotion to black belt in Ninjutsu at his training center. Master Bussey begins by showing you all of the fighting techniques of the Tekagi, including slashing, striking, joint locking, ripping, tearing, and how to defend against the samurai sword. Next, he teaches you the techniques of the deadly Shuriken, including proper stances, throwing styles, uses in combat, and more. Master Bussey's demonstration on how to throw the Shuriken around corners with deadly accuracy will amaze you. He concludes by showing you how to use the Ninja blow gun for survival and sport. This tape is truly a fascinating presentation of weapon mastery.

ORDER #NJA-4.....57 MIN.....ONLY \$49.95



**6. NINJA WEAPONS TACTICS VOLUME 3  
SWORD - NET - ROPE TECHNIQUES**

In this tape, Master Robert Bussey teaches you the devastating fighting techniques of the Ninja sword and net. As a special bonus, this tape also includes Ninjutsu rope-climbing techniques for conditioning, survival, and search and destroy missions. Many of these techniques are required for promotion to black belt in Ninjutsu. Master Bussey begins by demonstrating all of the techniques of the Ninja sword, including stances, holding, slashing, blocking, combinations, fighting techniques, and more. With Master Bussey's outstanding instruction and flawless techniques, mastery of the Ninja sword has never been easier. Next, Master Bussey teaches you the exotic and rarely seen fighting techniques of the Ninja net. The net was one of the Ninja warrior's most versatile and effective weapons. You will see that it is an excellent weapon for stopping knife-, club-, and sword-wielding attackers. This tape will give you great insight into the weapons of the Ninja.

ORDER #NJA-5.....60 MIN.....ONLY \$49.95



**7. NINJA WEAPONS TACTICS VOLUME 4  
GUN AND KNIFE TECHNIQUES**

This tape is a storehouse of techniques you will definitely want as part of your martial arts video library. Master Bussey teaches you the devastating knife fighting and gun defense techniques of Ninjutsu. Many of these techniques are required for promotion at his international training center in Omaha, Nebraska. In an easy-to-follow presentation, Master Bussey demonstrates everything there is to know about realistic and effective knife fighting. You are shown proper stances, guards, slashes, blocks, strikes, disarms, fighting postures, combat techniques, and more. After the section on knife techniques, Master Bussey teaches you over 100 self-defense techniques against all possible close-range gun situations that may seem hopeless, but, in actuality, are not.

ORDER #NJA-6.....56 MIN.....ONLY \$49.95



**8. "NINJA MAN", AN EXCLUSIVE VIDEO INTERVIEW  
WITH NINJUTSU MASTER ROBERT BUSSEY**

In this inspiring video, meet world renowned Ninjutsu Master Robert Bussey "up-close." In this exclusive interview Master Bussey candidly talks about his life and rise to international prominence as one of the world's leading Ninjutsu experts. This tape will give you great insight into the mysterious and dynamic art of Ninjutsu as Master Bussey discusses topics such as Ninjutsu history and traditions, black belt requirements, combat techniques and philosophy, Ninjutsu weapons, Mr. Bussey's Warrior International Organization, Ninjutsu as it relates to today's society, and much, much more. Tape also includes footage of Master Bussey in action and highlights of his 1987 Ninjutsu training camp, where only the strong survive. This tape will give you great insight into the art of Ninjutsu as seen through a Master's eyes. A true collector's item.

ORDER #NJA-8.....38 MIN.....ONLY \$49.95

**★NINJA SPECIAL!** Order all 8 tapes, pay for only 5, get 3 FREE! You save \$150!  
Send only \$282.00. Price includes shipping within Continental U.S. All other  
destinations ADD \$48.00. ORDER #NJA-SP 8.



**FULL-CONTACT KARATE**  
**BY WORLD MIDDLEWEIGHT CHAMPION**  
**JEAN YVES THERIAULT**



**1. TRAINING AND CONDITIONING**

Proper conditioning means everything to a fighter's survival. Learn Theriault's secret routines. Bonus! Theriault-vs-Thiverge (KO).  
 ORDER #TV-1.....43 MIN.....ONLY \$49.95

**2. STANCES AND FOOTWORK**

Learn to position and control your opponent through proper footwork. Bonus! Theriault-vs-Durant (TKO).  
 ORDER #TV-2.....31 MIN.....ONLY \$49.95

**3. POWER PUNCHING**

Basic and advanced hand combinations, including the hook, jab, uppercut, right cross, and more. Bonus! Theriault-vs-Wear (TKO).  
 ORDER #TV-3.....48 MIN.....ONLY \$49.95

**4. DEVASTATING KICKS**

Shows how to increase kicking power and accuracy. Special training drills demonstrated. Bonus! Theriault-vs-Brewer (KO).  
 ORDER #TV-4.....41 MIN.....ONLY \$49.95

**5. SUPERIOR DEFENSE**

Develop a stonewall defense with the Champ's proven techniques. Bonus! Theriault-vs-Roop (KO).  
 ORDER #TV-5.....40 MIN.....ONLY \$49.95

**6. FIGHTING COMBINATIONS**

Score quick points and knockouts with the Champ's feared offensive and defensive techniques. Bonus! Includes a Theriault documentary.  
 ORDER #TV-6.....47 MIN.....ONLY \$49.95

**7. GREAT FIGHTS VOLUME 1**

Theriault-vs-Hollett (KO).  
 Theriault-vs-Mackey (TKO).  
 ORDER #TV-7.....33 MIN.....ONLY \$49.95

**8. GREAT FIGHTS VOLUME 2**

Theriault-vs-Setzer (KO).  
 Theriault-vs-Moss (KO).  
 Theriault-vs-Macarusio (decision).  
 ORDER #TV-8.....59 MIN.....ONLY \$49.95

**\* THERIAULT SPECIAL!** Order all 8 tapes, pay for only 6, get 2 FREE! You save \$100! Send only \$332.00. Price includes shipping within the Continental U.S. All other destinations ADD \$48.00. ORDER #TV-SP 8.

**MARTIAL ARTS DIRECT FROM JAPAN**  
**GREAT JAPANESE MASTERS**

**LEARN THESE ANCIENT FIGHTING ARTS FROM THE LEADING EXPERTS**



**1. MASTERING KOBUJUTSU, BY MASTER YOSHIO SUGINO 10TH DAN**

The world's leading expert on this rarely seen weapons art teaches you the techniques of the Boken (wooden sword), Bojutsu (6' staff), and Naginata (staff with blade).  
 ORDER #KBJ.....40 MIN.....ONLY \$49.95

**2. MASTERING IAIDO, BY MASTER KATSUO YAMAGUCHI 10TH DAN**

Japan's leading master teaches you the true art of the samurai sword. Includes the history and 500-year-old cutting techniques of the samurai.  
 ORDER #ID.....75 MIN.....ONLY \$49.95

**3. MASTERING KENDO, BY MASTER TOMOE TAKANO 8TH DAN**

Witness Kendo techniques, training sessions, and fierce sparring matches at Master Takano's school in Japan. Kendo is Japan's most practiced martial art.  
 ORDER #KEN.....60 MIN.....ONLY \$49.95

**4. MASTERING JUJUTSU VOL. 1, BY MASTER SHIZUYA SATO 8TH DAN**

Teaches all fundamentals needed to master this deadly self-defense art. Includes breakfalls, stances, strikes, throwing, and joint locks.  
 ORDER #JU-1.....52 MIN.....ONLY \$49.95

**5. MASTERING JUJUTSU VOL. 2, BY MASTER SHIZUYA SATO 8TH DAN**

Loaded with advanced Jujutsu techniques. Includes choke holds, advanced throwing, and defensive techniques against knife and gun attacks.  
 ORDER #JU-2.....35 MIN.....ONLY \$49.95

**6. MASTERING JUJUTSU VOL. 3, BY MASTER SHIZUYA SATO 8TH DAN**

Newest addition to our popular Jujutsu series. Teaches joint-locks, chokes, knife and gun techniques, seat self-defense, and more. Learn from Japan's best.  
 ORDER #JU-3.....41 MIN.....ONLY \$49.95

**\*JUJUTSU SPECIAL!** Order all 3 Jujutsu videos, get any video in Panther's catalog FREE! Send only \$166.00. Price includes shipping within the Continental U.S. All other destinations ADD \$32.00. ORDER #JU-SP 3.

**7. OKINAWAN GOJU RYU, BY MASTER KUNIYUKI KAI 8TH DAN**

Master Kai teaches the complete Okinawan Goju Ryu system: Blocks, punches, kicks, stances, breathing, history, and 8 katas required for all belts to 3rd Dan. Katas include Sanchin Ichi, Sanchin Ni, Gekisai Ichi, Gekisai Ni, Saifa, Seiunchin, Shisochin, Sanseiru. Master also teaches Tanbojutsu, fighting techniques of the wooden baton.  
 ORDER #GR.....112 MIN.....ONLY \$79.95

**8. GREAT JAPANESE MASTERS SHOW**

Includes action-packed demonstrations by the above I.M.A.F. Masters (except Kendo) at a show they presented during their 1985 U.S. tour. This video gives you a front row seat.  
 ORDER #MS.....55 MIN.....ONLY \$49.95



**FBI** Warning ALL PANTHER VIDEOS COPYRIGHTED  
 Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation Investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
 TM & Copyright © by Panther Productions. All Rights Reserved.



**PANTHER  
BEST SELLER**



# SAVATE

THE DYNAMIC ART OF FRENCH FOOT FIGHTING BY FRENCH PROFESSOR...  
**SALEM ASSLI** 32

*This important 10-tape series will give you the opportunity to learn the unique and challenging kicking, fighting, and conditioning techniques of Savate, the art of French foot fighting. This series includes all requirements to Silver Gloves, which is equivalent to achieving black belt rank. All techniques are presented by Professor Salem Assli, the only authentic French Savate instructor teaching in the United States. Professor Assli teaches at the Dan Inosanto Academy in Los Angeles, California, and may issue certification to individuals who have completed his video course.*

**1. SAVATE STRETCHING AND CONDITIONING**

You are taken through the complete warm-up and conditioning exercises practiced by Savate Fighters in France. These unique exercises will help to improve your flexibility, balance, speed, power, endurance, coordination, reflexes, and more. Many of the exercises shown have not been seen before.  
ORDER # VATE-A.....41 MIN.....ONLY \$59.95

**2. SAVATE FUNDAMENTALS**

Begin to learn the secrets of Savate with this valuable training tape. It gives you the foundation for becoming an expert in Savate by teaching all the fundamental stances, footwork, basic kicks, blocks, punches, fight strategy and more.  
ORDER # VATE-B.....60 MIN.....ONLY \$59.95

**3. SAVATE BEGINNING OFFENSIVE KICKING AND FIGHTING TECHNIQUES VOLUME 1**

Shows the proper kicking techniques for advancing on your opponent to obtain instant victory. These techniques should be perfected before attempting the intermediate and advanced techniques which follow.  
ORDER # VATE-C.....61 MIN.....ONLY \$59.95

**4. SAVATE INTERMEDIATE OFFENSIVE KICKING AND FIGHTING TECHNIQUES VOLUME 1**

This valuable tape shows over 100 kick-punch combinations designed to DAZZLE and confuse your opponent. This tape should be attempted by people with green belt ranking or higher in Karate, Tae Kwon Do, or Kung-Fu.  
ORDER # VATE-D.....58 MIN.....ONLY \$59.95.

**5. SAVATE INTERMEDIATE OFFENSIVE KICKING AND FIGHTING TECHNIQUES VOLUME 2**

A higher level of skill is required as you start to utilize Savate's multiple kicking techniques performed with the same leg. A tremendous work out awaits you.  
ORDER # VATE-E.....58 MIN.....ONLY \$59.95.

**6. SAVATE ADVANCED OFFENSIVE KICKING AND FIGHTING TECHNIQUES VOL. 1**

You are in for the kicking challenge of your life. Hundreds of advanced hand and foot combinations and the special footwork needed to execute them with deadly accuracy is presented. You will develop kicking abilities you never thought possible.  
ORDER # VATE-F.....56 MIN.....ONLY \$59.95

**7. SAVATE ADVANCED OFFENSIVE KICKING AND FIGHTING TECHNIQUES VOL. 2**

This is the ultimate lesson on advanced kicking. You won't believe your eyes as you witness and learn the unbelievable flying and jumping power-kicks of Savate. The accuracy of each is truly impressive. Improve your Karate, Tae Kwon Do, and Kung-Fu kicking skills with the help of this training tape.  
ORDER # VATE-G.....53 MIN.....ONLY \$59.95

**8. DEFENSIVE KICKING AND FIGHTING TECHNIQUES**

Learn to stop and score on your opponent with incredible ease and accuracy. Gives you great insight into defensive sparring maneuvers you may never have thought existed. Tape will give you a greater RING ADVANTAGE when in competition.  
ORDER # VATE-H.....51 MIN.....ONLY \$59.95

**9. SAVATE STREET SELF DEFENSE**

Savate began as a street fighting art in the back alleys of France over 200 years ago. Learn the deadly, evasive, and highly effective techniques of France's toughest foot fighters. Each technique is designed to stop an attacker dead in his tracks. A must for all men and women - Over 100 techniques are shown.  
ORDER # VATE-I.....51 MIN.....ONLY \$59.95

**10. SAVATE HISTORY AND TRADITIONS**

A complete and authentic presentation of Savate by Professor Assli. Includes: Many official documents and rare photos of Savate's founding fathers. Tape also gives insight into Savate competition and how matches are judged. A prestigious addition to your martial arts library.  
ORDER # VATE-J.....46 MIN.....ONLY \$59.95



**\* SAVATE SPECIAL!** Order all 10 tapes, pay for only 7, get 3 free! You save \$180.00! Send only \$460.00. Price includes shipping within the Continental U.S. All other destinations ADD \$60.00 shipping. ORDER #VATE-SP 10.

**\* USE ENCLOSED ORDER FORM OR WITH CREDIT CARD ORDER CALL TOLL FREE 1- 800 - 332 - 4442 ANYTIME 24 HOURS A DAY. \***



# MASTERING TRADITIONAL OKINAWAN GOJU RYU KARATE-DO

**SENSATIONAL VIDEO SERIES INCLUDES ALL  
REQUIREMENTS TO 4TH DEGREE BLACK BELT**

## 1. GOJU RYU WARM-UP AND CONDITIONING EXERCISES

In tape one of this unique series, Master Higaonna demonstrates the traditional Junbi Undo exercises of Goju Ryu Karate as developed by Goju Ryu founder Master Chojun Miyagi.

The Junbi Undo, or warm-up exercises, were systematically developed by Master Miyagi to assist the practitioners in mastering Karate technique as well as developing coordination, flexibility, and physical strength. ORDER #GOJU-1.....37 MIN.....ONLY \$49.95

## 2. GOJU RYU BODY TOUGHENING & CONDITIONING

Master Higaonna clearly demonstrates the traditional Hoju Undo exercises of Goju Ryu Karate. These techniques include the Chiishi, Nigiri Game, Ishi Sashi, and Kongo Ken, among others. The Hojo Undo, or supplementary exercises, are practiced to develop the fundamental strength required for Karate - "Karate Power," and to achieve the maximum potential from your own body. Master Higaonna also demonstrates the unique stone training exercises which have been instrumental in developing his legendary "heavy hand" technique. ORDER #GOJU-2.....60 MIN.....ONLY \$49.95

## 3. GOJU RYU STANCES AND SPECIAL FOOTWORK

In this video, Master Higaonna explains the true meaning of formal stances and their development from ancient times to modern day. He clearly demonstrates the correct form in the numerous stances of Goju Ryu Karate, and progresses to more advanced stance and footwork training. Included are various methods of sabaki training drills which will develop speed and agility in kumite practice. ORDER #GOJU-3.....51 MIN.....ONLY \$49.95

## 4. GOJU RYU PUNCHING AND HAND TECHNIQUES

Master Higaonna demonstrates and explains in detail the hand striking techniques of Goju Ryu Karate. He begins with the most basic fist forms and takes you through the highest level techniques of Goju Ryu.

Master Higaonna explains how proper breathing when striking will enable you to achieve devastating power in all of your strikes. ORDER #GOJU-4.....51 MIN.....ONLY \$49.95

## 5. GOJU RYU KICKING TECHNIQUES

Kicking techniques are the most powerful and destructive weapons in Karate. The legs are many times more powerful than the arms, and if used correctly, they have the potential to defeat an opponent outright.

In tape five of this unique series, Master Higaonna explains and demonstrates how to develop real power in your kicking techniques while also showing the most effective areas to aim for in self-defense situations. ORDER #GOJU-5.....46 MIN.....ONLY \$49.95

## 6. GOJU RYU BLOCKING TECHNIQUES

The complete range of Goju Ryu Karate blocking techniques are clearly demonstrated by Master Higaonna. He explains everything from the brutal and powerful closed fist blocks to the softer and more subtle open hand blocks of Goju Ryu.

Master Higaonna explains how every part of the body can be used to block an opponent. Application of basic blocking techniques in real combat situations are also presented. ORDER #GOJU-6.....57 MIN.....ONLY \$49.95

## 7. GOJU RYU KAKIE (PUSH HANDS)

In this tape, Master Higaonna clearly explains and demonstrates the unique exercise of Kakie. Master Higaonna presents various techniques for Kakie and explains the importance and significance of this exercise

for real combat situations. Master Chojun Miyagi, the legendary founder of Okinawan Goju Ryu Karate, said that Kakie is the jiyu kumite of Goju Ryu. In this volume, Master Higaonna shows you how to achieve effective and devastating technique through correct attitude, breathing, and concentration. ORDER #GOJU-7.....36 MIN.....ONLY \$49.95

## 8. GOJU RYU TRADITIONAL SELF-DEFENSE

Tape eight of this series is a must for all who are genuinely concerned with effective self-defense in everyday situations. Master Higaonna demonstrates self-defense techniques which will be of value to the untrained man or woman in the street, and to martial artists of all styles.

Master Higaonna shows you how to escape from almost every conceivable attack, and more importantly, he explains precautions that you may take to avoid becoming the victim of an attack in the first place.

As a special bonus, this tape also includes competition highlights of Master Higaonna's 1989 Martial Arts Festival. ORDER #GOJU-8.....29 MIN.....ONLY \$49.95

## 9. GOJU RYU TRADITIONAL SPARRING

This tape features kumite drills, san dan uke harai and yakasoku kumite, basic sparring, plus open hand free-sparring and regular free-sparring. Master Higaonna explains the various stages of kumite development, from the most basic forms to the more advanced jiyu kumite (free-sparring).

Kumite training develops distance and timing, skills that cannot be learned in kata practice. ORDER #GOJU-9.....55 MIN.....ONLY \$49.95

## 10. GOJU RYU MAKIWARA TRAINING

Tape ten of this stimulating series gives the most detailed and complete account of the Makiwara (striking post) ever presented.

Master Higaonna is the world's acknowledged authority on Makiwara training. In this tape, he explains the history of Makiwara, the various types of Makiwara, and methods of striking the Makiwara to develop real "knockdown" power. ORDER #GOJU-10.....51 MIN.....ONLY \$49.95

## 11. GOJU RYU HISTORY AND TRADITIONS VOLUME 1

In Volume One of Goju Ryu History and Traditions, Master Higaonna traces the history of Goju Ryu back to the legendary Chinese martial artist, Master Ryu Ryu Ko. From here it follows the Okinawan master, Kanryo Higaonna, on his journey to China and his experiences there. Master Higaonna reveals the truth about Sanchin Kata and the changes it has undergone since former times in China.

In this tape, Master Higaonna discloses facts which, up until now, have been known to less than a handful of Okinawan masters. This tape, and the following tape, History and Traditions Volume 2, will be an essential part of every serious student's martial arts library. ORDER #GOJU-11.....45 MIN.....ONLY \$49.95

## 12. GOJU RYU HISTORY AND TRADITIONS VOLUME 2

Beginning where Volume One left off, Master Higaonna continues with the history and traditions of Goju Ryu. He describes the life and great dedication of the legendary Master Chojun Miyagi, the founder of Goju Ryu Karate. Master Higaonna describes Master Miyagi's influence on modern day karate, and the important role he played in spreading karate throughout the world.

Revealed within this tape is the true line of succession of Goju Ryu Karate, and the role the little known Master An'ichi Miyagi (the "quiet" man of Goju Ryu) plays in the preservation of Master Chojun Miyagi's Okinawan Goju Ryu Karate.

ORDER #GOJU-12.....45 MIN.....ONLY \$49.95

**GOJU RYU SPECIAL!** Order all 24 Goju videos, pay for only 16, get 8 FREE! You save 400! Send only \$895.00 for complete set. Price includes shipping within the Continental U.S. All other destinations ADD \$96.00. ORDER #GOJU-SP 24



# STARRING WORLD RENOWNED OKINAWAN

## MASTER MORIO HIGAONNA 8TH DAN

PRESIDENT OF THE INTERNATIONAL OKINAWAN  
GOJU RYU KARATE FEDERATION

★ THIS PAGE FEATURES THE REQUIRED KATAS FORMS ★

### 13. GEKISAI DAI-ICHI KATA

In an easy-to-follow format, Master Higaonna clearly demonstrates the kata Gekisai Dai-Ichi, and the practical applications of each movement.

The viewer will witness the tremendous power and precise technique of the world's acknowledged authority of Goju Ryu Karate. This will assist the viewer in achieving a true mastery of this, the first kata in the Goju Ryu system. As a bonus, this tape also features two-man and four-man applications to the kata Gekisai Dai-Ichi.

All the katas presented in this series are the true and original katas as handed down by Goju Ryu founder Master Chojun Miyagi.

ORDER #GOJU-13  
49 MIN.....ONLY \$49.95

### 14. GEKISAI DAI-NI KATA

Gekisai Dai-Ni is the second of the Gekisai Katas. This kata introduces the more advanced open hand techniques used for effective self-defense. Master Higaonna clearly demonstrates the sequence and applications of Gekisai Dai-Ni in an easy-to-follow format. Through Master Higaonna's superb performance of this kata the student will quickly come to understand the correct execution of each technique and the key points and distinctive features of the kata.

ORDER #GOJU-14  
41 MIN.....ONLY \$49.95

### 15. SAIFA KATA

Saifa Kata emphasizes swinging

strikes, striking to the side, and freeing techniques. Through Master Higaonna's superb performance of the kata and his detailed explanation of the key points and distinctive features of the kata, you quickly come to understand the correct execution of technique and the principles inherent in Saifa Kata.

ORDER #GOJU-15.....55 MIN.....ONLY \$49.95

### 16. SEIYUNCHIN KATA

Master Higaonna clearly demonstrates Seiyunchin Kata and its applications in an easy-to-follow format in this lesson. Seiyunchin Kata techniques are especially effective in close-quarters combat. Master Higaonna expertly performs and explains the key points and distinctive features of this kata. With his guidance, you will quickly come to understand the correct execution of technique and the important principles inherent in Seiyunchin Kata.

ORDER #GOJU-16.....60 MIN.....ONLY \$49.95

### 17. SHISOCHIN KATA

Shisochin kata emphasizes open hand techniques to defend against multiple attackers. Master Higaonna teaches you the important principles inherent in Shisochin Kata. His expert performance and detailed explanation of the key points and distinctive features will aid you in understanding the correct execution of Shisochin Kata.

ORDER #GOJU-17.....54 MIN.....ONLY \$49.95

### 18. SANSEIRU KATA

The movements of this kata appear quite straightforward, yet there are a variety of techniques which are especially effective for close range combat. Master Higaonna clearly demonstrates Sanseiru Kata and its applications in an easy-to-follow format.

His detailed explanation of the key points and distinctive features of the kata will guide you to the correct execution of technique and will teach you the important principles inherent in Sanseiru Kata.

ORDER #GOJU-18.....48 MIN.....ONLY \$49.95

### 19. SEPAI KATA

Sepai Kata is characterized by dynamic and powerful techniques. It is a typical example of Goju Ryu katas with its contrast between hard and soft, fast and slow, and large and small techniques.

Master Higaonna clearly demonstrates Sepai Kata and its applications in an easy-to-follow format. Through Master Higaonna's superb performance of this kata, and his detailed explanation of the key points and distinctive features of the kata, you will quickly come to understand the correct execution of technique and the important principles inherent in Sepai Kata.

ORDER #GOJU-19.....60 MIN.....ONLY \$49.95

### 20. KURURUNFA KATA

Kururunfa Kata embodies techniques which represent the very nature of Goju Ryu Karate. This is a dynamic kata which contrasts hard and soft, fast and slow, and heavy and agile movements. If practiced diligently, Kururunfa Kata will lead the student to a greater understanding and all-around technical ability in Karate.

Through Master Higaonna's skilled performance and detailed explanation, you will learn the key points and distinctive features of this kata. With practice you will be able to execute this technique and understand the important principles inherent in Kururunfa Kata.

ORDER #GOJU-20.....57 MIN.....ONLY \$49.95

### 21. SESAN KATA

Sesan Kata, like Kururunfa and Suparinpei Katas, is a high-level kata which epitomizes the techniques of Goju Ryu Karate. Its contrasting aspects of fast and slow, hard and soft, and heavy and agile movements make it a kata of profound aesthetic beauty.

Master Higaonna clearly demonstrates Sesan Kata and its applications in easy-to-follow demonstrations. His superb performance and detailed explanation of the key points and distinctive features of the kata, will enable you to understand the correct execution of technique and the important principles inherent in Sesan Kata.

ORDER #GOJU-21.....57 MIN.....ONLY \$49.95

### 22. SUPARINPEI KATA

In the Goju Ryu system, Suparinpei Kata is the highest level and most difficult kata to perform correctly.

Master Higaonna, who is acknowledged by the old masters of Okinawa as an authority on Goju Ryu Kata, explains in detail the key points and distinctive features of Suparinpei. Through his superb performance of the kata the student can see exactly how each technique should be executed. Also in this tape, Master Higaonna reveals numerous practical applications to the kata, many of which have, up until now, gone undisclosed to all but the most senior students.

ORDER #GOJU-22.....58 MIN.....ONLY \$49.95

### 23. SANCHIN KATA

Sanchin Kata is the most important basic kata. It represents the fundamental foundation for all of the techniques in Goju Ryu.

In this tape, Master Higaonna explains in great detail the difficult principles of Sanchin Kata. The breathing method, muscular tension, and posture are all thoroughly examined to provide the student with a clear picture of how to perform this Kata correctly. Master Higaonna gives a detailed account of the historical development of Sanchin Kata to round out the most complete representation of Sanchin Kata ever presented.

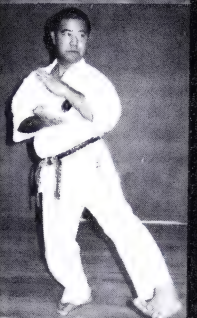
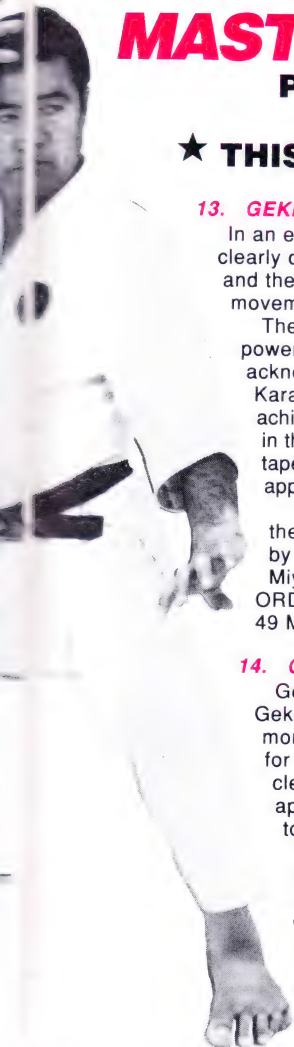
ORDER #GOJU-23.....52 MIN.....ONLY \$49.95

### 24. TENSHO KATA

Master Chojun Miyagi, the founder of Goju Ryu Karate, created Tensho Kata in the early part of the twentieth century. It was through his research into the Rokishi Kata of the Chinese martial arts that he created Tensho to represent the JU, or "soft" aspect of Goju Ryu Karate as opposed to the GO, or "hard" aspect, which Sanchin Kata represents.

In this tape, the last in the series on traditional Goju Ryu Karate-Do, Master Higaonna clearly explains the difficult concepts of Tensho Kata. He examines the breathing technique in Tensho and demonstrates the many applications that are to be found within the movements of this high level Kata.

ORDER #GOJU-24.....39 MIN.....ONLY \$49.95



\*\*\* TO ORDER MASTER HIGAONNA'S TAPES, TOLL FREE, \*\*\*  
CALL 1-800-332-4442



**MASTERING AUTHENTIC CHINESE**  
**HSING-I**  
**(CHINESE MIND STYLE BOXING)**  
**STARRING WORLD RENOWNED HSING-I**  
**SIFU JAMES McNEIL**

**★ HIGHEST (5 STAR) RATING**  
**BY INSIDE KUNG-FU MAGAZINE. EXPAND**  
**YOUR MARTIAL ARTS SKILLS BY LEARNING THE**  
**SECRETS OF THIS INTERNAL MARTIAL ART.**  
**INCLUDES ALL REQUIREMENTS TO BLACK SASH**  
**RANK.....SATISFACTION GUARANTEED!**

**1. HSING-I WARM-UP AND CONDITIONING EXERCISES**

In this vitalizing tape, Sifu James McNeil will teach you how to strengthen the internal and external parts of your body to make you stronger internally as well as externally. Each exercise will be demonstrated and explained in full detail.

Basic martial arts training must guarantee swift, sure, and strong techniques of self-defense. Body conditioning not only ensures effective martial arts performance, but also improves one's health and ultimately lengthens one's life. By combining external and internal exercises, Sifu McNeil presents an effective and healthy way to enhance all martial artists' performances.

ORDER #HSING-A.....49 MIN.....ONLY \$49.95

**2. HSING-I FUNDAMENTAL TECHNIQUES**

The fundamentals taught in this tape lay an effective groundwork for all future martial arts training. Sifu McNeil's teachings in this tape include how to balance the body, the six harmonies, the touch-go-kiss fighting theory, and the seven stars or seven weapons of Hsing-I, the true-not true technique. This knowledge forms the devastating basis of Hsing-I. These precious fundamentals are a must for all martial artists.

ORDER #HSING-B.....48 MIN.....ONLY \$49.95

**3. HSING-I 5 ELEMENTS TECHNIQUES AND THEIR DEVELOPMENT**

The five elements form the heart of the devastating Hsing-I system. Hsing-I is a true internal style, most concerned with cultivating the chi. When the chi is focused in the tan-tien, or lower stomach, the body will be stable and in harmony. All power and energy are conserved inside until used, yet when properly focused, will never dissipate when being used. The five elements will teach you this and more. Sifu James McNeil will teach you the five elements of Metal, Water, Wood, Fire, and Earth.

ORDER #HSING-C.....53 MIN.....ONLY \$49.95

**4. HSING-I 5 ELEMENTS FORM AND 5 ELEMENTS LINKING CHAIN**

The creative and destructive natures of the five elements work to a common end. The five elements are Metal, Water, Wood, Fire, and Earth, but these come together in one form to balance the body. The Tao of the creative is used in practice, building body fitness, increasing power, strength, and energy. The Tao of the destructive is used in fighting and self-defense. Put the two natures of the five elements together in one form, and they will teach you how to change your reaction to an attack and what to do when facing an opponent. Sifu James McNeil will teach you how to combine the five elements of Metal, Water, Wood, Fire, and Earth.

ORDER #HSING-D.....52 MIN.....ONLY \$49.95

**5. HSING-I 5 ELEMENTS AND TWO-MAN FORM**

This powerful tape will teach you how to use the devastating power of the five elements for self-defense. In a real fight, one should feel emptiness and act as if no one is there. When attacking, the hands and body should move together; the hands alive and the legs light. Sifu McNeil will teach you the two-man fighting form associated with the five elements, and also teach you how to use the elements in real-life situations to achieve the proper fighting state.

ORDER #HSING-E.....35 MIN.....ONLY \$49.95

**6. HSING-I 12 ANIMALS AND FIGHTING SKILLS VOLUME 1**

In this dynamic tape, Sifu James McNeil will teach you the forms of the Dragon, Tiger, and Horse in easy-to-follow steps. Sifu McNeil will also teach you the fighting techniques associated with these animals and show you how to use the techniques in real-life situations to achieve the proper fighting state.

ORDER #HSING-F.....60 MIN.....ONLY \$49.95

**7. HSING-I 12 ANIMALS AND FIGHTING SKILLS VOLUME 2**

In this intriguing tape, Sifu McNeil teaches the forms of the Monkey, Cock, and Swallow in easy-to-follow steps. Sifu McNeil will also teach you the fighting techniques associated with these animals and show you how to use the techniques in real-life situations to achieve the proper fighting state.

ORDER #HSING-G.....60 MIN.....ONLY \$49.95

**8. HSING-I 12 ANIMALS AND FIGHTING SKILLS VOLUME 3**

In Volume 3, Sifu James McNeil teaches you the forms of the Turtle, Sparrow Hawk, and Snake in easy-to-follow steps. Sifu McNeil will also teach you the applications for using the techniques in real-life situations to achieve the proper fighting state.

ORDER #HSING-H.....38 MIN.....ONLY \$49.95

**9. HSING-I 12 ANIMALS AND FIGHTING SKILLS VOLUME 4**

In a real fight, one should feel emptiness and act as if no one is there. When attacking, the hands and body should move together; the hands alive and the legs light.

In the video covering the final 3 animal forms, Sifu James McNeil will teach you the forms of the Eagle-Bear, Fighting Chicken, and Phoenix in clear and concise instruction. Sifu McNeil will also teach you applications for using the techniques in real-life situations.

ORDER #HSING-I.....48 MIN.....ONLY \$49.95

**10. HSING-I HISTORY, PHILOSOPHY, AND TRADITIONS**

Sifu James McNeil traces the history and lineage of martial arts from the beginning of Hsing-I through the present-day masters.

This video is a must for the practicing martial artist who is interested in the backgrounds of his art as well as for anyone interested in or considering the study of martial arts.

ORDER #HSING-J.....43 MIN.....ONLY \$49.95

**★ WEAPONS ★**  
**OF THE ORIENT**



**1. MASTERING THE SAI VOLUME 1**

This tape will enable martial artists with no prior weapons experience to master the true techniques of the Okinawan sai, Kobudo's most versatile weapon designed to fight against the samurai sword. This valuable video teaches proper stabbing, blocking, thrusting, slashing, flipping, hooking, throwing, and more. Also includes a basic kata for training and competition.

ORDER #SA.....75 MIN.....ONLY \$49.95

**2. MASTERING THE SAI VOLUME 2**

Volume 2 teaches the highest level of sai techniques. Includes many advanced sai striking drills and combinations against a variety of weapons. Lethal self-defense techniques incorporating stabs, hooks, thrusts, blocks, and slashes are featured. Includes a highly advanced sai kata. Shows how to develop your own sai training routines. A must for serious weapons practitioners.

ORDER #SB.....48 MIN.....ONLY \$49.95

**3. MASTERING THE NUNCHAKUS VOLUME 1**

You'll be amazed at how quickly this tape enables you to master the deadly nunchakus. Explains blocks, strikes, holds, high-speed combinations, and catches around the neck and back. Includes nunchakus self-defense against knife, gun, and club attacks. Teaches an exciting nunchaku kata for training and tournaments.

ORDER #N1.....53 MIN.....ONLY \$49.95

**4. MASTERING THE NUNCHAKUS VOLUME 2**

An awesome display of nunchaku mastery. Teaches how to handle the fearsome combination of two nunchakus at the same time in a series of rapid-fire blocks and counters. Slow-motion filming enables you to master each movement. Shows how to dismantle and disarm a gang of knife- and club-wielding attackers. Includes a dynamic double nunchaku kata.

ORDER #N2.....60 MIN.....ONLY \$49.95

**5. MASTERING THE TONFA**

You are taught over 400 techniques including stances, blocks, strikes, hooking, whipping, and spinning maneuvers. Shows defense against street weapons and samurai sword. Includes a tonfa kata for power training and competition.

ORDER #FA.....60 MIN.....ONLY \$49.95

**6. MASTERING THE KAMA**

Used to harvest rice for centuries by farmers in Okinawa, these razor-sharp tools became their most trusted weapon when attacked by bandits. Refined and perfected by Kobudo masters, this tape teaches all of the techniques needed to master this weapon. Includes fearsome self-defense techniques and an exciting kama kata.

ORDER #KA.....94 MIN.....ONLY \$49.95

**7. MASTERING THE BO**

Mastery of the bo can only be accomplished through the understanding of authentic Kobudo techniques. Okinawan-trained experts show how to correctly hold, strike, block, thrust, and parry. Includes realistic staff-against-staff sparring drills and an exciting bo kata. Now is your chance to become skilled in Kobudo's oldest fighting weapon.

ORDER #BO.....58 MIN.....ONLY \$49.95

**★HSING-I SPECIAL! Order all 10 tapes, pay for only 7, get 3 FREE! You save \$150! Send only \$389.00. Price includes shipping within the Continental U.S. All other destinations ADD \$60.00. ORDER #HSING-SP 10.**

**★WEAPONS SPECIAL! Order all 7 Weapons of the Orient videos, pay for only 4, get 3 FREE! You save \$150! Send only \$228.00. Price includes shipping within the Continental U.S. All other destinations ADD \$42.00. ORDER #WPN-SP 7.**



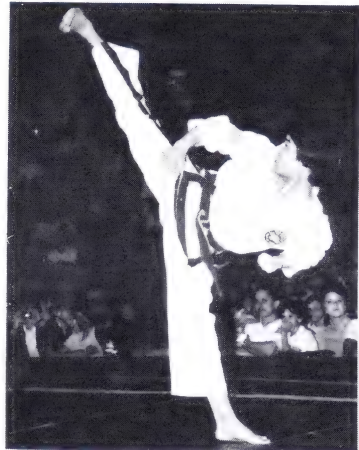
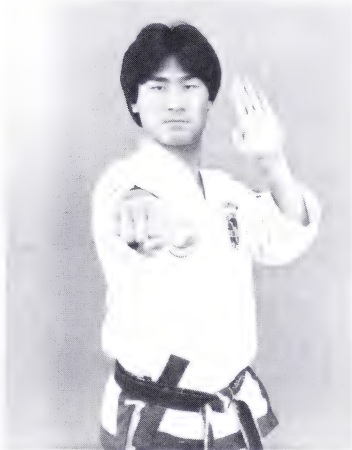


**PANTHER PRODUCTIONS I.T.F. MASTER SERIES**  
**INTERNATIONAL TAE KWON DO FEDERATION**



**TRAINING VIDEOS BY TWO RENOWNED I.T.F. MASTERS**  
**THE COMBINATION OF ALL OF THESE TAPES INCLUDES THE TECHNIQUES AND HYUNGS**  
**REQUIRED FOR ACHIEVING ALL I.T.F. BELT RANKS UP TO 6TH DEGREE BLACK BELT.**  
**STARRING I.T.F. MASTERS JOHN CHUNG 6th DAN AND DAVID CHAANINE 7th DAN.**

**I.T.F. REQUIREMENTS FOR WHITE TO 2ND DEGREE BLACK BELT**  
**STARRING I.T.F. MASTER JOHN CHUNG 6TH DAN.**



**1. WINNING FORMS**

Due to numerous requests, World Forms Champion John Chung has personally developed a special training video designed to improve your forms performance by 100%, regardless of the style you study. He teaches all of the techniques and pointers that have made him virtually unbeatable since 1979. He begins by demonstrating ways to improve your traditional forms, covering stances, footwork, posture, balance, eye-contact, appearance, proper mental attitude, and correct presentation before judges at tournaments. Mr. Chung then gives an excellent demonstration on how to develop the proper rhythm and speed at which your form should be performed. He concludes by showing ways to increase your striking and blocking power to add impact and points to your performance.

The second half of the video covers creative musical forms. Mr. Chung shows how to create your form for training or competition and how to pick the proper music for your performance. The Champion concludes by performing and teaching you his own award-winning form, Woon-Myoung (Destiny), performed to Beethoven's Fifth Symphony. With this valuable tape you're on your way to performing your katas, nyungs, Chinese forms, and creative forms like a world champion. A must for all serious forms practitioners.

ORDER #C-1.....73 MIN.....ONLY \$59.95

**2. THE FIRST 12 INTERNATIONAL TAE KWON DO HYUNGS**  
**REQUIRED FOR WHITE TO BLACK BELT**

In this exciting video World Forms Champion John Chung gives the most powerful and dynamic presentation of Tae Kwon Do hyungs ever witnessed. The Champion thoroughly teaches you the 12 traditional Korean hyungs required for all Tae Kwon Do belt ranks from white to second degree black belt. By regularly practicing the techniques presented on this tape, Mr. Chung's students and instructors will be able to achieve a degree of Tae Kwon Do excellence they never thought possible. For a very small investment, you receive a complete martial arts system and lifelong source of Tae Kwon Do knowledge. Hyungs presented include: Chon-Ji 9th Kup, Tan-Gun 8th Kup, To-San 7th Kup, Won-Hyo 6th Kup, Yul-Gok 5th Kup, Chung-Gun 4th Kup, Toi-Gye 3rd Kup, Haw-Rang 2nd Kup, Chung-Mu 1st Kup, Kwan-Gye 1st Dan Black Belt, Po-Eun 2nd Dan Black Belt, Gye-Baek 2nd Dan Black Belt.

ORDER #C-2.....145 MIN.....ONLY \$79.95

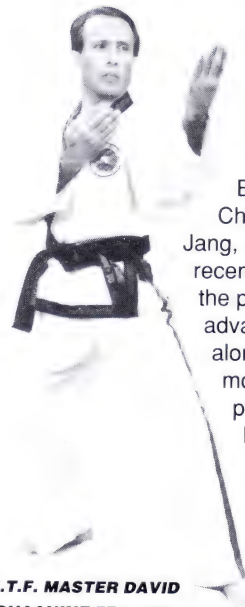
**3. WINNING PUNCHING AND KICKING COMBINATIONS**  
**FOR SPARRING**

If you wish to improve or expand your fighting combinations, then this tape is for you. World Champion John Chung takes you through all of the point-fighting techniques from beginner to black belt, as required of his students at the John Chung Institute in Mineola, NY. Each combination is demonstrated with the same awesome speed, power, and flawless precision John Chung exhibits in competition. Anyone who makes this tape part of their daily training is sure to find themselves in the winner's circle at sparring competitions.

ORDER #C-3.....51 MIN.....ONLY \$59.95

**\* CHUNG SPECIAL! Order all three tapes for only \$163.00. You save \$50! Price includes shipping within the Continental U.S. All other destinations ADD \$24.00. ORDER #C-SP 3.**

**I.T.F. REQUIREMENTS FOR 3RD, 4TH, 5TH, AND 6TH DEGREE BLACK BELT**  
**STARRING I.T.F. MASTER DAVID CHAANINE 7TH DAN**



**I.T.F. MASTER DAVID CHAANINE 7TH DAN**

**1. ADVANCED INTERNATIONAL TAE KWON DO FEDERATION HYUNGS VOLUME 1.**

This important video teaches the Advanced International Tae Kwon Do Federation Hyungs required for promotion to 3rd Degree Black Belt. Expertly presented by I.T.F. Master David Chaanine, this video includes: Eui-Am, Choon Jang, Ko-Dang, and Juche Hyung. Juche is a recently developed I.T.F. Hyung and is presented to the public for the first time in this video. Each advanced hyung is presented at various angles along with the self-defense application of certain movements. Tape includes the I.T.F. history and philosophy behind the development of each hyung.

ORDER #ITF-1  
 60 MIN.....ONLY \$49.95



**2. ADVANCED INTERNATIONAL TAE KWON DO FEDERATION HYUNGS VOLUME 2**

In Volume 2, Master Chaanine presents the International Tae Kwon Do Federation Hyungs required for promotion to 4th Degree Black Belt. These hyungs include: Sam-IL, Yoon-Sin, and Choi-Yong. You are taken deep into each hyung as it is explained and shown in a logical and scientific manner. This lesson also includes valuable information on the I.T.F. history of each hyung. With the help of this video your 4th degree black belt exam will be easier and your performance more confident.

ORDER #ITF-2.....48 MIN.....ONLY \$49.95

**3. ADVANCED INTERNATIONAL TAE KWON DO FEDERATION HYUNGS VOLUME 3**

Volume 3 of the Advanced International Tae Kwon Do Hyungs includes: Yon-Gae, Ul-Ji, and Moon-Moo, which are all required for promotion to 5th Degree Black Belt. Master Chaanine's presentation will challenge your martial arts abilities as he carefully guides you through the important movements of each hyung. He also demonstrates how to apply the hyung techniques against assailants. Increase your confidence as you learn the correct movements of I.T.F. Tae Kwon Do with this valuable tape. Also includes the I.T.F. history and philosophy of each hyung's development.

ORDER #ITF-3.....58 MIN.....ONLY \$49.95

**4. ADVANCED INTERNATIONAL TAE KWON DO FEDERATION HYUNGS VOLUME 4**

In this amazing video you will see renowned Tae Kwon Do Master, David Chaanine, performing the highest level I.T.F. Hyungs required for 6th Degree Black Belt, including: Su-San, Se-Jong, and Tong-IL. Follow along as Master Chaanine not only teaches you each hyung's important movements, but also includes many tips on how to teach and improve the performance of all your hyungs. Tape also includes the I.T.F. history and philosophy behind the development of each hyung.

ORDER #ITF-4.....57 MIN.....ONLY \$49.95

**\* MASTER CHAANINE I.T.F. SPECIAL! Order all 4 tapes, pay for only 2, get 2 FREE! You save \$100! Send only \$116.00. Price includes shipping within the Continental U.S. All other destinations ADD \$32.00. ORDER #ITF-SP 4**



# 37 FROM CHINA: MASTERING AUTHENTIC HUNG SING

## CHOY LAY FUT KUNG-FU

STARRING RENOWNED CHINESE MASTER TAT MAU WONG

ALL SOUTHEAST ASIAN FULL-CONTACT KUNG-FU FIGHTING CHAMPION

★ INCLUDES ALL BELT REQUIREMENTS TO BLACK SASH ★

### 1. CHOY LAY FUT FUNDAMENTALS

Master Wong teaches the foundation for this dynamic system. These are important skills for any true practitioner of the Choy Lay Fut style. The tape covers conditioning and stretching exercises, proper stances, blocks, punches, kicks, combination techniques, practical application and theory.

ORDER #FUT-1.....55 MIN.....ONLY \$49.95

### 2. SMALL PLUM BLOSSOM FORM AND 2-MAN PLUM BLOSSOM FIGHTINGFORM

The Small Plum Blossom is one of the main sets of the Choy Lay Fut system and includes the "10 Choy Lay Fut Elements."

The Two-Man Fighting Set offers you the opportunity to develop timing, reaction, and distancing and furthers your understanding of proper application.

Both sets are shown in an easy-to-follow "walk thru pace" as well as "full speed and power." This tape also includes realistic application and history of each form.

ORDER #FUT-2.....52 MIN.....ONLY \$49.95

### 3. 5 ANIMAL FORMS AND TUET JIN HAND FORM

One of the most popular sets in the Choy Lay Fut system, the 5 Animal form includes the legendary Shaolin Animals: Dragon, Snake, Tiger, Panther, and Crane. Each of these intriguing animals' unique character is reflected in the techniques.

The Tit Juen Hand Form is a fast and powerful combat form for fighting multiple opponents in every direction, requiring strong yet flexible twisting and turning stances and kicks of the Choy Lay Fut northern influences, and the combat hands of its southern influence.

ORDER #FUT-3.....55 MIN.....ONLY \$49.95

### 4. CRANE FORM

The Crane, a symbol of longevity, perfectly combines grace and beauty with challenging speed and power. Learn these most unusual and effective hand techniques, many of which utilize deadly pressure points.

Master Wong will teach you step-by step with an easy-to-follow "walk-thru" as well as show you the amazing speed and power of the Choy Lay Fut style. Also included are practical applications of techniques, history, and theories.

ORDER #FUT-4.....55 MIN.....ONLY \$49.95

### 5. CROSS PATTERN GRABBING FORM

Considered the main set of the Choy Lay Fut system, the Cross Pattern Grabbing Form contains all of the main techniques of this style.

Attacking and defending in four directions, this form utilizes both long and short hand techniques. As the longest set in the Choy Lay Fut system, it is excellent for conditioning and developing stamina and endurance.

ORDER #FUT-5  
55 MIN.....ONLY \$49.95



FBI Warning ALL PANTHER VIDEOS COPYRIGHTED  
Federal law provides severe civil and criminal penalties for the unauthorized reproduction, distribution, or exhibition of copyrighted motion pictures and video tapes. (Title 17, United States Code, Sections 501 and 506). The Federal Bureau of Investigation Investigates allegations of criminal copyright infringement. (Title 17, United States Code, Section 506).  
TM & Copyright © by Panther Productions. All Rights Reserved.

### 6. SHAOLIN STAFF FORM AND SHAOLIN 2-MAN FIGHTING SET

To prepare you for the exciting staff forms to follow, this tape will take you from the basic to advanced levels of staff techniques. With drills for single and combination techniques, this tape will give you the knowledge to master the authentic Chinese staff. Known as the "Father of Weapons," this tape also includes history and theories of this most important Chinese weapon.

ORDER #FUT-6.....55 MIN.....ONLY \$49.95

### 7. SINGLE AND DOUBLE END WHIRLING STAFF FORM

Combining both single-end and double-end staff techniques makes this whirling staff a powerful form. To prepare you for this challenging form, this tape provides a true working knowledge of both single- and double-end staff techniques. Included are step-by-step "walk thru" of staff techniques, drills, and the form itself, as well as "full speed and power". Also included are the history and theories of this powerful weapon.

ORDER #FUT-7.....50 MIN.....ONLY \$49.95

### 8. TIGER TAIL BROADSWORD FORM AND HORSE BENCH SET

Two very different and lethal weapons: The Broadsword, an important weapon for any Kung-Fu practitioner; and the Horse Bench, very unique and rarely seen. This tape prepares you for both the Broadsword and Horse Bench forms, with drills for techniques and applications, and an understanding of the histories and theories for both of these ancient Chinese weapons.

ORDER #FUT-8.....53 MIN.....ONLY \$49.95

### 9. PRESSURE POINT STRIKING FAN FORM AND PLUM BLOSSOM DOUBLE-EDGED SWORD FORM

The fan and the double-edged sword are two Chinese weapons that perfectly combine grace and beauty with power. Along with techniques, drills, and applications, this tape also covers deadly pressure points. Included in this tape are history and theories of each of these unique weapons.

ORDER #FUT-9.....53 MIN.....ONLY \$49.95

### 10. SPINNING SPEAR FORM AND 9 SECTIONAL WHIP CHAIN FORM

Two incredible weapons in one tape. The spear, known as the "King of Weapons," one of the most popular weapons used by ancient horse soldiers. The 9-section whip chain, highly advanced and rarely seen, this amazing weapon is perfect for performance or competition. Master Wong will take you step-by-step, with drills and applications to help you understand and master these deadly weapons and their forms.

ORDER #FUT-10.....57 MIN.....ONLY \$49.95

### 11. HIDDEN BUTTERFLY KNIVES FORM AND SPEAR-VS-BUTTERFLY KNIVES FORM

The Butterfly Knives are a deadly and versatile weapon. Concealed in the long sleeves of traditional Chinese robes, these hidden Butterfly Knives were an "assassin's weapon." This unique weapon is one of the few to employ elbow techniques.

Master Wong teaches you techniques for slicing, thrusting, stabbing, and striking, with drills and realistic applications. Once you've mastered the techniques of the Hidden Butterfly Knives form, challenge yourself and a partner with the action-packed Spear-vs-Butterfly Knives form. Excellent for learning speed, timing, and distancing.

ORDER #FUT-11.....50 MIN.....ONLY \$49.95



### 12. 3 SECTIONAL STAFF FORM

A highly advanced and exciting weapon, the 3 Sectional Staff is one of the most unique Chinese weapons. Dating back to the Sung Dynasty, this flexible weapon is used for fighting both long and short range.

Drills for techniques and practical applications will give you the skills necessary to handle this unusual weapon and its powerful form.

ORDER #FUT-12  
58 MIN.....ONLY \$49.95

### 13. WOODEN DUMMY TRAINING AND SET

Unique to the Choy Lay Fut style, these Wooden Dummy form techniques are usually reserved for only the most highly advanced students. In this video, Master Wong shares the secrets of the rare Wooden Dummy.

Excellent as a means of strengthening and conditioning the forearms and shins with full power. Master Wong also covers deadly pressure points. A rare addition to any martial arts library.

ORDER #FUT-13.....56 MIN.....ONLY \$49.95

### 14. CHOY LAY FUT STREET SELF-DEFENSE

With over 100 styles of Kung-Fu, Choy Lay Fut remains one of the most popular styles for Southeast Asian full-contact fighters. Powerfully explosive yet practical, Choy Lay Fut is a perfect style for realistic self-defense.

Master Wong teaches you conditioning exercises, joint locking and releases, punches, blocks, and kicks ideal for practical self-defense.

ORDER #FUT-14.....50 MIN.....ONLY \$49.95

### 15. CHOY LAY FUT FULL-CONTACT SPARRING AND FIGHT STRATEGY

In this inspiring video, Master Wong shares with you the conditioning exercises, training routines, and techniques that have brought him so much success as a full-contact champion. Master Wong trains you with not only the experience of a fighter, but as an experienced coach and referee. Learn devastating kicks and knockout hand techniques of the Choy Lay Fut style.

ORDER #FUT-15.....59 MIN.....ONLY \$49.95

### 16. CHOY LAY FUT HISTORY AND TRADITIONS

In this informative tape, Master Tat-Mau Wong, world renowned Southeast Asian Full-Contact Fighting and Forms Champion, openly discusses the history, concepts, philosophy, and traditions of the exciting Choy Lay Fut style.

Master Wong shares his personal experiences as a full-contact fighter and teacher, both in Southeast Asia and the United States. Full of important facts and personal encounters. A must for any Choy Lay Fut practitioner.

ORDER #FUT-16.....50 MIN.....ONLY \$49.95

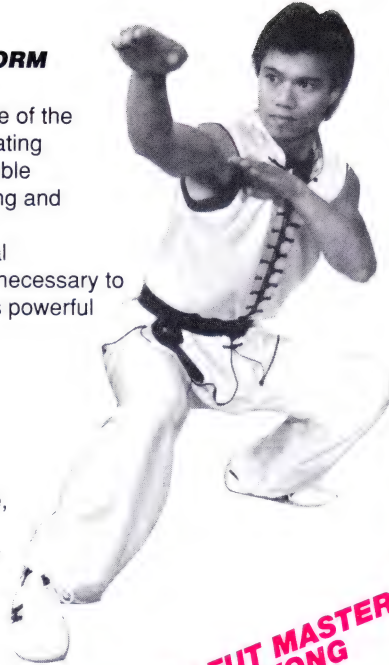
### 17. PING KUEN ADVANCED FORM

One of the most advanced sets in the Choy Lay Fut system, Ping Kuen utilizes extremely quick-changing stances. With the target area rapidly changing and the surprise angle of attack, this is a most exciting and powerful form.

The Ping Kuen Advanced form is presented at a "walk-thru-pace" as well as shown at "full speed and power".

ORDER #FUT-17.....54 MIN.....ONLY \$49.95

★ **CHOY LAY FUT SPECIAL!** Order all 17 Choy Lay Fut videos, pay for only 10, get 7 FREE! You save \$350! Send only \$568.00. Price includes shipping within the Continental U.S. All other destinations ADD \$68.00. ORDER #FUT-SP 17.



**CHOY LAY FUT MASTER  
TAT MAU WONG**

## ADDITIONAL RELEASES BY 38 CHINESE CHOY LAY FUT MASTER TAT MAU WONG

# LEARN THE AUTHENTIC AND RARELY SEEN **LION DANCES OF CHINA**



**First Place Winner of the 1988 National Lion Dance Competition, Master Tat-Mau Wong teaches the traditional Lion Dance techniques of China. This powerful beast, a symbol of strength and good luck, has long been a traditional part of Kung-Fu training.**

### 1. LION DANCES OF CHINA VOLUME 1 BEGINNING LION DANCE

In this Beginning Lion Dance tape, Master Wong teaches the basic techniques of "walking," "jumping," "bowing," "eating," and "sleeping," and the accompanying instruments of drum, gong, and cymbals.

A rare and beautiful tape for any martial arts collection.  
ORDER #LD-A.....50 MIN.....ONLY \$49.95

### 2. LION DANCES OF CHINA VOLUME 2 ADVANCED LION DANCE

In this Advanced Lion Dance tape, Master Wong teaches these rarely seen routines: Lion Comes Out of the Cave, Lion Eating the Snake, Lion and 7 Stars and the Moon. Full of interesting history and advanced techniques. A great addition to any martial arts library.

ORDER #LD-B.....53 MIN.....ONLY \$49.95





**PANTHER PRODUCTIONS PROUDLY PRESENTS**

# **SHITO RYU KARATE**



**STARRING RENOWNED SHITO RYU BLACK BELT  
INSTRUCTOR ISAAC FLORENTINE**

***This exciting 10-tape series presents the complete Japanese San-Shin Kan Shito Ryu Karate system in its purest form. Includes all requirements to black belt rank. Each tape is designed to improve your skills and enhance your knowledge of the Shito Ryu system, which is practiced by thousands of martial artists throughout the world.***

## **1. SHITO RYU FUNDAMENTALS**

In this video, Instructor Florentine masterfully teaches you the fundamentals of Shito Ryu, including warm-ups, stretching, stances, footwork, blocks, punches, kicks, and fighting postures. Also includes 10 special combination drills to develop reflexes, speed, power, and balance.  
ORDER #SHITO-1.....60 MIN.....ONLY \$49.95

## **2. SHITO RYU TRADITIONAL KATAS VOLUME 1**

The valuable four basic pre-katas of Shito Ryu (which are required before learning formal forms) are presented in this video. They include: Go-Uke, Empi-Ropu, Shiozuki Shodan, and Shiozuki Nidan. Also included are the first two formal forms of Shito Ryu: Pinan Shodan and Pinan Nidan. Each kata movement is presented clearly from various angles, along with the self-defense application of certain movements.  
ORDER #SHITO-2..... 60 MIN.....ONLY \$49.95

## **3. SHITO RYU TRADITIONAL KATAS VOLUME 2**

In this dynamic tape, Black Belt Isaac Florentine teaches you Shito Ryu katas Pinan Sandan, Pinan Yondan, and Pinan Godan. Each kata is thoroughly explained and demonstrated in an easy-to-follow format. Also shows the self-defense application of important kata movements.  
ORDER #SHITO-3.....55 MIN.....ONLY \$49.95

## **4. SHITO RYU TRADITIONAL KATAS VOLUME 3**

With this lesson, you will begin to learn the intermediate level katas of Shito Ryu Karate. Follow along as Black Belt Isaac Florentine teaches the precise movements and application of techniques for Annanko, Bassai-Dai (Passai), and Tomari-Bassai. Also includes brief insights into each kata's historic development.  
ORDER #SHITO-4..... 60 MIN.....ONLY \$49.95

## **5. SHITO RYU TRADITIONAL KATAS VOLUME 4**

Shito Ryu katas Jiin, Sanchin, and Shiho-Kosukun are presented on this high-quality Panther video. Become one with the form as you explode through the highly effective techniques these katas have to offer.  
ORDER #SHITO-5..... 60 MIN.....ONLY \$49.95

## **6. SHITO RYU TRADITIONAL KATAS VOLUME 5**

Challenge your martial arts skills by learning the intricate and effective movements of Kosukun-Sho, Saifa, and Kururunfa katas. Discover the grace, beauty, and power of Shito Ryu by mastering this tape. Learn the true art of Shito Ryu as taught in Japan.  
ORDER #SHITO-6.....55 MIN.....ONLY \$49.95

## **7. SHITO RYU TRADITIONAL KATAS VOLUME 6**

This volume teaches the following advanced Shito Ryu katas: Seipai, Matzukaze, and Juroku. These intricate and challenging forms will truly put your martial arts skills to the test...Go for it!  
ORDER #SHITO-7..... 45 MIN.....ONLY \$49.95

## **8. SHITO RYU TRADITIONAL KATAS VOLUME 7**

The following forms complete all kata requirements for promotion to Black Belt in Shito Ryu. They include: Seienchin, Tensho, and the following two-man fighting forms: Randori-Ichi-No, Randori-Ni-No, and Randori-San-No Katas.  
ORDER #SHITO-8.....55 MIN.....ONLY \$49.95

## **9. SHITO RYU SPARRING TECHNIQUES**

Designed for students of all systems, the Shito Ryu techniques presented are certain to help you obtain tournament victories. Techniques demonstrated include numerous offensive and defensive fighting combinations, plus takedowns and foot sweeps. Become a top point fighter by ordering today.  
ORDER #SHITO-9.....55 MIN.....ONLY \$49.95

## **10. SHITO RYU STREET SELF-DEFENSE SKILLS**

This is it! Lesson shows numerous counter and escape techniques against the most common types of assaults. Men and women of all ages will want to add the techniques on this tape to their self-defense skills. A must!  
ORDER #SHITO-10..... 50 MIN.....ONLY \$49.95

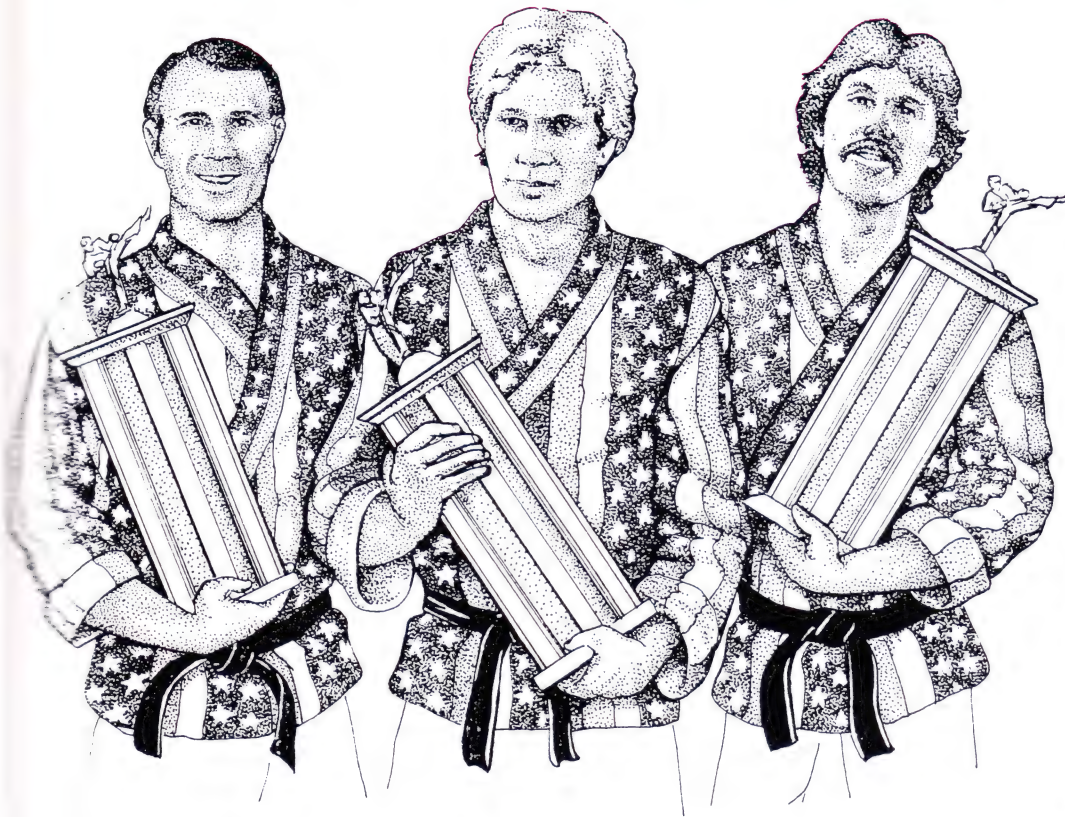


**SHITO RYU INSTRUCTOR  
ISAAC FLORENTINE**

**★ SHITO RYU KARATE SPECIAL!** Order all 10 tapes, pay for only 7, get 3 FREE! You save \$150! Send only \$390.00. Price includes shipping within the Continental U.S. All other destinations ADD \$60.00. ORDER #SHITO-SP 9.



# THE GREAT KARATE LEGENDS TRAINING VIDEO 40



**Bill Wallace**

World Middleweight Champion

**Joe Lewis**

World Heavyweight Champion

**Jeff Smith**

World Light Heavyweight

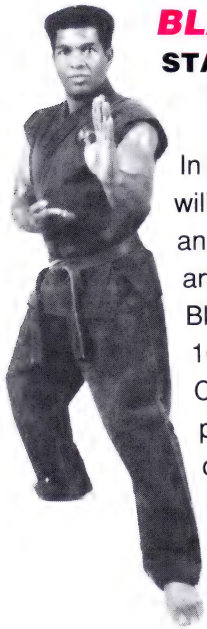
## FEATURING WORLD CHAMPIONS

- ★ **BILL "SUPERFOOT" WALLACE**
- ★ **JOE LEWIS**
- ★ **JEFF SMITH**

On September 14, 1974, many of the world's finest martial artists gathered at the L.A. Sports Arena to compete in the original World Professional Full-Contact Karate Championships. In the end, three fighters, each scoring by knockouts, would have earned the most celebrated titles in the sport. Joe Lewis, World Heavyweight Champion, Jeff Smith, World Light Heavyweight Champion, and Bill Wallace, World Middleweight Champion, would become legends. Now, over 15 years later, the original superstars of sport karate are reunited on the Radford University campus to present the ultimate summer training camp. This historic tape includes highlights of the techniques taught by all three superstars during the camp program. A great learning experience and collector's item.

ORDER #LEGEND.....55 MIN.....ONLY \$59.95

## THE WAY OF THE **BLACK DRAGON** STARRING MASTER RON VAN CLIEF 10TH DAN



In this dynamic tape, you will witness the skills and philosophy of martial arts film star Ron "The Black Dragon" Van Clief, 10th Dan. Master Van Clief's unique system is presented in early films of his public performances. The tape offers valuable techniques all stylists can incorporate into their system. Meet the

Black Dragon personally and up close by ordering today!

ORDER #VAN

55 MIN.....ONLY \$49.95



## UNITED STATES MILITARY **AIRBORNE** PARACHUTE COURSE



This is the United States Training Center's military static line parachute course. These tapes will take you step-by-step through the training of a military-style parachutist as given during the Center's Airborne program. This is no pretty sport-jump class, but a hard-core adventure and "how-to" instructional video. Make that transformation from "leg" to trooper with USTC. Two-tape set.

### 1. PARACHUTE GROUND TRAINING

Ground training to include classroom, malfunctions, hanging harness, PLF's, drag drill, P.T., and more.  
ORDER #AIR-1.....61MIN.....ONLY \$49.95

### 2. PARACHUTE AIRPLANE JUMP

Jump commands, jumpmaster briefings and inspections, in-flight to DZ, the jump, prop blast ceremony, and graduation.  
ORDER #AIR-2.....56 MIN.....ONLY \$49.95

## WANTED

**DEDICATED MARTIAL ARTISTS  
TO APPEAR IN PANTHER VIDEOS**

Panther Productions is always looking for talented martial artists to display their skills in our high-quality video productions. To be considered, send the following:

- (1) Resumé of background, education, official awards/certificates in your martial arts system, black belt level, and community service contributions.
- (2) A 20-minute VHS video of you demonstrating various aspects of your art.

Panther is open to all ideas, so don't be shy. We would like to hear from you even if your proposal is similar to tapes we are currently offering. Proposals are accepted by **MAIL ONLY**. No phone calls please. Send all proposals to:

**Panther Productions,  
attention Mr. Joseph Jennings,  
1010 Calle Negocio, San Clemente,  
CA 92672.**

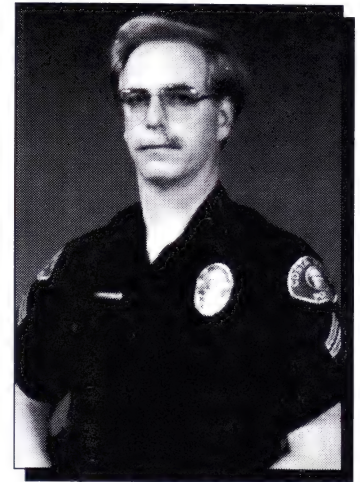


# ★ POLICE ★

## CONTROL & RESTRAINING TECHNIQUES OF YOSHINKAN AIKIDO

PRESENTED BY OFFICER DAVID DYE

DEFENSIVE TACTICS INSTRUCTOR AND 3RD DEGREE BLACK BELT YOSHINKAN AIKIDO



OFFICER DAVID DYE



**Introductory  
Special!**  
Order All 4 Videos  
Pay for Only 2  
Get 2 FREE!  
You SAVE \$100  
Enclose \$116  
Includes Shipping  
& Handling

### 1. Police Control & Restraining Techniques Volume 1 Elbow Locks & Takedowns

This valuable tape instructs the officer on how to control, restrain, and handcuff a subject using elbow locks and takedown methods. As with all videos in this series, each technique is shown numerous times at various angles enabling the viewer to immediately learn and comprehend each important movement.

ORDER # DYE-1...APPROXIMATE TIME: 38 MIN....ONLY \$49.95

### 2. Police Control & Restraining Techniques Volume 2 Wrist Locks & Takedowns

Officer David Dye personally teaches you six important wrist locks and takedown techniques designed to immediately control and restrain an aggressive subject. Each technique is concluded with the proper handcuff techniques to complete apprehension of the aggressor.

ORDER # DYE-2...APPROXIMATE TIME: 38 MIN....ONLY \$49.95

### 3. Police Control & Restraining Techniques Volume 3 Reverse Hand Takedowns

Everyday, officers are faced with the threat of being assaulted by an unruly subject. This video demonstrates ways an officer can defend against an attack using the reverse hand takedown techniques of Yoshinkan Aikido. The five control and restraining techniques presented should be a part of all officers' defensive tactics.

ORDER # DYE-3...APPROXIMATE TIME: 41 MIN....ONLY \$49.95



### 4. Police Control & Restraining Techniques Volume 4 Finger Locks-Pressure Points-Hair Pulls

In this lesson you will learn a variety of control and restraining techniques including finger locks, pressure points, and hair pulls. You will quickly learn how these techniques can be applied with little effort to apprehend aggressive and unruly subjects. Each technique concludes with special handcuff techniques. The valuable section on pressure points will help you to acquire greater skills and knowledge of defensive tactics.

ORDER # DYE-4...APPROXIMATE TIME: 50 MIN....ONLY \$49.95

#### About the Instructor...

David Dye has been a police officer with the Costa Mesa Police Department since 1967 and has instructed courses in defensive tactics for his own department as well as other police departments throughout the state of California. He has appeared on national television demonstrating many of his training techniques and is a recognized expert on the use of the Police Nunchaku (O.P.N.). Officer Dye's skills have been featured in many leading martial arts publications and he is also an advisor, instructor, and Board of Directors member to the Lady Defender Self-Protection System for Women. Officer Dye holds a 3rd degree black belt in Yoshinkan Aikido and additional ranks in Judo and Karate. He was awarded his 3rd degree black belt and lifetime teaching credential from Soke Sensei Gozo Shioda of the Aikido Yoshinkan Honbu Dojo in Tokyo, Japan. Yoshinkan Aikido is the only martial art form authorized for instruction to the Tokyo Metropolitan Riot Police.

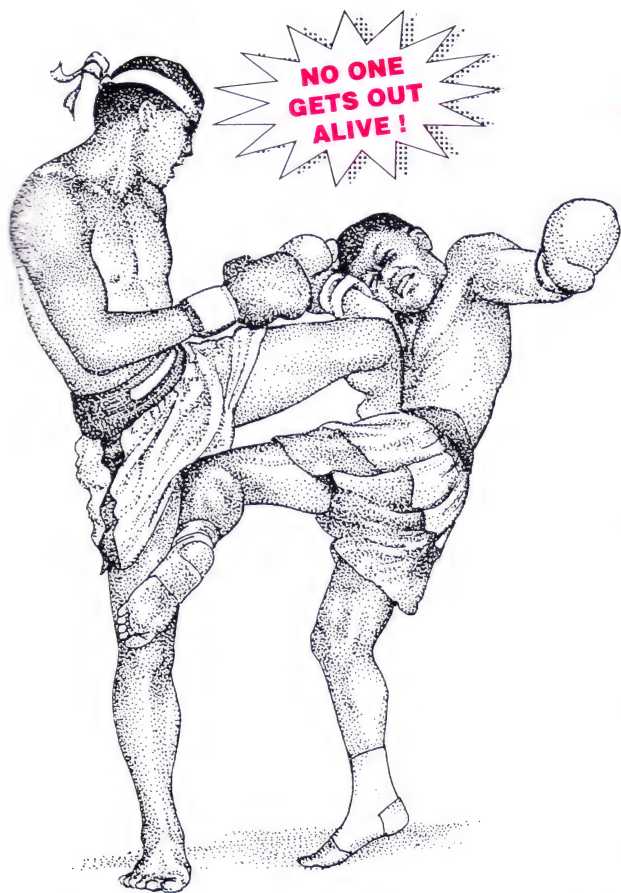
For information on classes and seminars, please contact Sensei David Dye, Aikido Federation of California Yoshinkai, Shuyokan Dojo, P.O. Box 10962, Costa Mesa, CA 92627 U.S.A. Phone: (714) 754-7287

TO ORDER, USE ENCLOSED  
PANTHER  
ORDER  
FORM

★ EACH VIDEO IS OF THE HIGHEST PROFESSIONAL QUALITY! SATISFACTION GUARANTEED!







**SENSATIONAL NEW RELEASES FROM PANTHER**

# **MUAY THAI KICKBOXING RING WARS**

**42**

**23 ACTION PACKED VIDEOS TO CHOOSE FROM**

**SEE THE MOST EXCITING MUAY THAI KICKBOXING FIGHTS EVER PRESENTED ON VIDEO. EACH TAPE IS THE REAL THING. AUTHENTIC MUAY THAI AT ITS BEST. VIRTUALLY NO-HOLDS-BARRED AS EXPERTLY TRAINED FIGHTERS FROM EUROPE AND THAILAND TEAR INTO EACH OTHER WITH FULL POWER KNEES, ELBOWS, KICKS, AND PUNCHES. SEE THE DEVASTATING THAI LEG KICK CRIPPLE FIGHTERS AS THEY HANG ON FOR THEIR LIVES. WITH LITTLE PROTECTIVE EQUIPMENT, THERE IS NO RETREAT - - ONLY THE STRONG SURVIVE IN MUAY THAI. LEARN THE DEVASTATING TECHNIQUES OF MUAY THAI WHILE BEING ENTERTAINED. EACH TAPE IS A TRUE COLLECTOR'S ITEM AND A MUST FOR EVERY FIGHT FAN. THESE PANTHER TAPES ARE OF THE VERY HIGHEST QUALITY. MOST NARRATION IS NOT IN ENGLISH....SIT RINGSIDE BY ORDERING TODAY!**

**1. MUAY THAI RING WARS VOL. 1  
EUROPE-VS-THAILAND  
(6 FIGHTS)**

ORDER #WAR-1.....60 MIN.....ONLY \$29.95

**2. MUAY THAI RING WARS VOL. 2  
EUROPE-VS-THAILAND (2  
FIGHTS)FEATURES WORLD  
CHAMPION ROB KAMAN**

ORDER #WAR-2.....60 MIN.....ONLY \$29.95

**3. MUAY THAI RING WARS VOL. 3  
EUROPE-VS-THAILAND  
(6 FIGHTS)**

ORDER #WAR-3.....60 MIN.....ONLY \$29.95

**4. MUAY THAI RING WARS VOL. 4  
EUROPE-VS-THAILAND  
(4 FIGHTS)**

ORDER #WAR-4.....60 MIN.....ONLY \$29.95

**5. MUAY THAI RING WARS VOL. 5  
EUROPE-VS-THAILAND  
(4 FIGHTS)**

ORDER #WAR-5.....55 MIN.....ONLY \$29.95

**6. MUAY THAI RING WARS VOL. 6  
EUROPE-VS-THAILAND (3 FIGHTS)  
EATURES WORLD CHAMPION ROB  
KAMAN**

ORDER #WAR-6.....60 MIN.....ONLY \$29.95

**7. MUAY THAI RING WARS VOL. 7  
EUROPE-VS-THAILAND (3 FIGHTS)**

ORDER #WAR-7.....60 MIN.....ONLY \$29.95

**8. MUAY THAI RING WARS VOL. 8  
EUROPE-VS-THAILAND (2 FIGHTS)**

ORDER #WAR-8.....45 MIN.....ONLY \$29.95

**9. MUAY THAI RING WARS VOL.9  
EUROPE-VS-THAILAND (4 FIGHTS)**

ORDER #WAR-9.....60 MIN.....ONLY \$29.95

**10. MUAY THAI RING WARS VOL. 10  
EUROPE-VS-THAILAND (4 FIGHTS)**

ORDER #WAR-10.....60 MIN.....ONLY \$29.95

**11. MUAY THAI RING WARS VOL. 11  
EUROPE-VS-CANADA (4 FIGHTS)**

ORDER #WAR-11.....60 MIN.....ONLY \$29.95

**12. MUAY THAI RING WARS VOL. 12  
EUROPE-VS-UNITED STATES  
(6 FIGHTS)**

ORDER #WAR-12.....60 MIN.....ONLY \$29.95

**13. MUAY THAI RING WARS VOL. 13  
EUROPE-VS-EUROPE (6 FIGHTS)  
FEATURES WORLD CHAMPION  
ROB KAMAN**

ORDER #WAR-13.....55 MIN.....ONLY \$29.95

**14. MUAY THAI RING WARS VOL. 14  
EUROPE-VS-EUROPE (3 FIGHTS)**

ORDER #WAR-14.....50 MIN.....ONLY \$29.95

**15. MUAY THAI RING WARS VOL. 15  
EUROPE-VS-EUROPE (7 FIGHTS)**

ORDER #WAR-15.....60 MIN.....ONLY \$29.95

**16. MUAY THAI RING WARS VOL. 16  
EUROPE-VS-EUROPE (4 FIGHTS)**

ORDER #WAR-16.....55 MIN.....ONLY \$29.95

**17. MUAY THAI RING WARS VOL. 17  
EUROPE-VS-EUROPE (4 FIGHTS)**

ORDER #WAR-17.....55 MIN.....ONLY \$29.95

**18. MUAY THAI RING WARS VOL. 18  
EUROPE-VS-EUROPE (3 FIGHTS)**

ORDER #WAR-18.....45 MIN.....ONLY \$29.95

**19. MUAY THAI RING WARS VOL. 19  
EUROPE-VS-EUROPE (3 FIGHTS)**

ORDER #WAR-19.....55 MIN.....ONLY \$29.95

**20. MUAY THAI RING WARS VOL. 20  
EUROPE-VS-EUROPE (5 FIGHTS)  
\*INCLUDES A WRESTLER  
AGAINST A THAI KICKBOXER**

ORDER #WAR-20.....60 MIN.....ONLY \$29.95

**21. MUAY THAI RING WARS VOL. 21  
EUROPE-VS-EUROPE (4 FIGHTS)**

ORDER #WAR-21.....60 MIN.....ONLY \$29.95

**22. MUAY THAI RING WARS VOL. 22  
EUROPE-VS-EUROPE (5 FIGHTS)**

ORDER #WAR-22.....60 MIN.....ONLY \$29.95

**23. MUAY THAI RING WARS VOL. 23  
EUROPE-VS-JAPAN (3 FIGHTS)  
\*FEATURES A WRESTLER  
AGAINST A THAI KICKBOXER**

ORDER #WAR-23.....60 MIN.....ONLY \$29.95

**\*MUAY THAI RING WARS!** Order all 23 tapes, pay for only 15, get 8 FREE! You save \$240! Send only \$542.00. Price includes shipping within the Continental U.S. All other destinations ADD \$92.00. ORDER #WAR-SP 23.



★ USE ENCLOSED ORDER FORM OR WITH CREDIT CARD ORDER CALL TOLL FREE 1-800-332-4442 ANYTIME 24 HOURS A DAY. ★



★**BODYGUARD**★

**MEN AND WOMEN EVERYWHERE NOW HAVE THE OPPORTUNITY TO ENTER THE EXCITING AND PROFITABLE FIELD OF THE PROFESSIONAL BODYGUARD. PRESENTED BY AMERICA'S PREMIER BODYGUARD ORGANIZATION, MARTIAL ARTS SECURITY SERVICE INC., THE FOLLOWING 25 TAPES INCLUDE ALL REQUIREMENTS NEEDED TO BECOME A RECOGNIZED BODYGUARD. OFFICIAL DIPLOMAS AND CERTIFICATION AVAILABLE UPON COMPLETION. TAKE PRIDE IN YOUR ABILITIES AND BE REWARDED FINANCIALLY BY BECOMING A MEMBER OF THE WORLD'S FINEST BODYGUARD SCHOOL. WHETHER FULL OR PART-TIME, A CAREER AS A PROFESSIONAL BODYGUARD IS WAITING FOR YOU. GET STARTED TODAY!**

**1. PROFESSIONAL BODYGUARD: AN INTRODUCTION**

An overview and insight into the profession of personal protection by William S. Ungerman, President of Martial Arts Security Service Inc., the premier bodyguard formation in the world. THIS IS WHERE IT BEGINS.  
ORDER #GUARD-1.....60 MIN.....ONLY \$49.95

**2. BODYGUARDING AND THE LAW**

Examines in-depth the critical area of the legal and moral responsibilities of the pro bodyguard, including concealed weapon laws and deadly force use.  
CRITICAL INFORMATION.  
ORDER #GUARD-2.....61 MIN.....ONLY \$49.95

**3. TERRORIST THREAT TO BODYGUARD OPERATIONS**

A thorough examination of the terrorist phenomenon as it affects the professional bodyguard. Covers terrorist organization, capabilities, and tactics.  
STUNNING MATERIAL.  
ORDER #GUARD-3.....61 MIN.....ONLY \$49.95

**4. BODYGUARD COMBAT SHOTGUN**

A dynamic tape on the employment of the fighting shotgun in bodyguard, police, and other combat roles. This video is full of hitherto unavailable "tips and tactics" and provides a complete training regimen for the bodyguard trainee.  
NOT FOR THE FAINT OF HEART!  
ORDER #GUARD-4.....52 MIN.....ONLY \$49.95

**5. BODYGUARD COMBAT PISTOL CRAFT**

Tips, tactics, and combat pointers for maximizing your potential in a gunfight. Pro bodyguard instructors will take you through live-fire exercises that will give you the edge in any deadly encounter.  
THIS TAPE WILL MAKE YOU A SURVIVOR!  
ORDER #GUARD-5.....59 MIN.....ONLY \$49.95

**6. BODYGUARD FIREARM WEAPONRY VOL. I**

This two-tape set includes a special look at revolvers, pistols, assault rifles, and automatic weapons that are available to - and may oppose - the pro bodyguard. LOTS OF COMBAT ACTION - INCREDIBLE WEAPON ARRAYS.  
TAPE 1 - Handguns  
ORDER #GUARD-6.....70 MIN.....ONLY \$49.95

**7. BODYGUARD FIREARM WEAPONRY VOL. II**

TAPE 2 - Assault Rifles and Automatic Weapons  
ORDER #GUARD-7.....54 MIN.....ONLY \$49.95

**8. BODYGUARD SURVIVAL**

Staying alive in the profession! A critical video in the series, this tape will reveal the essence of bodyguard tactics as well as cover psychological and philosophical aspects. IF YOU'RE SERIOUS ABOUT BODYGUARDING, DON'T MISS THIS ONE!  
ORDER #GUARD-8.....54 MIN.....ONLY \$49.95

**9. CLIENT PROTECTION TECHNIQUES VOL. I**

A rare insight into those special tactics and consummate skills the pro bodyguard employs in the defense of the client. These tapes will take you "live" on location for maximum impact and visual effect. Watch and learn from "The Bodyguard Elite." Two-volume set.  
TAPE 1 - Bodyguard Protective Formation; Establishing the Security Post; Working the Principal.  
ORDER #GUARD-9.....44 MIN.....ONLY \$49.95

**10. CLIENT PROTECTION TECHNIQUES VOL. II**

TAPE 2 - Route Recon; Site Surveys; Estate Security; The Safe House.  
ORDER #GUARD-10.....36 MIN.....ONLY \$49.95

**11. BODYGUARD SPECIAL PURPOSE NON-LETHAL WEAPONS VOLUME I**

This info-packed set covers chemical defense and electronic stun weapons as well as impact and control devices. You will receive instruction on the defensive flashlight, Yawara, Kubotan, Tear Gas, Taser, and various batons, as well as the Tonfa, Nunchaku, and other weapons.  
VOL I - Chemical and Electronic Stun Weapons.  
ORDER #GUARD-11.....60 MIN.....ONLY \$49.95

**12. BODYGUARD SPECIAL PURPOSE NON-LETHAL WEAPONS VOLUME II**

VOLUME II - Impact Striking, Restraint and Control Devices.  
ORDER #GUARD-12.....59 MIN.....ONLY \$49.95

**13. DETENTION, CONTROL AND SEARCH TECHNIQUES**

Spectacular look at special techniques to control, search, and restrain. Also covers an examination of your legal right to detain, use force, search, cuff, etc. For bodyguards, police, security.  
ORDER #GUARD-13.....82 MIN.....ONLY \$49.95

**14. BODYGUARD COMBATIVES AND SELF-DEFENSE**

Street-proven effective techniques used by the world's finest pro bodyguards. Here is a complete look at refined military hand-to-hand and martial arts techniques specifically applied for the personal protection professional - you!  
ORDER #GUARD-14.....52 MIN.....ONLY \$49.95

**15. BODYGUARD WEAPON RETENTION AND TAKEAWAY TECHNIQUES**

The secrets of the "Executive's Own Secret Service" as they show you how to keep your own weapons while taking away the opposition's and defending the principal. This is the orchestrated violence of the protection profession in action.  
ORDER #GUARD-15.....66 MIN.....ONLY \$49.95

**16. WOMEN IN BODYGUARDING**

The "deadlier of the species" in an ever-expanding role in what was once an exclusively male domain. Find out how and why.  
ORDER #GUARD-16.....34 MIN.....ONLY \$49.95

**17. BODYGUARD AMBUSH COUNTERMEASURES (TWO-VOLUME SET) VOLUME I**

The dynamics of "client transfers in the kill zone," "combat from vehicles," target recognition and acquisition techniques, immediate threat assessment, the "Bootlegger" and "J" turns from high-speed vehicles, and the deadly drill against ambush, plus much more, are all here. This tape set is without peer and absolutely the finest demonstration of close-range combat, ambush extraction, and survival tactics ever seen. The terrorist ambush is "mass murder at point blank range." Survive it and win with this two-tape set. If it's action you crave, this is sensory overload!  
VOLUME I - The vehicle as a defensive shield, target acquisition, recognition, and sequencing. Combat from vehicles, roadblock bustin', and much more.  
ORDER #GUARD-17.....53 MIN.....ONLY \$49.95

**"Don't Settle for Less,  
Train with the Best"**

**18. BODYGUARD AMBUSH COUNTERMEASURES (TWO VOLUME SET) VOLUME II**

VOLUME II - Bodyguard driving skills, client transfers in the KZ, individual and team duties, ambush suppression, terrorist tactics in the urban ambush.  
ORDER #GUARD-18.....27 MIN.....ONLY \$49.95

**19. BODYGUARDING - BEYOND TECHNIQUES**

Martial Arts Security Service, Inc. pro bodyguard Tom Muzila will take you "beyond technique" into mental and physical conditioning. This is the finest preparation and maintenance program available for both trainees and practitioners.  
ORDER #GUARD-19.....90 MIN.....ONLY \$49.95

**20. THE BOMB THREAT TO VEHICLES AND PERSONNEL**

The terrorist penchant for killing impersonally with bombs makes this tape mandatory. You'll learn how to deal effectively and preemptively with vehicle bombs and package explosives.  
ORDER #GUARD-20.....60 MIN.....ONLY \$49.95

**21. BODYGUARDING - PERSPECTIVES AND REFLECTIONS**

William S. Ungerman, President of the bodyguard formation regarded as the Excalibur of protective organizations, talks informally and informatively about his career in The Profession. His insights, recommendations, and product reviews will go a long way towards understanding the career potentials offered by bodyguarding.  
ORDER #GUARD-21.....57 MIN.....ONLY \$49.95

**22. BODYGUARD WEAPONS CARE AND MAINTENANCE**

Take care of your weapons and they'll take care of you; neglect them, and... This tape will instruct you in the proper techniques of care, cleaning, and field maintenance of all classes of weapons, from revolvers to machine guns.  
ORDER #GUARD-22.....55 MIN.....ONLY \$49.95

**23. BODYGUARD TRAUMA MANAGEMENT**

From gunshot and knife wounds to the Heimlich technique and CPR, this tape will take you through those emergency field first aid procedures that will save the client's - or your - life. This is combat medical aid when you don't have paramedics!  
ORDER #GUARD-23.....82 MIN.....ONLY \$49.95

**24. BODYGUARD OPERATIONS**

You've gone through the training tapes in the Bodyguard Academy series. Now it's time to take your skills out on the street as you "go tactical" with the Bodyguard Elite pro bodyguard team. You will pick up the principal at the airport and then conduct a full bodyguard operation, applying the skills you've learned in this tape series. Beautiful clients, blazing gunfights, karate battles. This program is the payoff!  
ORDER #GUARD-24.....25 MIN.....ONLY \$49.95

**25. BODYGUARD FINAL EXAM REVIEW AND TEST PREPARATION**

This tape will take you through a complete, detailed survey of the Bodyguard Academy curriculum with a particular focus on the examination for credential. Upon completion of this video review, and in conjunction with the instructional tapes in the Academy series, this video will prepare you to take Martial Arts Security Service, Inc.'s Bodyguard final exam.  
ORDER #GUARD-25.....60 MIN.....ONLY \$49.95

**\*BODYGUARD SPECIAL!** Order all 25 tapes, pay for only 16, get 9 FREE! You save \$450! Send only \$899.00. Price includes shipping within the Continental U.S. All other destinations ADD \$100.00. ORDER #GUARD-SP 25.



# ★ OFFICIAL S.W.A.T. TRAINING VIDEOS ★ 44

**WHEN PEOPLE ARE IN TROUBLE, THEY CALL THE POLICE. WHEN THE POLICE ARE IN TROUBLE, THEY CALL S.W.A.T. (SPECIAL WEAPONS AND TACTICS). LEARN THE SKILLS OF LAW ENFORCEMENTS ELITE... ORDER TODAY AND SAVE!**

## **1. S.W.A.T. SELECTION, ORGANIZATION, AND IMPLEMENTATION**

The philosophy, theory, principles, and mechanics of implementing the S.W.A.T. organization. William S. Ungerman, Director of Operations at USTC, and S.W.A.T. Team leaders discuss and advise on how to get started.  
ORDER #S.W.A.T.-1.....50 MIN.....ONLY \$49.95

## **2. S.W.A.T. GEAR, SURVEYS, SELECTIONS, AND RECOMMENDATIONS**

Outfitting the well-equipped S.W.A.T. Team. This tape includes a close look at high-tech and basic operational equipment.  
ORDER #S.W.A.T.-2.....50 MIN.....ONLY \$49.95

## **3. S.W.A.T. INITIAL RESPONSE TO TACTICAL INCIDENTS**

The first reaction to some protracted barricaded-criminal threat is crucial to the outcome. Recognizing this fact, this tape will take you through the containment phase of the S.W.A.T. operation.  
ORDER #S.W.A.T.-3.....43 MIN.....ONLY \$49.95

## **4. S.W.A.T. NIGHT COMBAT**

Fighting effectively at night is a skill that must be mastered by every S.W.A.T. Team member. This tape will give you the tips, tactics, and pointers to help you live to see the dawn.  
ORDER #S.W.A.T.-4.....58 MIN.....ONLY \$49.95

## **5. S.W.A.T. BUILDING ASSAULT, ENTRY, AND CLEARING**

This incredible tape will take you into the assault of the structure containing the barricaded suspect. Deploy with the pro S.W.A.T. Team, get the "GO," and then "take 'em down."  
ORDER #S.W.A.T.-5.....68 MIN.....ONLY \$49.95

## **6. S.W.A.T. COUNTER SNIPER RIFLE**

The U.S. Training Center's Advanced Marksmanship Unit takes you through a complete course of instruction in counter sniper weapons training and marksmanship. "ONE SHOT, ONE KILL."  
ORDER #S.W.A.T.-6.....80 MIN.....ONLY \$49.95

## **7. S.W.A.T. COUNTER SNIPER TEAM**

The U.S. Training Center's Sniper Neutralization Committee shows you how to deploy against and eliminate the urban sniper threat. This tape also focuses on the integration of the S.W.A.T. Counter Sniper Team into the holistic approach to S.W.A.T. ops. This is deadly material!  
ORDER #S.W.A.T.-7.....43 MIN.....ONLY \$49.95

## **8. S.W.A.T. COMBAT IN BUILT-UP AREAS**

Maneuvering on a barricaded suspect is a tough proposition at best. In the politically charged arena of police work, it is treacherous. Once the "green light" is given, you'll learn the action-end of "measured response."  
ORDER #S.W.A.T.-8.....30 MIN.....ONLY \$49.95

## **9. S.W.A.T. HANDGUN AND SHOTGUN VOLUME 1**

Impressive weapon arrays and dynamic action sequences fill this video as S.W.A.T. instructors display, utilize, and demonstrate unit options from amongst various weapon systems available. Tips and tactics, drills, and lifesaving advice; you fight the way you train. Utilizing this tape will make you a survivor in those deadly tactical situations. Give yourself the edge.  
ORDER #S.W.A.T.-9.....42 MIN.....ONLY \$49.95

## **10. S.W.A.T. HANDGUN AND SHOTGUN VOLUME 2**

This videotape continues the lessons of Volume 1 and takes you into the violent world of urban warfare. S.W.A.T. Team pros will take you through drills and demos that will ensure that the opposition finishes in second place.  
ORDER #S.W.A.T.-10.....80 MIN.....ONLY \$49.95

## **11. S.W.A.T. ASSAULT RIFLE AND COMBAT DRILLS**

Make the quantum leap into the world of the assault rifle. The Galil, M 16, FN FAL, HK G-3, Mini 14, Armalite Ar 18, and many more in combat demos and drills to keep you on the cutting edge.  
ORDER #S.W.A.T.-11.....49 MIN.....ONLY \$49.95

## **12. S.W.A.T. SUBMACHINE GUN**

Gain the tactical edge against an increasingly well-armed opponent through the proper selection and employment of state-of-the-art submachine gun weaponry. In full-auto demonstrations, USTC pros show you how to effectively utilize the sub-machine gun in tactical situations. Even S.W.A.T. Teams rock n' roll!  
ORDER #S.W.A.T.-12.....67 MIN.....ONLY \$49.95

## **13. S.W.A.T. PHYSICAL CONDITIONING**

Thomas W. Muzila, S.W.A.T. Team physical trainer, has developed the most dynamic, electric, physical conditioning program yet seen through the application of his "Bodyvolving" principles. For the individual and team, this is unsurpassed body-hardening training.  
ORDER #S.W.A.T.-13.....69 MIN.....ONLY \$49.95

## **14. S.W.A.T. MARTIAL ARTS AND COMBATIVE TRAINING**

The elite S.W.A.T. Team member must not rely solely on his equipment. The ability to neutralize and eliminate threat utilizing sophisticated hand-to-hand combat and specialized martial arts techniques demonstrated in this tape will enable the S.W.A.T. Team member to confidently face any internecine situation.  
ORDER #S.W.A.T.-14.....74 MIN.....ONLY \$49.95

## **15. S.W.A.T. HOSTAGE NEGOTIATION UNIT**

Faced with a hostage situation, the S.W.A.T. team commander must rely on the specialized training of his hostage negotiation team. This info-packed tape will show you how to develop that capacity and how to integrate the negotiation aspect into the total S.W.A.T. effort.  
ORDER #S.W.A.T.-15.....46 MIN.....ONLY \$49.95

## **16. S.W.A.T. TACTICAL RAPPELLING**

Beginning with basic rappelling instruction, this tape will take the viewer through skill development and tactical applications of vertical face descents. Jump into action with the USTC S.W.A.T. Team.  
ORDER #S.W.A.T.-16.....58 MIN.....ONLY \$49.95

## **17. S.W.A.T. COMBAT SURVIVAL**

Surviving urban firefights is a combination of technical skills, mental attitude, and luck. This critical tape will leave open only the latter category. You will be taught to be sensitized to battle, hardened to the shock of combat, and acclimatized for survival. This tape includes a fantastic battle-venture down "Hogan's Alley" and computer-simulated combat in a stunning video-laser firearms judgment training program.  
ORDER #S.W.A.T.-17.....61 MIN.....ONLY \$49.95

## **18. S.W.A.T. TRAINING TO WIN**

The mind is your best weapon, but the body must be capable of carrying out the demands of victory and survival. This tape will integrate for you mental, physical, and tactical training programs that will serve you well when the payoff comes.  
ORDER #S.W.A.T.-18.....80 MIN.....ONLY \$49.95

## **19. S.W.A.T. TEAM OPERATIONS**

Having trained with USTC and actual police S.W.A.T. Teams on the preceding 18 tapes, you're ready to "go tactical." This tape will take you on a spine-tingling, heart-pounding adventure as a police S.W.A.T. Team responds to and faces a deadly drama of terror and suspense. Filmed on location, this tape rivals the best of Hollywood as you roar into action in an adventure you will never forget.  
ORDER #S.W.A.T.-19.....25 MIN.....ONLY \$49.95

## **20. S.W.A.T. FINAL EXAM PREPARATION AND TEST REVIEW**

Now that you've completed viewing the preceding tapes in the S.W.A.T. Team Academy training series, you're ready for the certificate examination. This tape will encapsulate the training's salient points and review for you critical aspects, all with an eye towards taking the USTC final S.W.A.T. exam. Your credentials and certificates await you!  
ORDER #S.W.A.T.-20.....50 MIN.....ONLY \$49.95

**★ S.W.A.T. SPECIAL! Order all 20 tapes, pay for only 13, get 7 FREE! You save \$300! Send only \$729.00. Price includes shipping within the Continental U.S. All other destinations ADD \$80.00. ORDER #SWAT-SP 20.**



**VIDEO**  
LEARN + IMPROVE



# THE VIDEO LIBRARY OF SUCCESSFUL **BODYBUILDING**



**VIDEO**  
ADVANCE + PROGRESS

by **DANNY "THE GIANT KILLER" PADILLA**  
**Mr. U.S.A. ★ Mr. AMERICA ★ Mr. UNIVERSE I.F.B.B.**



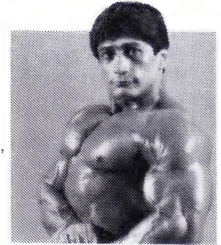
**"GIANT KILLER"  
SPECIAL!**

Order all 13  
Bodybuilding videos,  
pay for only 9, get 4  
FREE! You save  
\$120! Send only  
\$322.00. Price  
includes shipping  
within the  
Continental U.S.  
All other  
destinations ADD  
\$52.00.  
ORDER #B-SP 13.

★ These motivating  
videos are a must  
not only for Body-  
builders, but ALL  
athletes who use  
weights as part of  
their training. Their  
educational content  
makes them ideal  
for coaches,  
trainers, and health  
club personnel. A  
life-long investment  
in skill and  
knowledge!

DEAR FRIENDS,

"With my exciting new training videos, men and women throughout the world can now achieve the muscular physique they have always dreamed of. Whether you are a beginner or advanced bodybuilder, I will save you hours of wasted training time, by personally showing you all of the routines and exercises needed to develop each body part to its full potential. I look forward to training you."



## **13 EDUCATIONAL VIDEOS**

### **1. The Video Dictionary Of Bodybuilding Terminology**

Mr. Padilla carefully explains and demonstrates over 50 important terms and techniques used in weight training, including supersets, split routines, negatives, steroids, anatomy, high cycle, and more. This tape should be viewed before watching the other videos. A perfect reference guide.

ORDER #B-1.....54 MIN.....ONLY \$29.95

### **2. Building A Mr. Universe CHEST**

A massive, well-defined chest is now yours. Follow along as Mr. Universe shows the proper exercises and techniques for building all areas of the chest, including upper and lower pecs, serratus, and rib cage. Features beginner and contest routines.

ORDER #B-2.....48 MIN.....ONLY \$29.95

### **3. Building A Mr. Universe BACK and TRAPS**

An awesome video on lat development designed to build your back into a giant, muscular "V" shape. Also includes trap exercises for achieving a perfect back, trap tie-in. Features beginner, intermediate, and advanced back routines. Go for it!

ORDER #B-3.....44 MIN.....ONLY \$29.95

### **4. Building Mr. Universe SHOULDERS and NECK**

This video thoroughly explains shoulder anatomy and how the front, side, and back heads of the deltoids must be trained to achieve full muscular development. Features over 30 exercises guaranteed to add mass to your shoulders and neck.

ORDER #B-4.....47 MIN.....ONLY \$29.95

### **5. Building Mr. Universe THIGHS**

This dynamic tape shows how to build the thighs into massive sheets of well-defined muscle. Major muscle groups worked include the tensor fasciae latae, rectus femorus, vastus lateralis, vastus medialis, and sartorius. The section on proper squatting is outstanding! Also includes development of the rear leg biceps.

ORDER #B-5.....42 MIN.....ONLY \$29.95

### **6. Building Mr. Universe CALVES**

The calves are often a weak point with many bodybuilders. No more! This tape demonstrates how to expand your calf muscles to greater size and definition with its valuable exercises and workout routines designed for beginner, intermediate, and advanced bodybuilders.

ORDER #B-6.....32 MIN.....ONLY \$29.95

### **7. Building Mr. Universe BICEPS and FOREARMS**

Known for having one of the greatest sets of arms in the world, the Champ teaches all of his secret exercises and techniques for developing perfectly shaped biceps and forearms. The methods on this tape will stimulate your arms to grow faster than ever before.

ORDER #B-7.....46 MIN.....ONLY \$29.95

### **8. Building Mr. Universe TRICEPS**

Your arms will never achieve massive size and strength without proper tricep development. The exercises presented use the Peak Concentration Principle for isolating and burning the triceps to greater growth. You will develop huge, deep-cut triceps that will look awesome from any angle.

ORDER #B-8.....48 MIN.....ONLY \$29.95

### **9. Building Mr. Universe ABDOMINALS**

Well-defined abdominals are a must for achieving a high-quality physique. This sensational video gives all the routines and exercises ever needed to develop a narrow waistline and impressive rock-hard abs. Has beginner and advanced routines.

ORDER #B-9.....49 MIN.....ONLY \$29.95

### **10. Mr. Universe ART OF POSING**

Mr. Padilla shows how to correctly perform poses designed to display each body part at its best. Includes ways of creating your own routine, contest grooming, required contest poses, and how amateur and pro competitions are judged. Get the winning edge by ordering today!

ORDER #B-10.....88 MIN.....ONLY \$29.95

### **11. Mr. Universe NUTRITION and DIETS**

Proper nutrition is the key to developing a great physique. Mr. Padilla answers all of your questions concerning off-season and pre-contest diets, gaining weight, losing weight—not muscle, achieving definition, balanced meals, body fat, proteins, carbs, minerals, and much more. A very important tape!

ORDER #B-11.....31 MIN.....ONLY \$29.95

### **12. Lifestory Of A Bodybuilding Superstar**

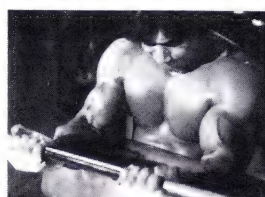
Meet the "Giant Killer" up close as he candidly talks about his boyhood dream of becoming Mr. Universe and how he achieved that goal. He also tells about training at the first Gold's Gym with greats like Arnold, Draper, and Zane. Gives great insight into what it takes to become a World Champion.

ORDER #B-12.....42 MIN.....ONLY \$29.95

### **13. Beginning Bodybuilding**

In this tape, Mr. Padilla teaches you all of the fundamental exercises, workout routines, and weight lifting techniques needed to develop and strengthen all major muscle groups. Mr. Padilla also gives you a complete one year beginner's total body workout routine, which is guaranteed to give you immediate bodybuilding success. This tape is a must for achieving a strong foundation and understanding of bodybuilding.

ORDER #B-13.....60 MIN.....ONLY \$29.95





**VIDEO**  
LEARN + IMPROVE



# THE VIDEO LIBRARY OF SUCCESSFUL **POWERLIFTING** BY 6-TIME WORLD POWERLIFTING CHAMPION **MIKE BRIDGES**

**VIDEO**  
ADVANCE + PROGRESS

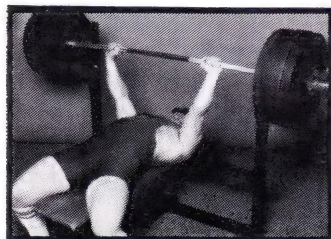


**GREATLY IMPROVE YOUR POWERLIFTING STRENGTH, TECHNIQUES, AND KNOWLEDGE WITH THESE HIGH-QUALITY TRAINING VIDEOS.**



## 1. MASTERING THE BENCH PRESS

At last, the video you have been waiting for! Mike personally teaches you all of his secret training techniques for achieving world records in this popular lift. Topics covered include hand placement, correct body posture, use of the entire body to accelerate the lift, foot and leg placement, breathing, timing and rhythm of the lift, mental preparation, light and heavy training, and a complete one year workout and training routine designed to prepare you for your first competition. Whether you are a beginning, intermediate, or advanced lifter, this tape will prove to be a lifelong source of knowledge you won't want to be without. (Mr. Bridges' current record in the bench press is 529 lbs. at a body weight of 181 lbs.)



ORDER#POWER-1  
50 MIN.....ONLY \$49.95

## 2. MASTERING THE SQUAT

At 5'3" and a body weight of 181 lbs., Mr. Bridges' current record in the squat is a remarkable 837 lbs.

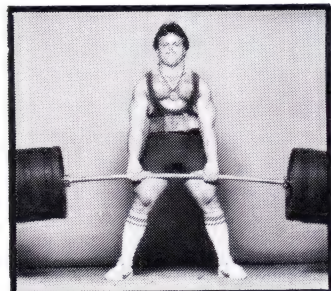


In this outstanding, highly detailed tape, Mike demonstrates every aspect of proper squatting technique and how these pointers, when applied properly, can immediately add numerous pounds to your squat. Respected and known for his flawless form and execution, Mike also discusses the science behind his famous Bridges flair squatting technique. Also includes squat workout routines for competition. Powerlifters and coaches cannot afford to be without this valuable training aid.

ORDER #POWER-2  
49 MIN.....ONLY \$49.95

## 3. MASTERING THE DEADLIFT

The most comprehensive instruction on deadlifting ever witnessed. Mr. Bridges thoroughly explains how to properly perform the sumo and traditional style deadlifts. His demonstrations on how to achieve proper leverage in completing this demanding lift are truly outstanding. Tape also includes tips on how to prevent injuries, how deadlifting helps your bench and squat, and shows numerous assistance exercises designed to add greater overall body strength, which will enhance your deadlifting performance. The Champ also gives you a complete one-year routine and performs his own personal deadlifting workout filmed on the awesome cliffs of California, with the beautiful Pacific Ocean as a backdrop. This important tape is a must for all serious deadlifters. (Mr. Bridges' current record in the deadlift is 771 lbs. at a 181 lb. body weight.)



ORDER #POWER-3  
44 MIN.....ONLY \$49.95

## 4. MENTAL MUSCLE

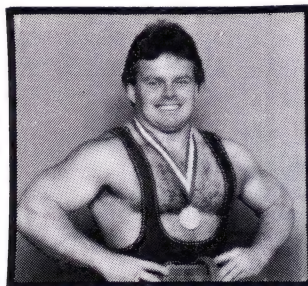
In this tape, Mike Bridges shows you how to smash all negative barriers that hold you back from achieving 100% physical and mental effort in your training and performance at competitions. Powerlifting is much more than physical strength; it is a sport that requires an IRON WILL and mental determination to push the body beyond its resistance points. Train your mind as you would your body with this great video, and watch your lifts improve overnight.



ORDER #POWER-4  
32 MIN.....ONLY \$49.95

## 5. MIKE BRIDGES, "UP CLOSE"

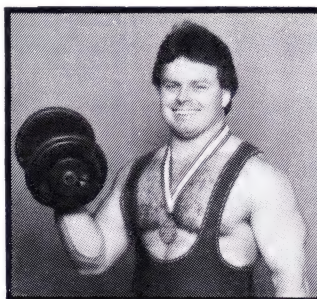
Meet Mike Bridges up close as he talks about his life and career as a World Champion Powerlifter. He gives insight into powerlifting few people ever see. His articulate discussions on such topics as training, drugs, motivation, and the guts it takes to become a World Champion lifter make this high-quality and entertaining tape a valuable learning experience. A true collector's item!



ORDER #POWER-5  
50 MIN.....ONLY \$49.95

## 6. BEGINNING WEIGHT TRAINING

This tape is a must for men, women, and teens who want to begin a weight training program. With over 15 years experience as a world class athlete, Mr. Bridges demonstrates and carefully explains all of the weight training exercises and routines you will ever need to develop your shoulders, arms, back, chest, abdominals, and legs to their full muscular potential. You will be shown how to avoid injuries and see immediate improvements in your strength, endurance, flexibility, cardiovascular system, and overall appearance. Weight training has never been easier than with the aid of this tape.



ORDER #POWER-6  
60 MIN.....ONLY \$49.95

**★ POWERLIFTING SPECIAL! Order all 6 tapes, pay for only 4, get 2 FREE! You save \$100! Send only \$224.00. Price includes shipping within the Continental U.S. All other destinations ADD \$36.00. ORDER #POWER-SP 6.**





# PANTHER PRODUCTIONS



"Since 1982 THE WORLD'S LEADING PRODUCER OF **OUTSTANDING** MARTIAL ARTS TRAINING VIDEOS"

47

## ORDER ★ DELIVERY ★ SERVICE INFORMATION

**Order By Telephone.** For fast, easy ordering, call toll-free 1-800-332-4442. Outside the U.S., call 1-714-498-7765. Our phones answer 24 hours a day, 7 days a week. Please complete the order form before you call, and have your credit card ready. We accept VISA, Mastercard, American Express, Discover Card, and Diners Club. For your protection, we thoroughly investigate the validity of all credit card orders.

**Order By Mail.** If you prefer to order by check, cashier's check, or money order, use the attached order form (please don't send cash through the mail). Return your order form in the enclosed self-addressed envelope. Please be sure you have included delivery charges and sales tax where applicable. All payments must be in U.S. dollars. Please use a street address rather than a P.O. Box number. Make checks payable to: **Panther Productions**. All orders held until check clears bank.

**Order By Telefax.** You may place your order using your telefax machine. Simply complete the order form, include your credit card number, and fax to 714-492-7533. You may also make Panther Video inquiries via your telefax. (NOTE: We thoroughly check validity of all credit card orders.)

**Shipping And Handling Charges.** The following reflect new shipping and handling increases which go into effect immediately. If you are ordering from an older catalog or advertisement, you must include additional shipping and handling charges to equal the amounts below. Series Specials include shipping and handling when ordered within the Continental U.S. All other destinations must include additional shipping and handling charges for Series Specials as indicated on the enclosed rate chart. Orders will not be sent without proper shipping and handling charges.

All orders are shipped U.S. Mail or U.P.S. Allow 2 to 3 weeks for delivery. We do not send C.O.D.'s. For best possible service, please use your street address and not a P.O. Box. Shipping and Handling charges are:

Continental United States ——— add - \$4.00 each video.  
All other destinations (including Canada, Hawaii, and Puerto Rico):  
1 through 5 videos ——— add - \$12.00 each video  
6 through 10 videos ——— add - 10.00 each video  
11 or more videos ——— add - 8.00 each video

"Series Specials" - All Other Destinations - refer to specific ad for shipping.

For overnight or special delivery services, call our Customer Service Department for rates Monday through Friday from 8:00 AM to 5:00 PM Pacific Time at 1-800-332-4442. Outside the U.S., call 714-498-7765. Payments must be made in U.S. currency only.

**NOTE:** Bonus tapes require shipping and handling charges.

T-Shirts - \$3.00 each shipping and handling within Continental U.S.  
\$6.00 each shipping and handling to all other destinations.

When ordering, do not use a P.O. Box number as this may delay your order. Please provide a complete street address as all Panther orders are mailed with a signature requested.

**Price Information.** The enclosed prices and special discounts are subject to change without notice. All payments must be made in U.S. dollars. No C.O.D.'s or open accounts.

**Quality And Satisfaction Guaranteed.** All Panther videos are guaranteed to be of the highest professional quality. Our Quality Control Department thoroughly inspects each video before shipping. For your protection, all tapes are issued a special identification stamp to verify its authenticity as a Panther tape. Once a tape is received and the seal is broken, it cannot be refunded or exchanged unless it proves to be defective. If it is defective, our Customer Service Department will replace it for a tape of the same title upon receipt of the defective tape. All Panther videos are available in both VHS and BETA formats, and American NTSC and European PAL systems. If you are unsure of the format and/or system you need,

please call our Customer Service Department. Join the thousands of satisfied Panther customers throughout the world by ordering with confidence today! Since 1982, Panther Productions has been the leading producer of high quality martial arts training videos featuring the world's greatest masters.

**Worldwide Distribution.** Panther Productions distributes its dynamic videos worldwide through mail order and Dealers who carry Panther tapes. If you would like the name and address of a Dealer nearest you, write Panther Productions, 1010 Calle Negocio, San Clemente, CA 92672. Phone 1-800-332-4442.

**Great Gift Idea.** Panther videos make great gifts for all occasions, including birthdays, holidays, graduations, outstanding achievements, promotions, etc. Don't delay, call toll-free 1-800-332-4442. Outside the U.S., call 714-498-7765. Gifts will be sent with a special card from you. For fastest delivery, please use the recipient's full street address, not a P.O. Box number. Thank you.

**Panther T-Shirts.** Our high-quality, 100% cotton T-shirts featuring the Panther logo come in the following sizes and colors:

SIZES: Small (S), Medium (M), Large (L), Extra Large (XL)  
COLORS: White (W), Yellow (Y), Red (R), Blue (B), Black (BLK)

These attractive shirts are only \$11.95 each. Be sure to include size and color on the order form. Because these are 100% cotton, please allow for some shrinkage. Due to health regulations, we cannot issue refunds for worn T-shirts. If a shirt has not been worn and it proves to be defective in any way, we will be happy to replace it for another shirt of the same size and color. See details on the enclosed form for ordering your Panther T-Shirts...Great for workout or casual wear. You must include proper shipping and handling for each shirt ordered.

**Bad Check And Credit Card Policy.** It is a criminal offense to pass bad checks and credit cards for merchandise received. Panther's legal department makes every effort to contact your local police for enforcement action. Think twice before committing a serious crime. It is not worth the consequences.

**Artist Information.** Artists featured in Panther tapes are available for seminars, instruction, rankings, personal appearances, etc. If you would like to contact a Panther artist, write the artist's name, c/o Panther Productions, 1010 Calle Negocio, San Clemente, CA 92672. Upon approval, Panther will forward your request to the artist. It will be up to the artist to contact you. With your request, you must include a copy of your rank certificates and specific reasons for wanting to contact the artist. NOTE: In Panther's advertising, it may state "Video series includes all requirements to (belt rank)." These requirements and techniques are qualifications set down by the artist and may not reflect what is required by other instructors or schools of the same system.

**Reward.** F.B.I. warning, all Panther video tapes are protected by United States and international copyrights. Panther's legal department offers a substantial reward for the name or names of any individual(s) involved in the illegal duplication of Panther videos. The reward will be determined and paid upon conviction. All information is strictly confidential. Call the Reward Hotline at 714-498-7765.

**Questions?** If you are interested in Panther videos but feel you need more information before ordering, please call our Customer Service Department, toll-free 1-800-332-4442. Outside the U.S., call 714-498-7765. Office hours are 8:00 a.m. to 5:00 p.m. Pacific Time, Monday through Friday. Our knowledgeable staff will be happy to answer any questions.

**Disclaimer.** Individuals involved in the production of programs (videos) presented in this catalog and those demonstrating their skills assume no responsibility for any injury or damage resulting from the execution of techniques and exercises presented.









# PANTHER PRODUCTIONS



"Since 1982 THE WORLD'S LEADING PRODUCER OF OUTSTANDING MARTIAL ARTS TRAINING VIDEOS"

49

## VIDEO SERIES SPECIALS SHIPPING & HANDLING INFORMATION

The additional shipping and handling charges listed below must be added to all series specials ordered outside the Continental United States.. Orders will not be sent without proper shipping and handling fees.....Realize tremendous savings by ordering today!

☆ NEW SHIPPING AND HANDLING CHARGES EFFECTIVE IMMEDIATELY ☆

CATALOG PAGE	PANTHER SERIES SPECIAL TITLE	SERIES SPECIAL ORDER NUMBER	SERIES PRICE INCLUDES CONTINENTAL U.S. SHIPPING AND HANDLING	ALL ORDERS OUTSIDE THE CONTINENTAL U.S., INCLUDE ADDITIONAL SHIPPING AND HANDLING BELOW
1 & 2	BENNY "THE JET" URQUIDEZ	JET-SP8	\$392.00	\$48.00
3	AIKIDO	OTA-SP 6	\$224.00	\$36.00
4	PRAYING MANTIS KUNG-FU	MAN-SP 9	\$336.00	\$54.00
4	WKA KICKBOXING CLASSICS	WKA-SP 13	\$401.00	\$52.00
5	JEET KUNE DO	PV-SP 6	\$224.00	\$36.00
6	TANG SOO DO	TSD-SP 3	\$206.00	\$32.00
7	UECHI RYU	UECHI-SP 8	\$282.00	\$48.00
7	SPECIAL FORCES	SF-SP 5	\$170.00	\$40.00
8	KUNG FU SAN SOO	SOO-SP 4	\$116.00	\$32.00
8	ARNIS SPECIAL	A-SP 3	\$196.00	\$32.00
9 & 10	KENPO SPECIAL	KENPO-SP 23	\$891.00	\$92.00
11	SHOTOKAN	KAN-SP 10	\$389.00	\$60.00
12	PANIC ATTACK	PANIC-SP 5	\$170.00	\$40.00
12	TAI-CHI CHUAN	CHI-SP 9	\$336.00	\$54.00
13	SHORIN RYU	RIN-SP 6	\$224.00	\$36.00
14	THAI KICKBOXING BY WORAWOOT	THAI-SP 2	\$133.00	\$32.00
14	THAI KICKBOXING BY FINOT	FINOT-SP 2	\$112.00	\$24.00
14	LIMA LAMA	LAMA-SP 3	\$112.00	\$24.00
15	HAPKIDO	HAP-SP 7	\$278.00	\$42.00
16	PRO WRESTLING	PRO-SP 3	\$131.00	\$24.00
16	ERIC LEE KUNG-FU SPECIAL	LEE-SP 3	\$112.00	\$24.00
17 & 18	BILL "SUPERFOOT" WALLACE	W-SP 9	\$396.00	\$54.00
19	WING CHUN	WC-SP 8	\$392.00	\$48.00
20	AIKIJJUTSU	AIKI-SP 7	\$278.00	\$42.00
20	CAPOEIRA	CAP-SP 8	\$282.00	\$48.00
21	ISSHIN RYU KARATE	ISHIN-SP 10	\$389.00	\$60.00
22	BALISONG	SONG-SP 3	\$72.00	\$24.00
22	KAJUKENBO	KAJU-SP 9	\$336.00	\$54.00
22	COMBAT SHOTOKAN	CBS-SP 5	\$170.00	\$40.00
23 & 24	W.T.F. TAE KWON DO	TKD-SP 22	\$837.00	\$88.00
25	MASTER TADASHI YAMASHITA	Y-SP 6	\$264.00	\$36.00
25	MONKEY KUNG FU	Z-SP 3	\$226.00	\$32.00
25	FLOOR FIGHTING	FF-SP 2	\$112.00	\$24.00
26	SUGAR RYU JIUJITSU	SUGAR-SP 6	\$224.00	\$36.00
27	PENCAK SILAT	SILAT-SP 10	\$389.00	\$60.00
27	JEAN FRENETTE	FREN-SP 9	\$336.00	\$54.00
28	HUNG GAR KUNG FU	GAR-SP 18	\$671.00	\$72.00
29 & 30	NINJUTSU	NJA-SP 8	\$282.00	\$48.00
31	FULL-CONTACT KARATE	TV-SP 8	\$332.00	\$48.00
31	JUJUTSU SPECIAL	JU-SP 3	\$166.00	\$32.00
32	SAVATE	VATE-SP 10	\$460.00	\$60.00
33 & 34	GOJU RYU BY HIGAONNA	GOJU-SP 24	\$895.00	\$96.00
35	HSING-I	HSING-SP 10	\$389.00	\$60.00
35	WEAPONS SPECIAL	WPN-SP 7	\$228.00	\$42.00
36	JOHN CHUNG ITF TAE KWON DO	C-SP 3	\$163.00	\$24.00
36	DAVID CHAANINE ITF ADVANCED	ITF-SP 4	\$116.00	\$32.00
37 & 38	CHOY LAY FUT	FUT-SP 17	\$568.00	\$68.00
39	SHITO RYU KARATE	SHITO-SP 9	\$390.00	\$60.00
41	POLICE CONTROL & RESTRAINING TECHNIQUES	DYE-SP 4	\$116.00	\$32.00
42	MUAY THAI RING WARS	WAR-SP 23	\$542.00	\$92.00
43	BODYGUARD SERIES	GUARD-SP 25	\$899.00	\$100.00
42	SWAT	SWAT-SP 20	\$729.00	\$80.00
43	BODYBUILDING	B-SP 13	\$322.00	\$52.00
44	POWERLIFTING	POWER-SP 6	\$224.00	\$36.00
INSIDE FRONT COVER	KYOKUSHIN KAI KARATE	OYAMA-SP 8	\$282.00	\$54.00
INSIDE BACK COVER	WUSHU	WUSHU-SP 5	\$170.00	\$40.00





# PANTHER PRODUCTIONS



"Since 1982 THE WORLD'S LEADING PRODUCER OF OUTSTANDING MARTIAL ARTS TRAINING VIDEOS"

In addition to the incredible savings you receive when purchasing our series specials, Panther is offering additional savings on individual tapes with the value coupons below.....Hurry! Coupon offers are for a limited time only!

☆ WITH CREDIT CARD ORDER TOLL-FREE 1-800-332-4442 ☆



## PANTHER SAVINGS COUPON \$10.00 OFF ANY VIDEO

This coupon is worth \$10.00 off the price of any Panther video valued at \$49.95 or higher. Limit: one coupon per tape. Does not apply to other offers or series specials. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-1.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON 3 VIDEOS FOR THE PRICE OF 2

Order any two Panther videos priced at \$49.95 or higher and receive a third video of your choice absolutely free! Select your free video from any tapes in our catalog valued up to \$49.95. Coupon does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-2.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON 8 VIDEOS FOR THE PRICE OF 5

Order any five Panther videos priced at \$49.95 or higher and receive any three additional tapes of your choice absolutely free! Your free tapes can be of any price. A \$150.00 to \$270.00 value free! Coupon does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-3.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON SERIES BONUS SPECIAL

Order any video series special valued at \$500.00 or higher and receive any four additional tapes absolutely free! The four free tapes can be of any price. A \$150.00 to \$270.00 value free! Does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-4.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON \$50.00 OFF SERIES SPECIAL

Invest as a group with your fellow martial artists. As a bonus to groups placing volume orders, order any two series specials (at series price) and receive \$50.00 off a third series special priced at \$100.00 or higher. Does not apply to other offers. Must include proper shipping and handling for each series special ordered. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-5.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON FREE PANTHER "T" SHIRT

Place an order for \$350.00 or more and receive a free Panther Productions action "T" shirt. An \$11.95 value free! This coupon may be used with other coupon offers. Must include proper shipping and handling charges for "T" shirt. When ordering by mail or fax, include this coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-6. Complete the information below:

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_  
T - SHIRT SIZE \_\_\_\_\_ COLOR: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆

### \*PANTHER VCR MAINTENANCE AND HOME TRAINING TIPS\*

**For the best possible picture quality when viewing your Panther videos, keep the following VCR tips in mind:**

- ★ Once a week, clean the internal audio and video components of your VCR. This is done by inserting a VCR cleaning cassette into your machine and following the manufacturer's directions. VCR cleaning cassettes can be purchased at most retail stores.
- ★ As the Panther tape begins to play, adjust the tracking and sharpness knobs on your VCR until the picture is at its clearest image.
- ★ Adjust the audio on your T.V. to a comfortable level while the cassette is playing.
- ★ When finished viewing, fully rewind and eject your Panther video. Return it to its box to avoid dust damage and store in a clean, dry place at room temperature.
- ★ Store the cassettes in an upright position, and avoid putting any weight on them.
- ★ When training with your tapes, keep a log on each title. Start at the beginning of the video. Set your VCR counter to zero. Begin the video, and log the counter number for techniques or katas you view frequently. Thereafter, when you want to view a specific segment, you simply fast forward or rewind to that number.

★ WITH A CREDIT CARD, FAX YOUR ORDER ANYTIME. FAX # (714) 492 7533 ★





# OUR CUSTOMERS AGREE! SINCE 1982, PANTHER PRODUCTIONS HAS BEEN PRODUCING THE WORLD'S BEST MARTIAL ARTS TRAINING VIDEOS!



51

☆ **YOUR SATISFACTION IS 100% GUARANTEED** ☆

"Benny 'The Jet' Urquidez' training videos have given me more insight into training and fighting than any other instructor ever has. 'The Jet' is as good a teacher as he is a fighter in the ring."

Sincerely,  
Tyler Hammel  
Huntington, IN

"I was very pleased with my first tape from your Shotokan series. My reason for ordering it is because of the long hours I must work at my job, which leaves little time to attend regular classes. The tape keeps me from forgetting my advanced forms. I find your videos to be a tremendous teaching aid."

Yours in the Arts,  
Ken Bright, Sho-Dan  
Wellston, OH

"I recently ordered your Thai Kickboxing, W.T.F. Tae Kwon Do, Goju Ryu, Bill Wallace, and Benny Urquidez training tapes. Each tape helped to improve my skills and all the artists are outstanding."

Sincerely,  
William B. McDonough Jr.  
New London, CT

"My wife and I are very happy with the quality of your product and the integrity and courtesy of your staff."

Ronnie Haynes-Henry  
Houston, TX

"I just received my first tape from Panther Productions, entitled, 'Master Yamashita Nunchaku Techniques, Vol. 1,' and must say I was pleasantly surprised at the professional quality of the video. Both the instructional format, as written by Sensei Yamashita, and the use of slow motion, will greatly contribute to my nunchaku skills."

Continued Success,  
Donn Le Vie, Jr.  
Austin, TX



SIFU RAUL ORTIZ

"Just had to write and say 'great job' on the Aikido series! Master Ota's tapes were well done and have accelerated my learning curve for this difficult martial art."

Sincerely,  
Bruce Hinch  
Baltimore, MD

"By following 'Superfoot's' stretching tape on a regular basis, I have greatly improved my flexibility. The most valuable training aid a martial artist could own."

Steve Simon, 4th Dan  
Flushing, NY

"I would like to say how much I enjoyed the tapes from Panther Productions. I will be ordering more tapes very soon. Thank you."

Yours Truly,  
Anthony L. Tucker  
St. Georges, Bermuda

"The Shorin Ryu videos I ordered were extremely helpful to my training, and I found Master Toshiaki Gillespie to be well-trained and totally serious."

Yours in the Arts,  
Timothy V. Weston  
Newport News, VA

"I recently received your 'Special Forces Combatives' series by Green Beret Jim Webb and would like to compliment you on your outstanding quality. I have had the misfortune of purchasing videos from other companies, only to find them poorly produced and of marginal instructional value. Your products are certainly in a class by themselves."

Sincerely,  
Michael Janich  
U.S. Consulate General,  
Hong Kong

"Your Choy Lay Fut training tapes are all outstanding. Master Tat Mau Wong is an excellent martial artist with great speed, power, and form."

Yours in the Arts,  
Brian Sabonis  
Westfield, MA

"I truly enjoyed the W.T.F. Tae Kwon Do Forms video I ordered from your company. I especially liked the slow motion and two angles used to explain each important movement. Master Sang H. Kim's performance, philosophy, and commentary were very interesting, thorough, and exact."

Sincerely,  
Sarah Thompson  
Mt. Waverly, Australia

"Over the course of the last year, myself and a few friends have purchased 20 plus videotapes on various areas of martial arts and self-defense. I can honestly say your company produces by far the best and most professional quality martial arts videotape instruction on the market today. The last series of tapes I purchased from Panther, 'Panic Attack' by Tony Blauer, are excellent, to say the least."

Sincerely,  
Greg Pearce  
Modesto, CA

"I found Kenpo Master Larry Tatum to be a very good teacher, clear and easy to understand. His techniques are interesting and his control is exceptional. Video quality was outstanding."

Sincerely,  
Neal Woodall  
Waco, TX

"Panther President Joseph Jennings' direction of the Aikijujutsu series was extraordinary. Master Miguel Ibarra's form and skills were superb."

Sincerely Yours,  
Kim Beshears  
Huntington, AR





# PANTHER PRODUCTIONS

1010 CALLE NEGOCIO SAN CLEMENTE, CA 92672

## ☆ EXCLUSIVE CUSTOMER SURVEY ☆



To help us improve our services it would be appreciated greatly if you would please take the time to complete the following customer survey form and return it with your order, or by sending it alone to the above address. If you need more space to answer any questions, feel free to attach additional sheets of paper. Thank you.

52

PRINT CLEARLY

NAME (PRINT): \_\_\_\_\_ DATE \_\_\_\_\_

STREET: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COUNTRY: \_\_\_\_\_

PHONE AND AREA CODE: \_\_\_\_\_

OCCUPATION: \_\_\_\_\_

ARE YOU A MARTIAL ARTIST:  YES  NO

STYLE YOU STUDY: \_\_\_\_\_ CURRENT RANK: \_\_\_\_\_

ARE YOU AN INSTRUCTOR:  YES  NO

YOUR MARTIAL ARTS SCHOOL NAME: \_\_\_\_\_

HOW DID YOU HEAR ABOUT PANTHER PRODUCTIONS:  BLACK BELT  KARATE ILLUSTRATED  MARTIAL ARTS TRAINING

BLACK BELT YEARBOOK  INSIDE KUNG-FU  INSIDE KARATE  INSIDE KUNG-FU YEARBOOK  AMERICAN KARATE

KARATE INTERNATIONAL  CATALOG  FRIEND  INSTRUCTOR  TV  RADIO  STORE  TOURNAMENT

OTHER, EXPLAIN: \_\_\_\_\_

LIST RECENT VIDEO TITLES YOU ORDERED: \_\_\_\_\_

REASON FOR ORDERING VIDEO TITLES YOU PICKED: \_\_\_\_\_

YOUR OPINION OF MATERIAL PRESENTED: \_\_\_\_\_

YOUR OPINION OF THE ARTIST: \_\_\_\_\_

HOW DO YOU STUDY FROM OUR VIDEOS? BY FOLLOWING ALONG, OBSERVING, OR OTHER EXPLAIN: \_\_\_\_\_

DID YOU FIND THE MATERIAL HELPFUL AND WHY? \_\_\_\_\_

DID YOU FEEL THE MATERIAL WAS NOT HELPFUL? EXPLAIN: \_\_\_\_\_

HOW DID YOU ORDER VIDEOS? BY PHONE, MAIL, OR OTHER: \_\_\_\_\_

(TO COMPLETE SURVEY, SEE OTHER SIDE)



**PANTHER CUSTOMER SURVEY CONTINUED....**

HOW OFTEN DO YOU VIEW THE VIDEOS YOU PURCHASED? \_\_\_\_\_

WHAT DO YOU FEEL COULD HAVE BEEN DONE TO MAKE THE VIDEOS MORE HELPFUL? \_\_\_\_\_

PLEASE RATE THE QUALITY OF THE VIDEOS YOU RECEIVED: \_\_\_\_\_

HOW DO YOU FEEL ABOUT THE PRICE YOU PAID? \_\_\_\_\_

THE ONE MOST IMPORTANT THING YOU LEARNED FROM WATCHING THE VIDEOS: \_\_\_\_\_

ARE THE VIDEOS WHAT YOU EXPECTED? \_\_\_\_\_

WOULD YOU ORDER VIDEOS AGAIN FROM PANTHER PRODUCTIONS? WHY? \_\_\_\_\_

WOULD YOU RECOMMEND PANTHER PRODUCTIONS TO YOUR FRIENDS? \_\_\_\_\_

DO YOU FEEL IT IS EASIER TO STUDY FROM BOOKS OR VIDEOS? \_\_\_\_\_

DO YOU COLLECT PANTHER VIDEOS? \_\_\_\_\_

DID YOU EVER HAVE A PROBLEM WITH YOUR ORDER AND HOW WAS IT TAKEN CARE OF? \_\_\_\_\_

IF YOU ORDERED BY PHONE, HOW DID THE OPERATOR TREAT YOU? \_\_\_\_\_

HOW DID YOU RECEIVE YOUR ORDER: BY MAIL, UPS, OR OTHER? \_\_\_\_\_

HOW DO YOU RATE OUR OVERALL SERVICE? \_\_\_\_\_

YOUR OPINION OF OUR MAGAZINE ADVERTISEMENTS AND CATALOG? \_\_\_\_\_

WHAT OTHER TITLES NOT CURRENTLY AVAILABLE FROM PANTHER WOULD YOU LIKE TO SEE? \_\_\_\_\_

DO YOU FEEL PANTHER IS DOING A GOOD JOB IN PRESENTING QUALITY VIDEOS? \_\_\_\_\_

NOTE: I GIVE PANTHER PRODUCTIONS FULL PERMISSION TO PUBLISH ANY COMMENTS I HAVE MADE IN THIS SURVEY. PANTHER ALSO HAS THE RIGHT TO CORRECT GRAMMAR AND EDIT ANY MATERIAL AS THEY SEE FIT.

YOUR SIGNATURE: \_\_\_\_\_ DATE \_\_\_\_\_

PRINT YOUR NAME: \_\_\_\_\_

PHONE AND AREA CODE: \_\_\_\_\_



NEW VIDEO  
RELEASE

# PANTHER PRODUCTIONS PRESENTS THE DYNAMIC CHINESE MARTIAL ART OF



# ★ WUSHU ★

## STARRING RENOWNED WUSHU MASTER EARL BLIJD

Witness the exceptional acrobatic and deadly fighting techniques of WUSHU, China's most popular martial art. With this dynamic five tape series you now have the opportunity to learn all the techniques of this rarely seen system including Special Conditioning Exercises, Self-Defense Skills, Close Combat Sparring, Traditional WUSHU forms, Weaponry, and The Secret Fighting Techniques of Drunkard Boxing...Greatly expand your martial arts skill and knowledge by ordering today!



### 1. WUSHU FUNDAMENTAL AND ADVANCED TECHNIQUES

This tape teaches you the fundamentals of the Wushu styles Changquan and Namquan. Changquan is a style in which the movements are extended, agile and changeable, quick, forceful, and strongly rhythmic. This style includes jumping and leaping techniques. Namquan movements are quick, forceful, firm, and stable. The footwork is steady and agile, and the body straight and centered. Just a few leg techniques are employed.

ORDER #WUSHU-1... 45 MIN.... ONLY \$49.95

### 2. WUSHU SELF-DEFENSE, TOURNAMENT SPARRING, AND CLOSE COMBAT TECHNIQUES

This videotape shows you how Earl Blijd and his students successfully apply Wushu techniques in semi-contact sparring tournaments. With a little adjustment, traditional Wushu techniques can be used in the sparring tournaments of today. This tape will introduce you to the techniques of Shuai Jiao, the art of Chinese wrestling, and how to use these skills in San Da, Chinese free-fighting. Also, pure self-defense techniques like close-combat fighting and Chin Na, the joint locking techniques, are demonstrated.

ORDER #WUSHU-2... 50 MIN.... ONLY \$49.95



MASTER EARL BLIJD  
1990 WKA EUROPEAN  
FORMS CHAMPION  
1990/1991 WAKO EUROPEAN  
FORMS CHAMPION

### 3. WUSHU WEAPONS, BROADSWORD, SPEAR AND DOUBLE-EDGED SWORD

There are dozens of weapons used in WUSHU, predominantly of the ancient type. Although their importance in war has diminished with the appearance and development of firearms, their value in Wushu remains. Earl Blijd and members of the Wushu/Kungfu demo team Bao Trieu, from Holland, show you why:

"The broadsword is like a fierce tiger, and the double-edged sword is like a phoenix."

"He who is good at cudgel play knows how to wield other weapons."

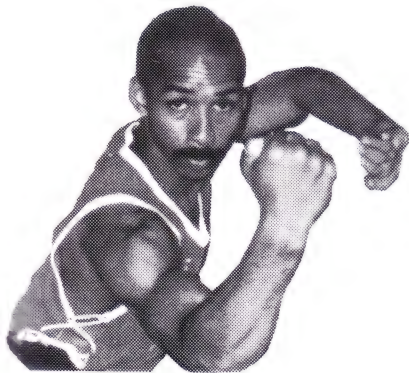
"The spear is the supreme commander of arms."

ORDER #WUSHU-3... 50 MIN.... ONLY \$49.95

### 4. WUSHU EMPTY HAND FORMS

Wushu is a traditional sport which is very popular in China. With its graceful movements and salubrious effects on health, it has a strong appeal to a vast multitude of people. Through hundreds of years, Wushu changed, shaped by time and varying cultural emphasis. It absorbed new techniques, branched into numerous styles, and eventually became the foundation of martial arts systems throughout East Asia. Despite the art's changing outward appearance, it remained underpinned by three basic goals: To promote health, to produce an art form of aesthetic value, and to produce fighting ability.

ORDER #WUSHU-4... 55 MIN.... ONLY \$49.95



### 5. WUSHU DRUNKARD BOXING TECHNIQUES, APPLICATIONS, AND FORMS

A very special Wushu style is the Drunkards boxing. It describes a drunken man engaged in a fight, now wobbling to dodge a blow, now faking left to hit right, now falling on his back, only to spring up with a powerful kick aimed at his foes. He is said to be intoxicated in body, but not in mind. Master Earl Blijd introduces you to this ancient and exotic Chinese art. Learn how to increase your flexibility and strengthen the ligaments of vulnerable body parts like the back, knees, neck, and ankles.

ORDER #WUSHU-5... 50 MIN.... ONLY \$49.95



## ★ WUSHU SPECIAL!...

Order all 5 tapes, pay for only 3, get 2 FREE! You save \$100.00! Send only \$170.00. Price includes shipping within the Continental U.S. All other destinations ADD \$40.00. ORDER #WUSHU-SP5

★ USE ENCLOSED ORDER FORM OR WITH CREDIT CARD ORDER CALL TOLL FREE 1-800-332-4442 ANYTIME 24 HOURS A DAY.



PRICE \$5.00

# PANTHER PRODUCTIONS MARTIAL ARTS TRAINING VIDEOS

## FREE PANTHER ACTION T-SHIRT



WORLD KICKBOXING CHAMPION  
BENNY "THE JET" URQUIDEZ

WITH SPECIAL ORDERS, SEE  
ENCLOSED DETAILS. SHIRTS  
ALSO SOLD INDIVIDUALLY, ONLY  
\$11.95 EACH PLUS SHIPPING & HANDLING  
LOOK SHARP! ORDER YOURS TODAY!

FOR FASTEST DELIVERY  
ORDER TOLL-FREE  
1-800-332-4442



## PANTHER PRODUCTIONS

1010 CALLE NEGOCIO • SAN CLEMENTE, CA. 92672



DELIVER TO:  
OR CURRENT RESIDENT

HIGHEST QUALITY VIDEOS IN COLOR & SOUND, SATISFACTION GUARANTEED

PRINT  
CODE 9-91

"Since 1982 THE WORLD'S LEADING PRODUCER OF **OUTSTANDING** MARTIAL ARTS TRAINING VIDEOS"







# ★ ORDER TOLL FREE AND SAVE! 1-800-332-4442 ★



## PANTHER SAVINGS COUPON \$10.00 OFF ANY VIDEO

This coupon is worth \$10.00 off the price of any Panther video valued at \$49.95 or higher. Limit: one coupon per tape. Does not apply to other offers or series specials. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-1.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON 3 VIDEOS FOR THE PRICE OF 2

Order any two Panther videos priced at \$49.95 or higher and receive a third video of your choice absolutely free! Select your free video from any tapes in our catalog valued up to \$49.95. Coupon does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-2.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON 8 VIDEOS FOR THE PRICE OF 5

Order any five Panther videos priced at \$49.95 or higher and receive any three additional tapes of your choice absolutely free! Your free tapes can be of any price. A \$150.00 to \$270.00 value free! Coupon does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-3.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON SERIES BONUS SPECIAL

Order any video series special valued at \$500.00 or higher and receive any four additional tapes absolutely free! The four free tapes can be of any price. A \$150.00 to \$270.00 value free! Does not apply to other offers. Must include proper shipping and handling for each tape. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-4.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



## PANTHER SAVINGS COUPON \$50.00 OFF SERIES SPECIAL

Invest as a group with your fellow martial artists. As a bonus to groups placing volume orders, order any two series specials (at series price) and receive \$50.00 off a third series special priced at \$100.00 or higher. Does not apply to other offers. Must include proper shipping and handling for each series special ordered. When ordering by mail or fax, include coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-5.

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_



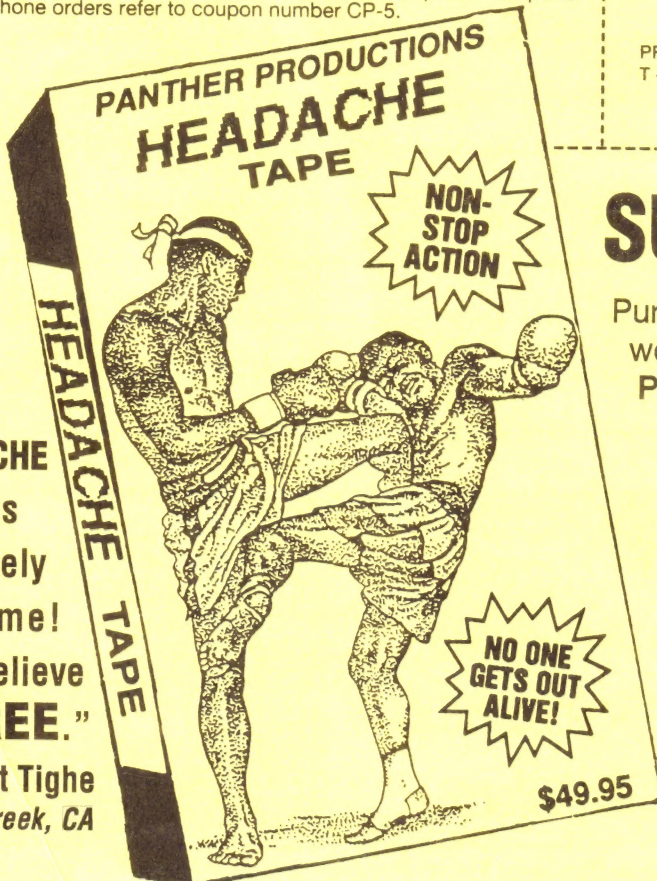
## PANTHER SAVINGS COUPON FREE PANTHER "T" SHIRT

Place an order for \$350.00 or more and receive a free Panther Productions action "T" shirt. An \$11.95 value free! This coupon may be used with other coupon offers. Must include proper shipping and handling charges for "T" shirt. When ordering by mail or fax, include this coupon with order. Copies of coupons accepted. Phone orders refer to coupon number CP-6. Complete the information below:

PRINT YOUR NAME \_\_\_\_\_ DATE: \_\_\_\_\_  
T - SHIRT SIZE \_\_\_\_\_ COLOR: \_\_\_\_\_

**Hurry! Offer is for a limited time only!**

☆ This offer not available to dealers. ☆



"Your HEADACHE TAPE is absolutely awesome! Can't believe it's FREE."  
- Vincent Tighe  
Walnut Creek, CA

## SUPER BONUS OFFER!

Purchase one or more Panther Videos within two weeks of receiving this SPECIAL OFFER and get Panther's Action Packed HEADACHE TAPE FREE!

**A \$ 49.95 Value — FREE!**

This dynamic video features highlights from over 20 brutal Thai kickboxing knockout bouts. Also includes Benny "The Jet" Urquidez and Bill "Superfoot" Wallace in action. Limit one HEADACHE TAPE per customer. Applies to all other offers. Hurry — ends soon!  
Order #HA-1.

★ Must include \$4 shipping, \$12 outside U.S. ★  
(See Other Side)





NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY STATE ZIP CODE \_\_\_\_\_

COUNTRY \_\_\_\_\_

( ) \_\_\_\_\_  
PHONE \_\_\_\_\_

MAIL TO:

**PANTHER PRODUCTIONS**

**VIPER VIDEO**

1010 CALLE NEGOCIO

SAN CLEMENTE, CA 92672

U.S.A.

Stamp  
Here



Do you know any friends who would like to receive  
**PANTHER'S FREE Action Catalog?**  
If so, fill in the information below and **we will send it today!**



**SEND FREE CATALOG TO:**

Name: \_\_\_\_\_  
Street: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Country: \_\_\_\_\_  
Check  Friend  Relative

**SEND FREE CATALOG TO:**

Name: \_\_\_\_\_  
Street: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Country: \_\_\_\_\_  
Check  Friend  Relative